

**Sabbath Moments**  
**A Service of Healing and Wholeness**  
Sunday, February 22, 2009, 6 p.m.  
Southport Presbyterian Church  
The Toney Chapel

*Disturb Us, Lord...*

**Disturb us, Lord, when we are too well pleased with ourselves,  
when our dreams have come true because we have dreamed too little,  
when we arrive safely because we have sailed too close to the shore.**

**Disturb us, Lord, when with the abundance of things we possess,  
we have lost our thirst for the waters of life;  
having fallen in love with life,  
we have ceased to dream of eternity;  
and in our efforts to build a new Earth,  
we have allowed our vision of the new heaven to dim.**

**Disturb us, Lord, to dare more boldly,  
to venture on wider seas where storms will show your mastery;  
where losing sight of land, we shall find the stars.  
We ask you to push back the horizons of our hopes;  
and to push into the future in strength, courage, hope, and love.**

You are forgiving and good, O Lord, abounding in love to all who call to you.  
(Psalm 86:5)

**“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.” (Isaiah 55:8-9)**

For this is what the high and lofty One says—  
he who lives forever, whose name is holy:  
"I live in a high and holy place,  
but also with him who is contrite and lowly in spirit,  
to revive the spirit of the lowly  
and to revive the heart of the contrite.

I will not accuse forever,  
nor will I always be angry,  
for then the spirit of man would grow faint before me—  
the breath of man that I have created.

I was enraged by his sinful greed;  
I punished him, and hid my face in anger,  
yet he kept on in his willful ways.

I have seen his ways, but I will heal him;  
I will guide him and restore comfort to him,  
creating praise on the lips of the mourners in Israel.  
Peace, peace, to those far and near,"  
says the LORD.

“And I will heal them.” (Isaiah 57:15-19)

**Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes.**

**For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.**

**Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.**  
(Ephesians 6:10-13)

**God be with you as you enter a new week.**