

Pastoral Care Board
September 16, 2021
Minutes

Present: Deacon Pam Hayes, Sharon Sands, Susan Chase, Janet Fox

Absent: Michele Barkalow, Mother Lisa

- **Opening Prayer**

Deacon Pam opened the 3 p.m. meeting with a prayer

- **Ministry Updates**

Bereavement The next session of Walking through Grief will begin Tuesday, Sept. 21, in conjunction with Trinity Methodist Church at Trinity. As of last Sunday, 14 people had signed up. Fr. Bill Eberle has a new co-facilitator, Carol Gordon, a member of St. Philip's. Another relatively new member of St. Philip's, Kathy Medici, who has many years' experience as a grief counselor, has offered to be of assistance, when one-on-one support is indicated.

Stephen Ministers Susan reported that one Stephen Minister has a care receiver, and that nine or 10 Stephen Ministers are available. She has met recently with the Stephen Minister leaders at Trinity Methodist and First Presbyterian churches, and their ministers are kept busy so that both churches are expecting to start training of new ministers in early 2022. At both churches the clergy regularly refer people in need of longer term support to the Stephen leaders. At St. Philip's the Stephen Ministers are meeting once a month, and recently had a presentation from Coastal Horizons on depression and dementia. Their next meeting will be an after-church presentation on Oct. 17 on Alzheimer's. This session is open to the public.

COHI Janet reported that the Community of Hope International training has begun, with about eight trainees from St. Philip's. The first session was all on Zoom, with participants from several locations. In the future the St. Philip's group will participate in the first half of the lesson, which is essentially a presentation from an experienced member of the organization, via Zoom sessions on Sunday afternoons. The second half of each lesson will be on the following Sundays, in person, immediately after the 10 a.m. service. This plan is not written in stone. The local group is free to arrange the local meetings according to its own preferences.

DOK Sharon reported that the Daughters of the King are meeting in person again, and are taking lunches to Hospice. The chapter will soon begin a 12-month study using a publication from the national organization entitled Spiritual Formation.

Medical Equipment Library. Deacon Pam said all is well with this ministry.

New Business

- ***Ministry Minute Dates*** Fr. Bill will take September 26 to talk about Walking through Grief. Stephen Ministry will take January 9, 2022. Daughters of the King, COHI and Medical Equipment Library dates are to be determined.
- ***Appointment of Deputy Board Chair for Ministry Board Chair meetings.*** Vestry has requested that a deputy be named in the event that the Pastoral Board chair is unable to attend a Ministry Board Meeting. Deacon Pam asked Janet Fox to serve in this capacity and she agreed. Her appointment will need to be approved by the Vestry.

Following a self-care check-in, the meeting closed at 3:55 p.m.

- **Next meeting:** Thursday, October 21, 3 p.m.

Respectfully submitted,

Janet Fox
Communicator