

[Calendar](#)[Parish Prayer List](#)[Give Online](#)

**Today, March 4, 2020**

**St. Paul's Wednesday Night  
Community Dinner- 5:15 pm**

Mississippi Pot Roast w/ roasted  
veggies & mashed potatoes.  
Dessert will be fresh fruit.

**Spring Forward**

**We Spring Forward on March 8.** So set your clocks ahead.

**Celtic/Healing Service**

6:10 pm in the Chapel of the Good Shepherd

**The Second Sunday in Lent**

**March 8, 2020**

8:00 am: Holy Eucharist, Rite I

10:00 am: Holy Eucharist, Rite II

**Coffee Class:**

**March 8th**

Knowing how to approach the topic of the "birds and the bees" with kids can be challenging for most parents and caregivers. Krista Hoffman found this to be true for herself. While finishing up a Masters in Social Justice at Kilns College, she studied how parents can help lower sexual exploitation by leaning into tough conversations around sexuality, gender, and technology. Krista, joined by Amy Goerger, St Paul's Coordinator of Children's Ministries, will lead our Coffee Class on March 8 (Parish



Hall, following the 10 a.m. service) on new resources to help engage these topics with the young people in your life (whether they are preschoolers, teenagers or in between). Learn why leaning into discussions about gender and sexuality help keep kids safer and healthier. Join us in working towards continuing to create families and a congregational culture that lowers shame and promotes safety, connection, and grace.

### Sunday Readings

## Talking with Kids: Faith and Healthy Sexuality

Coffee Class for parents of  
kids from babies to teens

**MARCH 8TH @ 11:30**

**AFTER THE 10AM SERVICE**

**Presented by Krista Hoffman & Amy Goerger**

+WHAT TO DO ABOUT THE BIRDS AND THE BEES  
+FACING TECHNOLOGY'S INFLUENCE  
+RESOURCES AND TIPS TO HELP START OR  
CONTINUE THE CONVERSATION

**ST PAUL'S PARISH HALL**

1444 LIBERTY ST. SE SALEM, OR 97302

Made with PosterMyWall.com

*Cover Image: The Starry Night, Vincent Van Gogh, oil on canvas. Painted in June 1889, it describes the view from the east-facing window of his asylum room at Saint-Rémy-de-Provence, just before sunrise, with the addition of an ideal village. It is the most recognized painting in modern Western Art. Inspired by Van Gogh's work, Loving Vincent, an experimental animated biographical drama film about the life of the painter Vincent van Gogh became the first fully painted animated feature film in 2017. First conceived as a seven-minute short movie in 2008, Loving Vincent was envisioned by Dorota Kobiela, a painter herself, after studying the artist's letters and techniques. Each of the film's 65,000 frames is an oil painting on canvas, using the same technique as Van Gogh, created by a team of over 100 painters. It is possible to stream it online. The painting is in the permanent collection of the Museum of Modern Art, New York.*

## Upcoming St. Paul's Events

### Wednesdays Evening Activities

Join us on Wednesday evenings for a delicious meal at 5:15 pm (\$5/person, \$10/family), followed by our Celtic-Inspired Eucharist and Healing Service at 6:10 pm where we will commemorate a specific saint each week. All are welcome! Here's a look at the menus and saints to come:

### March Dinners

**March 4** -- Mississippi Pot Roast w/ roasted veggies & mashed potatoes.

Dessert will be fresh fruit.

**March 11** -- Traditional Soup Supper with 2 seasonal soups, salad, & fresh bread. Dessert will be fresh fruit.

**March 18** -- Irish fare consisting of Dublin Coddle, Colcannon, warm peas, and Irish Soda bread. Dessert will be fresh fruit.

**March 25** -- Jambalaya over rice served with fresh salad. Dessert will be fresh fruit.

### **March Saints**

**March 4:** Paul Cuffee, Missionary -- A Native American of the Shinnecock tribe, Paul Cuffee was one of the earliest American Indians ordained for Christian ministry. Working primarily among the indigenous peoples of Long Island, Cuffee died in 1812.

**March 11:** Harriet Ross Tubman, Social Reformer -- Born into slavery in Maryland in 1820, Harriet Tubman, deeply influenced by the story of Moses and the Exodus, grew up to become a prophetic anti-slavery activist, helping to lead hundreds of enslaved men, women, and children into freedom.

**March 18:** Cyril of Jerusalem, Bishop & Theologian -- A native of Jerusalem, Cyril grew up to become that city's bishop during the crucial late fourth-century period which saw the final development of the Nicene Creed and many other essential Christian doctrines. Many of the Holy Week traditions we still observe today were codified under his leadership.

**March 25:** SPRING BREAK. No service this week.

---

## **Precautions regarding the Corona Virus**

**For the next six weeks, during Lent, we will change our usual practices.**

### **What we are doing about Covid-19 at St. Paul's:**

From Mother Anne+

1. At the Peace, we will clasp our own hands together and bow as we greet each other in the name of Christ. (No handshaking).
2. At Communion, we will receive bread only (which is full Communion). We can choose to drink from the Chalice. (No dipping)
3. We will frequently wash hands as advised. Music lovers can sing a verse of "All things Bright and Beautiful," or "I Sing a song of the Saints of God." As a measure of the recommended 20 second scrub time. Or, recite a verse of Psalm 26 (twice): I wash my hands in innocence, and go around your altar, O Lord, singing aloud a song of thanksgiving, and telling all your wondrous deeds. (Handwashing — it's Biblical!)

- In addition, you should know that there will be hand sanitizer available around the Church building.

- Clergy and Eucharistic Ministers are diligent about handwashing.

- Our cleaners are disinfecting door handles and railings.

- The above changes will continue through the Lenten season and we will determine next steps as there is new information.

- If you are ill, especially if you are coughing, please stay home and rest. These are all the ways we will care for ourselves and others in our community. If you are healthy, come to church. Fear not!

---

### **Save the Date: Saturday, September 19, 2020**

#### **For Blues, Bourbon and Barbeque:**

A fundraiser for St. Paul's. Stay tuned for details! There will be dancing.

---

### **Episcopal 101 Returns!**

New to the Episcopal Church? Just checking us out? Got questions? We have answers! During the season of Lent, join Fr. Andy in the sanctuary following the 10 a.m. service on select Sundays for Q&A and conversation on these topics (and more!)

**March 15:** Introduction to The Book of Common Prayer.

**March 29:** Episcopalians & Scripture. These informal sessions are intended for newcomers, seekers, and visitors, but everyone is welcome. Just bring questions!

---

**Evensong : April 5: The May Dudley Memorial Organ concert** will be played by Salem native, **Zachary Duell**. Presently a masters degree candidate at the Eastman School of Music in Rochester, New York, he grew up at St. Paul's, attended Sprague High School and Willamette University. A former student of Paul Klemme, Zachary now studies with Nathan Laube and is Director of Music/Organist at Our Lady of Victory/St. Joseph's church in Rochester. Mr. Duell will play traditional works for the organ representing the long history of the organ and its repertoire. The St. Paul's Trinity Choir will sing the service of Evensong which begins at 4:00 p.m.

---

### **Rummage Sale:**

Rummage Sale 2020 Season has officially begun! Start filling those boxes and bags with items that are no longer wanted or needed in your home. Donations will be received at the church after Easter on April 24-26. Please make sure everything is clean and working so the new owner will be happy with their find!

---

### **BNY Mellon**

You are Invited! Vestry and the Finance Committee are hosting a representative from BNY Mellon group on Tuesday, March 17 from Noon to 1pm.

**So who is BNY Mellon?** This group is St. Paul's investment group and approximately every three years, the group meets with St. Paul's to review our investment policy. This is an opportunity for our membership to become informed about how our investments are performing. Our earnings have been doing great. They will review trends, particularly given the current fluctuation in the market. So, come join us. Bring your questions. - Toni Phipps, Senior Warden

---

### **Dinner for Eight:**

A sure sign that spring is on it's way at

St. Paul's is the formation of new Dinner for Eight groups. For those of you who are new to St. Paul's, Dinner for Eight groups of 6-8 adults, join together for four meals during a period of six months. Spring/Summer groups start in April. They provide the perfect opportunity for us to get to know each other better. Sign ups will take place following the 10:00 services on March 8, 15, and 22. Contact Sue Rivoire at [suerivoire1@gmail.com](mailto:suerivoire1@gmail.com), 503 961-3613 to sign up from home.



**It Time to join a  
Spring-Summer  
(April - September)  
Dinner for Eight group**

Sign up at church on March 8, 15 or 22  
following the 10:00 services

or contact Sue Rivoire at [suerivoire1@gmail.com](mailto:suerivoire1@gmail.com)  
or call (503) 961 3613

---

### **St. Clare's**

St. Clare's will be touring the Oregon State Hospital Museum on Thursday March 12<sup>th</sup> at 10:00 am, followed by lunch at McGrath's. Please let Sue Zakes (503-851-8968) know if you haven't already responded. As always, guests are invited to join us.

---

### **Annual Education for Ministry Retreat**

Our Lenten retreat is scheduled for Saturday, March 14 from 9:00-3:00. All EfM graduates are invited to join us. It will take place at the Bishop's Close with a potluck lunch. The Rev. Steve Ellis will be leading the retreat this year. Those wanting to carpool are to meet at St. Paul's no later than 7:45 am. Please contact Mary Forner, [mwforner@live.com](mailto:mwforner@live.com) 503-363-0551 or Amy Daraghy for questions or if you plan to attend.

---

### **Parking at St. Paul's**

In addition to street parking on Myers and High, St. Paul's has three parking lots available on Sunday mornings. We ask that you reserve the lot immediately adjacent to our building (by the office and chapel entrances) for people with mobility issues. If you need close parking, we recommend arriving nice and early for church. Otherwise, please park in our large lot two houses south of the church on High Street, or behind the Goulet Building off Liberty. Thank you!

---

### **Contemplative Prayer**

Join us for Contemplative Prayer on Thursdays at noon in the chapel. No experience, no RSVP required -- just curiosity and an open heart! For more information, contact Bill Ryan or the church office.

Contemplative prayer is the heart centered practice of resting in the presence of God. Please join us.

---

# Announcements and Local Events



## THE WORD - WINTER 2019

Check out the latest issue of The Word for articles, events, and updates. The printed copy will be in the mail very soon. Click here to read now:

[The Word - Winter 2019](#)

Pledge Now

## This Week's Birthdays

### MARCH 4

Becky Heintz

### MARCH 5

Tom Ferron  
Janelle Koch

### MARCH 6

David Beaton  
Elizabeth (Lizz) Loring  
Catherine Pederson  
Elizabeth Walton Potter

### MARCH 7

Kathy Bonacker  
Victoria Gunn  
Jason A. Pegis  
Jeanne Galey

### MARCH 8

Elenor (Nora) Lane  
Adam C. Robinson

### MARCH 9

Catherine Bates Anderson  
Joseph (Joe) Edmond  
Dr. David Elmgren

### MARCH 10

Ralph Bauman  
Kim Mai E. Nguyen

### MARCH 11

Cole Dean Wilfred

**CONTACTING ST. PAUL'S CLERGY:** Our clergy are always happy to arrange meetings for prayer and spiritual care, and can be reached any time for pastoral emergencies. However, due to the potential for abuse from scam artists, we limit how contact information is published on the internet, in accordance with established best practices. Clergy business cards are available near the office entrance to St. Paul's. We recommend you add clergy phone numbers and email addresses to your contacts. Email is preferred for general messages, or call St. Paul's at 503-362-3661 during regular business hours; please feel free to use cell numbers (voice or text) for time-sensitive or urgent matters.

**SUBMISSIONS:** If you have an announcement for the weekly email or bulletin, please send text to [stpauls@stpaulsoregon.org](mailto:stpauls@stpaulsoregon.org) by **Wednesday at 10am** for it to be included in that week's edition.

**ONLINE PRAYER REQUEST FORM:** [We have an online prayer request form](#) available on our website. You can click the link above to submit a name. You can navigate to that page by visiting [stpaulsoregon.org](http://stpaulsoregon.org) and click "Church Forms" on the homepage, then click Prayer List Request.

