

The Labyrinth at St. Philip's

Our Labyrinth has been a lovely addition to our campus and especially inviting as springtime approaches. Take a few moments to walk its pathway if you haven't already. Walking the pathway is a perfect way to release life's daily stresses and receive a quiet calm.

WHAT IS A LABYRINTH?

A labyrinth is a spiritual tool that has been around for thousands of years. It is a single walking path for prayer and meditation (and sometimes just for fun) leading to a center space and returning to its beginning. Unlike a maze, there are no dead ends or choices to right or left – only a clearly defined pathway to follow. Walking the labyrinth quiets the mind, allowing one to reflect, to receive and to renew.

OUR LABYRINTH is a five-circuit, neo-medieval cruciform design. In other words, there are five paths (circuits) which encircle the center space. Within this new (neo), yet centuries old (medieval) design, the shape of a cross (a cruciform) is created, dividing the design into four quadrants with various bends and turns.

Personalized pavers are available once again to be incorporated into the pathway. If you would like to purchase a paver engraved with your family's names(s) or with a special sentiment, verse, or date to commemorate, please fill out a form (also available in the church office). Prepayment of \$60.00 is required. Checks should be made payable to St. Philip's with PAVER on the memo line. The inscription must fit in a grid of squares 4x14.

(Only one letter, character or space in each block)

Name _____

Phone _____

Please turn in money and forms to the church office.