

Day 1 Reflection

Meredith McDowell



The first word on our mission shirts is “sweat” – and that is what we did on our first day in Belize. From the moment we arrived at the Belize airport, the sun was shining, which soon resulted in shining faces.

These shining faces were not only from the heat, but also as a result of the immediate warm (literally) welcoming from our Belize family. The smiles, hugs, and cheerful greetings made the restless night & early morning of travels well worth it.

After settling in, we kicked off our trip with a parade through the Port Loyola community of Belize City – and you would have thought we

were the stars of the show! We marched with our brothers and sisters from Port Loyola Baptist Church to spread joy and love around the neighborhood.

Our trek was full of sweat from start to finish. Leading the group were gentlemen who played their hearts and souls into drums. Trailing behind were members of SVPC and PLBC who handed out paper airplanes, lollipops, juice and invitations to join this week’s Vacation Bible School. Everyone – from all ages and walks of life – had a role, and everyone put some sweat into spreading the word!

Psalm 33:11 says, “But the plans of the Lord stand firm forever, the purposes of his heart through all generations.”

For me, this trip is all about coming together and growing in faith with my church family. I am looking forward to the adventures to be had and memories to be made. I hope y’all enjoy following along our sweaty, but sweet, reflections!