

***Sabbath Moments***  
***A Service of Healing and Wholeness***  
Sunday, February 15, 2009, 6 p.m.  
Southport Presbyterian Church  
The Toney Chapel

***An Undivided Heart***

Teach me your way, O Lord, and I will walk in your truth; give me an undivided heart that I may fear your name. I will praise you, O Lord my God, with all my heart; I will glorify your name forever. For great is your love toward me; you have delivered me from the depths of the grave.

(Psalm 86:11-13)

**According to scripture, the heart is also where we do our deepest thinking. “Jesus, knowing what they were thinking in their hearts,” is a common phrase in the Gospels... Our deepest thoughts are held in our hearts. Scripture itself claims to be “sharper than any double-edged sword, it penetrates even to dividing of soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart” (Heb. 4:12)... The mind is a faculty, and a magnificent one at that. But the heart is the dwelling place of our *true* beliefs.**

(*Waking the Dead*, John Eldredge)

Since, then, you have been raised with Christ, set your hearts on things above where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died and your life is now hidden with Christ in God... Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.

(Colossians 3:1-3; 12-14)

**Every moment, and in respect of everything, they must say, like St. Paul, “Lord what should I do?” Let me do everything you wish. The spirit wants one thing, the body another, but Lord, I wish only to do your divine will... It alone, and nothing else, however sublime or exalted, is the object of my devotion since the purpose of grace is the perfection of the heart, not of the mind.**

(*The Sacrament of the Present Moment*, Jean-Pierre de Caussade)

**My heart says of you, “Seek his face!”**

**Your face, Lord, I will seek.**

(Psalm 27:8)

A life filled with loving is a life most like the one that God lives, which is life as it was meant to be (Eph. 5:1-2). And loving requires a heart alive and awake and free.

(*Waking the Dead*, John Eldredge)

**You will seek me and find me when you seek with all your heart.**

(Jeremiah 29:13)

## Assent

My head aches with doubt  
But my heart *knows* you.

You find me in the wilderness of my soul  
And shepherd me home.

Your love, perfection and holiness hem me in—  
O Lord, to grow up in these!

There are many you have given me to love,  
Yet you return your love through these same ones.

You anchor me in truth and holiness  
Lest I float away in your grace.

Fragments of self unite in you—  
There the end of my desire is found

With every “Yes” you draw me nearer.  
Your radiance illumines the next moment...

“Yes, Lord.”

Yes.

*God be with you as you enter a new week.*