

## Backpack Program Shopping List

*For convenience,  
keep this list in your wallet.*

- *Individually packaged oatmeal*
- *Individually packaged grits*
- *Individually packaged muffins*
- *Individually packaged cereal*
- *Granola bars*
- *Cereal bars*
- *Individual cans of Ravioli, Spaghetti O's,  
& Lasagna (approx. 7.5 oz.)*
- *Individually packaged fruit cups*
- *Ramen noodles*
- *Individually packaged mac & cheese*
- *Vienna Sausages*
- *Canned meat (tuna or chicken)*
- *Soft packaged tuna and chicken*
- *Beenie Weenies*
- *Maruchan Instant Lunches*
- *Individually packaged chips*
- *Individually packaged cookies*
- *Snack crackers (Lance or other)*
- *Dried fruit (raisins)*
- *Beef jerky sticks*
- *Individually packaged juice boxes*
- *Individually packaged shelf milk boxes*

*Please place all donated food in one of the  
grocery carts located in Potts Hall, the  
Atrium or the Narthex.*