

**FREQUENTLY ASKED QUESTIONS FOR  
THE SPRING VALLEY PRESBYTERIAN BIZAARE 5 & 5 ROAD RACES  
Saturday November 4<sup>th</sup>, 2017**

- **Where do the profits from this race go?** All profits from this race will again go to support Habitat for Humanity.
- **How can I register?** There are several ways to register:
  - a. online at [www.strictlyrunning.com](http://www.strictlyrunning.com) with a credit or debit card, or
  - b. through the church office by visiting [www.svpc.org/roadrace](http://www.svpc.org/roadrace), printing and completing a race pamphlet, and mailing a copy of the registration form and check to:

Spring Valley Presbyterian Church.  
125 Sparkleberry Lane  
Columbia, SC 29229

Note: checks should be made out to Spring Valley Presbyterian Church
- **What's the swag?** All participants whose registrations are received online or in the church office by October 20, 2017 are guaranteed a long-sleeve Tech shirt. After that date, long-sleeve cotton tee shirts can be reserved and purchased for registrations received through Friday October 27. Shirts are not guaranteed for registrations after the 27<sup>th</sup> but if available may be for purchased the day of the race (as long as they last).
- **Will there be onsite registration?** There will be on-site registration the morning of the race. Again, day-of registration is not guaranteed a tee shirt.
- **Are the races certified?** Yes, both the 5-mile and 5k are sanctioned by USATF and are Tour de Columbia events.
- **Will the races be timed?** Yes, the races will have chip timing provided by Strictly Running.
- **Where is packet pick-up?** Packet pick-up will be at the start on race morning, Nov. 4 beginning at 7 am at Spring Valley Presbyterian Church.
- **Where do I park?** Parking is available in the Spring Valley Presbyterian Church parking lot.
- **Will there be restrooms available?** Yes, Spring Valley Presbyterian Church will be open with bathrooms available. There will not be restrooms along the course.
- **What is the start time?** The 5k and 5 mile runs will start together at 8 am; the 5k walk will start immediately after.
- **How is the route marked along the course?** The 5-mile is marked with red signs and the 5k is marked with green signs along the course. There will also paint marks at the turns as well as course monitors stationed along the course to help with directions.
- **How many water stops are there?** There will be a water stop at mile 1.5 on the 5k and at mile 3 on the 5-mile course.
- **Can children participate?** Yes. Children under the age of 18 must be accompanied by a guardian who must also sign a release.
- **Are strollers allowed?** Yes, strollers are welcome.
- **Are dogs allowed?** Yes, well behaved dogs are welcome as long as they are on a leash at all times. The owner is responsible for their dog.
- **Are bicycles, skateboard, in-line skates or scooters allowed?** Sorry, bicycles, skateboards, in-line skates and scooters are not allowed.
- **Are iPods/headphones allowed?** Using headphones is discouraged and used at your own risk.
- **What time does the course close?** 10 am

- **Will there be refreshments after the race for participants?** Yes, there will be bagels, fruit and water after the race for participants.
- **Where can we get official race results?** Race results will be available on [www.strictlyrunning.com](http://www.strictlyrunning.com).
- **Will there be race photos?** Yes, race photos will be available after the race *free of charge* at [www.svpc.org](http://www.svpc.org). A link to photos will be sent out via email following the race.
- **Are there awards?** Awards will be given for the top overall male and female finishers; the top three male and female by age group (overall winners do not receive age group awards), the top finishing male and female SVPC members, and the top three male and female active military/emergency responder participants. The Awards Ceremony will take place immediately after all runners have crossed the finish line.
- **I won an award and did not pick it up. Can I still get my award?** Yes, you may pick up your award at the Church office. Office hours are generally Monday through Friday 8:00 until 3:00 (please call before at 788-3589).
- **How do I become a sponsor?** Contact Mike Greene @ [michaelbgreene@att.net](mailto:michaelbgreene@att.net).