

## *The Liturgy for Spiritual Communion*

*The Book of Common Prayer reminds us that if one is unable to consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is absolutely impossible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God's grace and blessing.*

Bless the Lord who forgives all our sins, His mercy endures forever. Amen.

Let the power of the Holy Spirit come upon us, O Lord, to mercifully cleanse our hearts and defend us from all adversities; through Christ our Lord. Amen.

The Readings: [Readings for Sunday 3.22.20](#)

The Sermon

### **The Apostles' Creed:**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**The Prayers...**

### **Act of Contrition**

O God, I am very sorry that I have sinned against you and for all the wrongs I have done and the good I have not done. Forgive me for Jesus 'sake, and grant me strength and wisdom to amend my life. Amen.

### **Act of Reception**

In union, blessed Jesus, with the faithful gathered in their homes around this town and community, especially our brothers and sisters of St Philip's family, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory.

We believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our heart, our soul, and our mind. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. Amen.

### **The Lord's Prayer:**

Our Father who art in heaven, hallowed be thy Name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory, forever and ever. Amen.

### **Together, let us pray:**

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.

### **The Blessing:**

And may the peace of God, which passes all understanding, keep your heart and mind in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, + the Son and the Holy Spirit, be upon you and remain with you now and always. Amen.