

Sunday Bulletin

Parish Prayer List **Give Online**

Today, March 25, 2020

The Fifth Sunday in Lent March 29, 2020

10:00 am: Morning Prayer, Rite II

Evening Prayer Wednesday



Sunday Service

Join us for our Sunday service at 10:00am on facebook live and on our youtube channel. A link to our bulletin is at the top of this email.

St. Paul's Facebook

St. Paul's Youtube

Dear Beloved People of St. Paul's,

We are doing a hard thing right now, and many of us feel very isolated. I do. I miss you all more than I can put into words.

I have been reflecting on what we are advised to do: wash hands, a lot (check!), stay at least six feet away from everyone (check!). Governor Brown's directives are clear, and we are abiding by them. St. Paul's building is closed. Staff is working from home. Meetings are online, not in person. We are Zoom-ing more than we ever imagined we would! These are some of the things we are doing for

the common good.

I know many of you joined with me in last Sunday's online worship at Trinity Cathedral to hear our Bishop preach. That was the right thing to do on Sunday, but—as I have heard from many of you—nobody does it like St. Paul's.

The Governor said that all who are not providing essential services have to stay home. The thing is, Sunday worship at St. Paul's IS essential.

After considering all of our options, and the many possibilities offered by various media platforms, your clergy and music staff agree that the best course of action is to continue to do a sung Morning Prayer service in our church. Like the service two weeks ago we will broadcast it through facebook live at 10am Sunday morning, and post it to YouTube soon after.

Here's what will happen. There will be four of us: Dr. Paul Klemme, Nicholas Ertsgaard, Father Andy and me. We will stay more than six feet apart at all times. We will not touch anything that anyone else has touched. We will wash hands and disinfect. If anyone doesn't feel well, they will opt out. We have each individually been free to make our own decision, and we all want to do this.

You will find a link to the bulletin at the top of this email. If you can't watch on facebook, and want to include your prayers, send them in advance to St. Paul's. You will also be able to put them in the comments during the service, if you wish.

This Wednesday, Father Andy+ has recorded a reflection on today, the Feast of the Annunciation. It is on the St. Paul's YouTube page, and will be posted to facebook. We'll see what next week brings. Meanwhile, stay in touch and let us know if you need something we can help you with.

Safe virtual hugs, Mother Anne+

Worship Resources

Please click the below blue links to access worship resources:

Daily Prayer

This site offers the daily selections from Forward Day by Day, a liturgical calendar, and more resources to strengthen your faith and heart.

Episcopal Church Prayer Wall

Pray with us. Pray along with our community... or submit your own.

Faith at Home

A year-round weekly email that will include four separate lectionary-based reflections and prompts for families (however that is defined) and friend groups.

The Book of Common Prayer

The Book of Common Prayer is a treasure chest full of devotional and teaching resources for individuals and congregations, but it is also the primary symbol of our unity, as Armentrout and Slocum note in their An Episcopal Dictionary of the Church, that "Anglican liturgical piety has been rooted in the Prayer Book

Upcoming St. Paul's Events





Grab and Go

Please contact Fr. Andy. Right now, we have a "Grab and Go" in the office entry for supplies you might need.

- **Toilet paper** (one roll at a time, please)
- Individual hand sanitizer (we have 24 that were donated by one of our families)
- Frozen meals (vegetarian and meat-based) Shauna has prepared about 40 meals that are ready now, and will be cooking more to freeze..... 13 vegetarian pasta bakes, 8 roasted garlic chicken w/ broccoli & rice, 14 Indian butter chicken w/ green beans & rice, 4 smaller butter chicken w/ rice, 4 butter chicken sauces (to make your own at home, this is vegetarian without adding the chicken) 4 marinara sauce (vegetarian)
- **Prayer shawls** made by our Knit, Pray, Crochet ministry.
- The food bank donation cart is at the office entrance near the grab and go. Especially welcome would be spaghetti noodles and sauce.

Evensong:

The May Dudley Memorial Organ Concert scheduled for April 5th at St. Paul's has been postponed. Organist, Zachary Duell is looking forward to playing his recital at a future date yet to be determined.



Talking to Your Kids About COVID-19

This is a great resource for helping the little ones in your life manage the stress and anxiety they may be feeling as a result of the COVID-19 crisis. Cheri Lovre, the director of the Crisis Management Institute, is a former St. Paul's parishioner. Visit https://parents.cmionline.com/ for this and other useful resources.



Faith at Home

In response to COVID-19 Faith-at-Home now has daily offerings on ways we can Read, Listen, Watch, Do, and Pray as we do faith at home. Check out the first edition here and subscribe on their website to have each new day sent straight to your inbox!

Here is a self-care plan exercise they have published that's good for all ages. Coronavirus Self-Care Plan Worksheet

Children's Bulletins

Since we can't offer our youngest parishioners the usual activity bags to engage with scripture while you worship with us (or another one of our branch offices!) each Sunday morning, here are links to the children's bulletins that are always included.

Ages 3-6 The Vision of the Bones Ages 7-11The Vision of the Bones

There is a secret code on the front cover page that is unique to our church and allows SAFE and secure access to online games that reinforce the message for the week. You can continue Bible learning and discussion at home - while protecting children from the hazards of general Internet game sites. Several games are rotated - Memory Match, Word Search, Gems of the Bible and Coloring Book - so each week kids will have something new to play. The games are geared toward all age levels so everyone can join in the fun!

Step 1: Print the age appropriate bulletin with a secret code on the front.

Step 2: Enter the secret code at Games.ChildrensBulletins.com

Step 3: Pick a game and play!

Godly Play

We miss you! Seeing the faces of all the St. Paul's children is one of the things most missed while we are unable to gather together in person. (We miss their grown-ups too.)

Each Sunday morning at 11:30am we'll gather via Zoom for storytime, wondering and checking in with each other. On Sunday morning to join us for Godly Play. This <u>Parent Page</u> goes along with the Faces of Easter VI to continue the conversation with your family at home. See you soon!

St. Paul's Youth

You are LOVED! We may not be able to meet in person but Father Andy and I

(Amy Goerger) would love to see your faces and check-in. Can you handle one...more...zoom...meeting?? Contact Amy (503.508.1943) for more information. Connect with us at SPYgram1444 on Instagram for more info.

You Are Not Alone!

We are establishing a "Phone Tree" to connect us. You will get a call from one of our Vestry members soon to check on your well-being and to pray with you. If you would like to make some calls to others, please email the church and let us know: stpauls@stpaulsoregon.org.

Building

The building is closed to all meetings, consistent with Governor Brown's guidelines. We have essential staff on campus, and are maintaining safety protocols of distance and hygiene. Employees who can are working from home.

Zoom

Zoom online conferencing will be a great way for us to see each other and connect through the computer. We are in process of getting information to our committees and ministry groups about how to schedule meetings and share links to access them.

The Word

The Word is on hiatus. We'll be putting all of our effort into regular email communication and social media.

Ponchos and Tarps Drive

For our homeless neighbors trying to find shelter during this rainy season. Only gently used or new items, please. Many may already have these sitting in their garages or sheds, just waiting to be used. Please call Brenda Hux @ 503-559-7287 for pick up, or bring to the Salem Leadership Foundation if before March 19th (Address: 1300 Broadway St NE, Ste 409, Salem, OR 97301, Phone: 503-315-8924)



OUR COMMUNITY NEEDS US

On a typical night, Saint Paul Episcopal is part of providing shelter or housing assistance for about 155 of our neighbors in need. The work we do through Family Promise/Interfaith Hospitality Network has a big footprint in our community. Our community is better because of our work, but it also needs our help.

Like all of you, we're monitoring the current health crisis. This includes working with our county health department, the CDC and HUD for best practices to protect volunteers, staff, and the families we serve. We even have a local physician advising us through this process and is available to quickly answer any questions.

Now, more than ever, our community needs our help. I'd like to highlight a few points as we work through this challenging time:

Homelessness and housing instability will continue to increase – our services will continue to be a critical need. We're reaching out to local and national representatives to see if there are legislative ways to keep people out of homelessness through this health crisis.

This crisis is going to hit families hard. We're expecting to see a loss of wages, jobs, transportation, limited childcare and more. Please help us by advocating for any program that provides these resources in our community.

This is an unprecedented effort, the likes of which I haven't seen before in my lifetime. We have not been given a spirit of fear, but a spirit of hope. Let's provide hope during this time. Together, we can meet this challenge as a community.



Warmly,

T.J. Putman Executive Director

P.S. If you'd like to help, we're going to need food, supplies, and funding for housing assistance. You can find ways to engage on our website at www.familypromisemwv.org

Grocery List to help Family Promise

Announcements and Local Events

Pledge Now

This Week's Birthdays

MARCH 26

MARCH 31

JC Gilbert Mary Lott

Rod Jones

Ruth Fitzgerald Lisa Murphy Ellie Star

MARCH 30

Jerry Walling

CONTACTING ST. PAUL'S CLERGY: Clergy can be reached by phone or email. If you need their contact information, call the St. Paul's office between 9-4, Monday through Thursday, 503-362-3661. Leave a message and we'll respond as soon as we can. You can also reply to this email and we'll let them know.

SUBMISSIONS: If you have an announcement for the weekly email or bulletin, please send text to stpauls@stpaulsoregon.org by Wednesday at 10am for it to be included in that week's edition.

ONLINE PRAYER REQUEST FORM: We have an online prayer request form available on our website. You can click the link above to submit a name. You can also navigate to that page by visiting <u>stpaulsoregon.org</u> and click "Church Forms" on the homepage, then click Prayer List Request.

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