

HANDOUTS: Week Six

Colloquy



A Colloquy is an intimate conversation...

We speak and listen as the spirit moves us,
As a friend speaks to a friend,
As a lover speaks to his or her beloved.
...be 'real' and speak from the heart.

Your friendship with God can be deepened through Honest Prayer.

God desires our friendship and a real relationship with us... God is interested in our feelings no matter what they are...

What can we talk to God about? Anything!our anger, our frustrations, our disappointments, our fears, our hopes and dreams, our sadness, our pettiness, our selfishness, our failings, our sins,

But do we? Most people don't. We tell God about our frustrations, disappointments, and anger, but don't listen for his response or notice how he reacts to what we share. We say things like "I know he listens and hears me," but that doesn't help.

Prayer is not a monologue but a dialogue.

Are we listening for God's response?

For what God is saying to us?

Do we notice how God is when we share with him our concerns?

"Most of us have been brought up in a world that did not honor every aspect of being human. Some of us have felt too ashamed of our impulses to speak openly about them to God. But it's never too late to start a new way of relating to God. We can begin to tell God, our friend, the truth about ourselves. We can, carefully at first, begin to speak as honestly as we can about our fears, our anger, and our sexuality, and then pay attention to how God responds. We can try to tell God how we feel, in as much detail as we can."

- Praying the Truth, William A Barry, SJ