



# NATURAL SPIRITUALITY REGIONAL GATHERING

Mikell Camp & Conference Center • Toccoa, GA  
February 8—10, 2019

Clergy?  Yes  No

First time at NSRG?

Yes  No

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

### FEES -

\_\_\_\_\_ • Saturday Only. \$40. Includes lunch & Saturday activities, 9:30-5:30

\_\_\_\_\_ • Lodging elsewhere \$90.00 includes meals

\_\_\_\_\_ • Weekend Double Occupancy. Per person: \$160.00 includes meals

Roommate request? \_\_\_\_\_

\_\_\_\_\_ • Weekend Single Occupancy. \$210.00 includes meals

\_\_\_\_\_ • Weekend Dorm \$100.00 includes meals

Gender \_\_\_ These are camp dorms—Spartan but adequate to support life! Linens, towels, pillow, and blanket (just one) are provided. The dorms are up a steep hill: if you are physically challenged, you must have a car to drive the hilly terrain.

Special rooming needs: \_\_\_\_\_

A \$50 reduction in the **dorm fee** is available upon request to anyone who cannot otherwise attend the conference.

\_\_\_\_\_ I need the fee reduction in order to attend the conference. Reduced fee: \$50

Please consider donating to the NSRG Scholarship Fund \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 Other \_\_\_\_\_

Make your check payable to:  
Emmanuel Episcopal Church  
Mark: NSRG

NOTE: All registrations postmarked on/before December 1, 2018, will save \$10.00 per person!

Mail with this registration for to:  
**Natural Spirituality Regional Gathering**  
**Emmanuel Episcopal Church**  
**498 Prince Avenue, Athens, GA 30601**

FOR ADDITIONAL INFORMATION: Heidi Simmonds, #706-254-4848, [heidihsimmonds@gmail.com](mailto:heidihsimmonds@gmail.com)  
or Roberta Charbonneau, #678-773-5655, [rgcharb77@gmail.com](mailto:rgcharb77@gmail.com)

Print more registration forms online: [www.naturalspiritualityregionalgathering.com](http://www.naturalspiritualityregionalgathering.com)

### CANCELLATIONS:

- Through December 10 the full fee will be refunded. After December 10-Jan.20, 75% of the fee will be refunded.
- All refunds will be made after the conference! **Registration deadline: January 15.**

### OFF CAMPUS OPTIONS

Quality Inn (Toccoa Inn)  
#706-886-1048

Country Hearth Inn  
#706-297-7799

Simmons-Bond Inn  
#706-282-5183

Ask for NSRG rates!

## February 8-10, 2019

As a member of the steering committee for the 2019 Natural Spirituality Regional Gathering, it is my pleasure to invite you to join us at Camp Mikell in the bare winter woods of North Georgia. Come delight in the sleeping woods; hear the streams splash and the fires crackle. Raise your voice with us in song with our very own group of stellar musicians, "The Unconscious." Come and journey with us into the wisdom of shared story, dreams, and a rich community of spiritual pilgrims.

We are very excited to have Ruth and George Reynolds serving as emcees, and dear friends Robert Pullen, Sheri Kling, and Diana McKendree as our keynote speakers. We will again be having a variety of workshops and dream group opportunities. Hope to see you there!!

### ***Preliminary Conference Schedule***

**FRIDAY:** 4:00–6:00 Sign In  
5:00 Social  
6:00 Dinner  
7:30 Group Session  
9:30 Body Prayer & Compline

### **SATURDAY: One-Day Program**

*Registration: 8:30–9:30*

9:30 Group Session and Keynote  
10:30 Dream Group  
12:30 Lunch  
1:45–4:45 Workshop Sessions / or Free Time  
5:00–5:30 Social and Farewell to Saturday participants

### ***SATURDAY:***

8:00 Breakfast  
Early morning optional event—  
7:30 Labyrinth meditation on your  
own or anytime at Walthour

### **Morning:**

9:30 Group Session and Keynote Speaker  
10:30 Dream Group #1

### **Afternoon:** 12:30 Lunch

1:45–3:00 Workshops / or Free Time  
3:30–4:45 Workshops / or Free Time  
5:00 Social

### **Evening:** 6:00 Dinner

7:00 Group Session  
9:30 Body Prayer & Raising the Altar + After Hours Movie

### ***SUNDAY:*** 8:00 Breakfast

9:15 Dream Group #2  
11:15 Eucharist  
12:30 Lunch