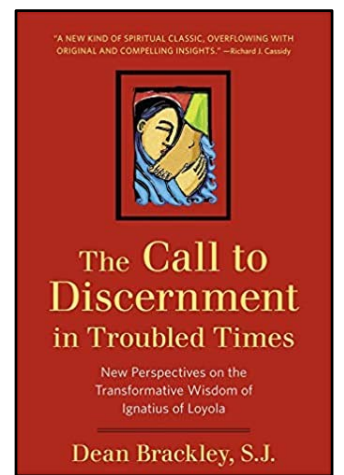
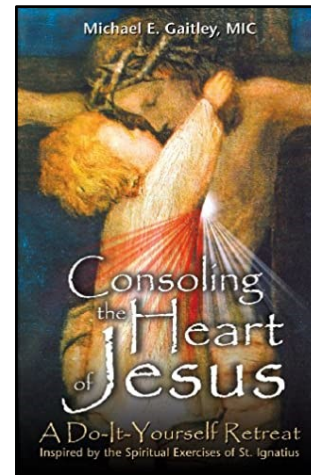
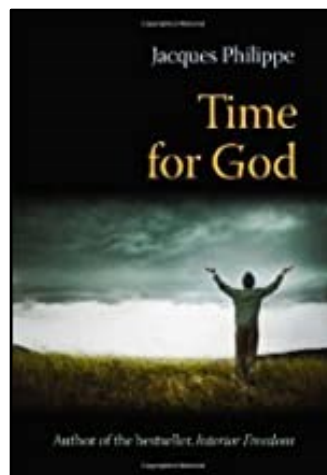
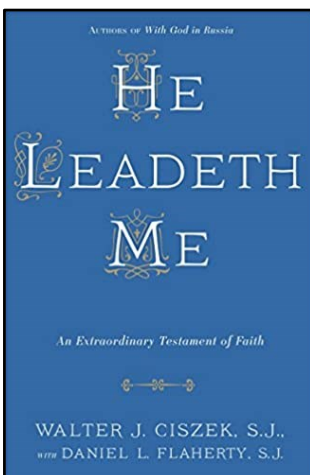
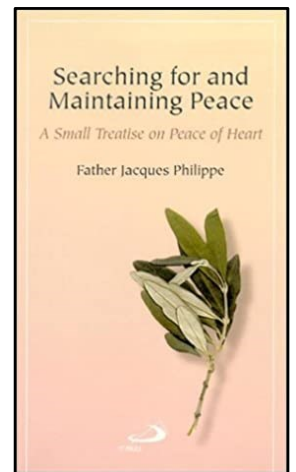
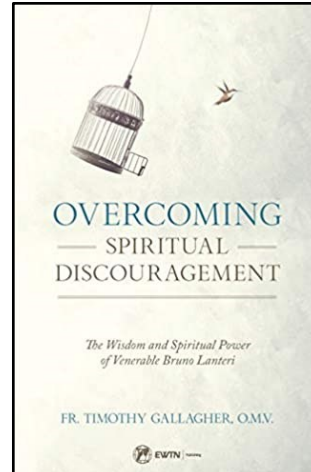
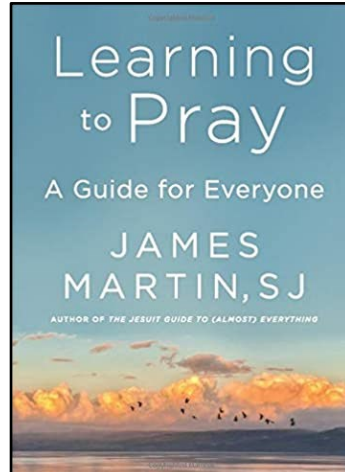
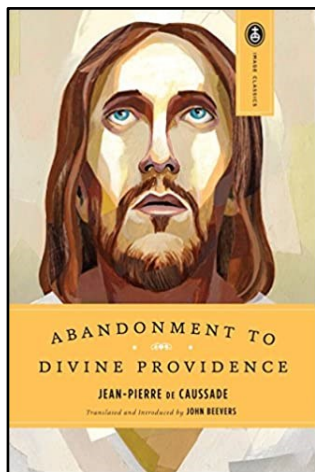
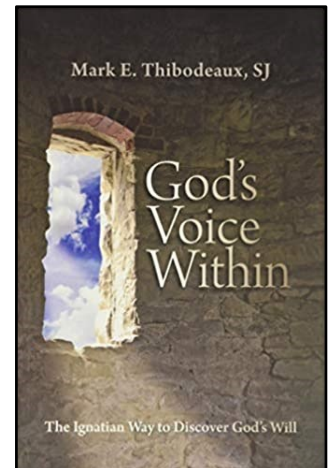
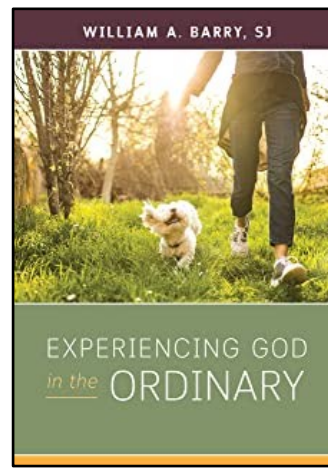
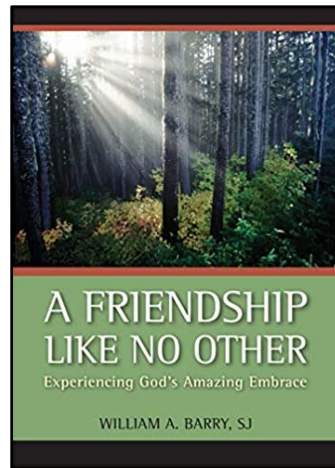
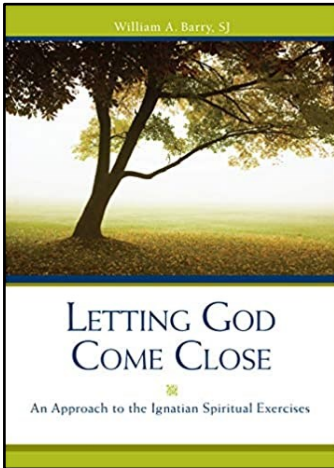
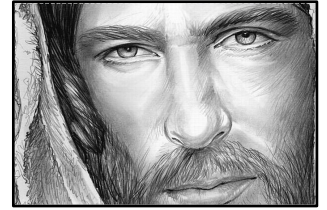




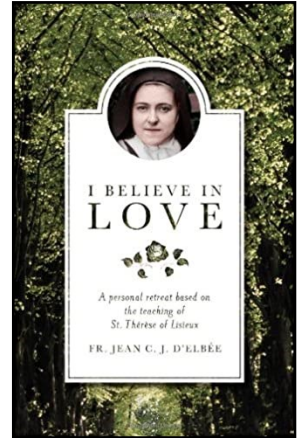
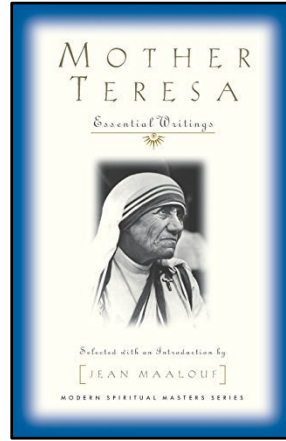
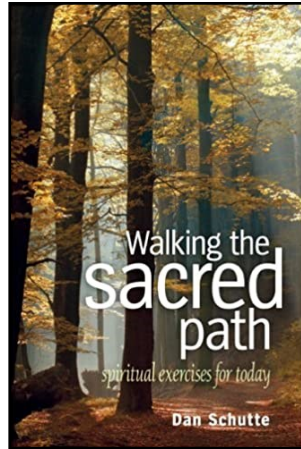
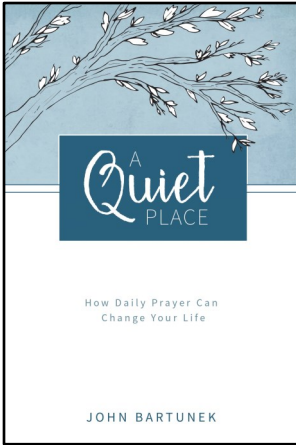
Lenten Retreat 2021

Suggested Further Reading

(FRONT SIDE)



Lenten Retreat 2021
Suggested Further Refection & Meditation
(SECOND SIDE)



The Word of God, and other Inspirational Material

United States Conference of Catholic Bishops

<https://bible.usccb.org/>

- Take time each week to read and reflect upon the Sunday Scriptures. Employ St. Ignatius' Contemplative Imagination method of prayer. Ask: "What is God saying to me today?"

Alabaster Christian Guided Meditation and Prayer on YouTube:

- Morning Creativity | <https://www.youtube.com/watch?v=TyawcHXj56M>
- Afternoon Creativity | <https://www.youtube.com/watch?v=EgEuoUErmGs>
- Evening Creativity | <https://www.youtube.com/watch?v=yH-NsEkp5HM>
- Stillness, Silence, and Solitude | <https://www.youtube.com/watch?v=hII9sVU13SQ>
- Practicing Gratitude | https://www.youtube.com/watch?v=hTeaax9o_tA
- For Anxiety & Stress | https://www.youtube.com/watch?v=otzvXH_WHfM

Ignatius Prayer Websites

Ignatian Spirituality | <https://www.ignatianspirituality.com/>

Sacred Space: Daily Prayer Website (Irish Jesuits) <https://www.sacredspace.ie>

Daily Devotionals

Google the publication for more details:

Give Us This Day | Living with Christ | Living Faith | Magnificat | Sacred Space | Word Among Us