

Our Vision Statement:

**Following Christ through intentional prayer, unconditional love, compassionate service and sacrificial giving.**



# The Shepherd's Staff

Volume 19 Issue 8

September 2019

**Come join the fun!**



The Hog Roast and Fall Festival is scheduled for **Saturday, September 21<sup>st</sup> from 5 pm to 8 pm**. This will be a **free event** for the community and the church members. There will be pulled pork, sides, and dessert, as well as fall-themed games and activities for all ages!

This is a great opportunity for fellowship and to serve members of our community, so if you are available to volunteer some time, a sign up table will be set up in the lobby. We need help prepping some sides and desserts the day before the event, as well as helping the day of the event with food service and a few games. If you have any questions about the event, contact Jon or Jess Albright.

**FROM  
THE  
PASTOR**



It is Fall. Well, it is September anyway. Everyone is back in school that is going back to school...that is in the old way of looking at things...

At Good Shepherd, school is in session year round and you and I are the students. As the Apostle Paul said in 1 Corinthians 13:8-12d:

**8** Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. **9** For we know only in part, and we prophesy only in part; **10** but when the complete comes, the partial will come to an end. **11** When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. **12** For now we see in a mirror, dimly but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known.

You and I as disciples of the Risen Christ are tasked in the Great Commission with learning and understanding more and more and more each day of our lives - more about faith, more about hope and more about love. We have been given a mission to go make disciples of Jesus Christ for the transformation of the world.

In order to fulfill this mission before us at Good Shepherd, we will be undertaking a radically new way (not really, you will find along the way that it is the Way of Christ and how he raised and taught his original disciples, but it may be new to some of us) of becoming disciples so that others may become disciples through us.

I am asking for your prayers for our new ministry teams which are forming in order to move us along the pathway to better and more fulfilling discipleship: The Discipleship Pathway Team, The Empowerment Team, The Family Ministries Team and The Communications and Social Media Team.

As we begin this process of becoming even better disciples, it will be a total team effort...each member of the congregation will have a part or parts to play along this pathway to living out Jesus Christ's Great Commission.

Peace,

*Pastor Mark*

## ADMINISTRATIVE COUNCIL MINUTES – AUGUST 18, 2019

The meeting of the Administrative Council was called to order at 6:00 p.m. by Kent Conger. Dick Nye led us in Prayer and devotions.

It was moved, seconded and passed to accept the July 21, 2019 Agenda as provided.

The Minutes for July 21, 2019 were amended to add Jon Albright's name as a member of the Faithful Congregation Journey (FCJ) group listed under Old Business. It was moved, seconded and passed to accept the July 21, 2019, Minutes as amended

**Financial Report:** Marilu Propps reported that our current General Fund Checking balance as of Friday, August 16, was \$55,518.98. She reported that all payroll taxes and reports are current. She added that the invoice for the new well had been paid. There being no questions, the July 2019 Financial Statements will be filed for audit.

**Director of Family Ministry's Report:** Susan Nyquist said that the Junior/Senior High Youth group would be going on a hike and picnic at Fort Harrison Park next Sunday following Sunday School. She said that the new Children's Storytime would begin this coming Thursday at 11:00 a.m. She said that all children and their parents and caregivers were welcome. Susan reported that a committee is already forming for the 2020 VBS program. She announced that Little Lambs would be partnering with Good Shepherd for a Trunk or Treat event coming on Saturday, October 26<sup>th</sup>, 4:00 – 6:00 p.m. She invited all members of the church to decorate the trunks of their cars and come pass out candy to the children.

**Committee Reports:** Trustee Committee: Bill Nelson reported that they had received a quote for a new water softener and UV light system for the well water. Little Lambs will be paying for this new system and the plumbing involved to get it hooked up. He said that hopefully this will be all set up next week.

**Old Business:** Nothing to report.

**New Business:** Vince Crabb reported that he had been looking into replacing the Pastor's wireless microphone system since they had been having problems with it. He said that the current system had been in use for 10-15 years. He added that the current life span of the system that we now have is limited as per FCC regulations. The technician he has been working with recommended some options for a new system by the same manufacturer as the system that we currently use. The new system cost is \$933 and Vince reported that someone had donated \$300 toward this new system. This would make the church's cost \$673. He added that we could put the Pastor and Liturgist on the same system. Motion was made to allocate funds not to exceed \$700 for the purchase of a new wireless microphone system to be paid out of Designated Checking, Technology Committee Account #80247. This motion was seconded and passed by vote.

**Pastor's Report:** Pastor Mark said that we would be starting three new teams (not committees). They would be the Discipleship Pathway team, the Empowerment team and the Social Media/Communications team. He said that this last team would help bring us into the 21<sup>st</sup> Century.

Kent announced that the next Ad Council meeting would be on Sunday, September 15, at 6:00 p.m.

There being no further business, it was duly moved, seconded and passed to adjourn the meeting at 6:40 p.m. followed by Pastor Mark giving the closing prayer.

Respectfully submitted, Marilu Propps, Secretary

Attendees: Richard Nye, Sue Nye, Kent Conger, Jon Albright, Jess Albright, Jack Pope, Kim Webb, Debbie Specht, Ron Specht, Kathy Steward, Vince Crabb, Pastor Mark, David Rinehuls, Estella Storms, Tina Mercer, Susan Nyquist, Bill Nelson, Steve Peters and Marilu Propps

"I am everywhere at every time, ceaselessly working on your behalf. That is why your best coping strategies are trusting Me and living close to Me."

<sup>10</sup> So do not fear, for I am with you;  
do not be dismayed, for I am your God.

I will strengthen you and help you;

I will uphold you with my righteous right hand.

*Isaiah 41:10 New International Version (NIV)*

## 5 Minute Pepperoni Pizza Quesadilla

### Ingredients:

1 light Italian herb flatout flatbread  
or soft tortilla shell  
2 tbsp of your favorite pizza sauce  
1/3 cup shredded, Italian cheese blend  
1/8 tsp dried basil  
5 slices turkey pepperoni  
Additional pizza sauce for dipping if desired  
Directions:: Lay flatbread on work surface.  
Spread pizza sauce over entire flatbread. Cover  
half with 2 tbsp cheese, basil and pepperoni  
slices. Then sprinkle with remaining cheese.  
Fold quesadilla in half. Cook on nonstick skillet  
for about 3 minutes then flip over and toast  
other side, a light toasty golden brown. Remove  
from heat and cut into wedges.

## Golden Shepherds



Fun for Seniors

The Golden Shepherds will meet at 9:30 a.m. in Fellowship Hall on the second Monday (not Labor Day) in September, September 9th. After the meeting the entertainment will be Jim Land playing the acoustic guitar. **Everyone 55 and over is welcome to join these recycled teenag-**



## TRUNK OR TREAT

Event coming to a  
parking lot near you!

In recent years, churches, schools, and communities have been doing this type of outreach. What an awesome opportunity we have to reach people in this way! Our congregation will be partnering with Little Lambs to host the event on Saturday, October 24th from 4pm to 6pm.

You are encouraged to begin planning to make a trunk with a theme that we can use to start a conversation about Christ. Scripture says to "go out and tell". Let's do that! Let's start in our parking lot, to tell the world - with a little piece of candy and some costumes - how much Jesus loves them!

If you need ideas on decorations, there are some great suggestions on Pinterest. You are always welcome to contact Susan Nyquist as well at "[susanbjoyful247@gmail.com](mailto:susanbjoyful247@gmail.com)"

## HEALTH NOTES



BY JUDY JONES



3John2: Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Feeling crabby lately? Or simply worn out? Perhaps the solution is better sleep. Although you can't control all of the factors that interfere with sleep, you can adopt habits that encourage better sleep.

Sleep tips: 7 steps to better sleep

1. **Stick to a sleep schedule.** Go to bed and get up at the same time every day. Being consistent reinforces your body's sleep-wake cycle and helps promote better sleep at night.
2. **Pay attention to what you eat and drink.** Don't go to bed either hungry or stuffed. Your discomfort might keep you up. Limit how much you drink before bed, to prevent disruptive trips to the bathroom. Nicotine, caffeine and alcohol deserve caution too. Nicotine and caffeine are stimulants and alcohol can disrupt sleep later in the night.
3. **Create a bedtime ritual.** Do the same things each night to tell your body it's time to wind down. Relaxing activities, i.e. warm bath, reading a book, listening to music, etc. Watching TV or using other electronics before bedtime can interfere with sleep.
4. **Get Comfortable.** Create a room that is ideal for sleeping. Often this means cool, dark and quiet. Your mattress and pillow can contribute to better sleep too. Using ear plugs, a night mask or even a blackout shade may help.
5. **Limit daytime naps,** especially in the afternoon.
6. **Include physical activity in your daily routine.** Regular physical activity can promote better sleep, helping you to fall asleep faster and to enjoy a deeper sleep.
7. **Manage stress.** When you have too much to do and too much to think about, your sleep is likely to suffer. To help restore peace to your life consider healthy ways to manage stress.

## Kid's on a Mission



Our Kids on a Mission will be collecting for Fletcher Place on Sunday, September 9<sup>th</sup> and Sunday, September 15<sup>th</sup>. They will be doing their shopping with your donations on Sunday, September 15<sup>th</sup> right after Sunday School. Often other

shoppers have stopped our kids to ask them what the "Kids on a Mission" printed on their read T-shirts means. Every once in a while some of the people even add a little more money to the shopping fund.

## Ladies Bible Study



### Do you wonder what God has planned for your life?

Please join us for a brand new Monday Night Ladies' Bible Study beginning Monday, September 9, 2019 at 6:30 p.m.

This 12-week Women of Faith Bible Study is called "**Following God's Guidance**".

The Bible is filled with stories of people who were directly guided by God. Noah was guided to build an ark. Moses was guided to lead God's people. Mary and Joseph were guided to travel to Egypt to escape King Herod. But how does God guide us today? How do we know what He wants us to do? Is it possible to miss His guidance and mess up His plans?

In *Following God's Guidance*, you will explore the different ways God communicates to you and how you can learn to recognize His direction. You will see how He speaks to you through the Bible, through circumstances, and through a "quiet nudging" within your Spirit. Above all, you will learn how to discover God's presence and direction in a fresh way.

We hope you can join us!

For Books (\$5) or Questions, please see Penny Bond or Julie Bullard.

## Thursday mornings



On Thursdays in September children and their parents or caregivers are invited to come at 11:00 a.m. and share stories, songs, and a simple craft.

Even at the youngest ages, studies have shown that time spent reading, singing, and talking helps children to develop the skills they'll need later when they are ready to read. We'd like to build upon that and introduce children to the love of Jesus through story and song!

Questions? Contact the church office at (317) 356-3787



### Church Banks

We will distribute the plastic church banks on Sunday, September 8<sup>th</sup> and then collect them on Sunday, November 10<sup>th</sup>. This allows 9 weeks for our Good Shepherd family to save their money. This program has existed for many years and the intent is to keep the banks out visible and continually add to them throughout the designated time. The banks do suggest the accumulation of coins - but bills and checks are also welcome. Again this year the money raised will be used to assist families from Lowell Elementary School at Christmas time. We value and have been blessed with our relationship with the Lowell School. When you see your "Love in Action bank", say a prayer for those who may potentially be blessed by your contribution.

Extra banks are kept on the shelves by the Sanctuary doors. Some have saved their change throughout the year. This can really accumulate and have great benefits for those in need.

*"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you*

## Featured Mission of the Month: The Gideons International

Each month, we would like to highlight a story provided by one of our missions or missionaries that are being used by God to change the lives of His people. This story comes from The Gideons International:

Steven Dresen was not the probable candidate to be voted most likely to succeed in pastoral ministry. However, on the night of his high school graduation rehearsal, a New Testament from The Gideons found its way into his hands. What would unfold next in Steven's life is a testimony of God's grace and provision.

Steven was raised in Russell County, Alabama. His home life was not one that encouraged a knowledge of God, and Steven doesn't remember attending church as a child. As a high school student, the temptations of drugs and alcohol absorbed his young life. As Steven prepared for graduation, he felt a pull to enlist in the Navy. Steven received a New Testament from a Gideon on the night of graduation rehearsal - he didn't desire the gift but accepted it anyway, having no idea the impact it would make in his life down the road. Steven got off drugs, packed his bags, and headed off to boot camp at the Naval Station Great Lakes in Illinois. While adjusting to his new life, Steven decided to read the New Testament given to him. He came across Psalm 32:1 (ESV), "Blessed is the one whose transgression is forgiven, whose sin is covered." The words of Scripture penetrated Steven's heart - he was a sinner in desperate need of a Savior. There in the late night of boot camp, Steven accepted Jesus Christ as his personal Lord and Savior.

Steven left the Navy after receiving an honorable discharge for medical reasons. The Lord led Steven to Oswichee Baptist Church in Fort Mitchell, Alabama, where he publicly professed his faith in Christ through baptism. Denny Helton, the pastor, became like a spiritual father to Steven and took the time to invest in and mentor him over the years. Through this discipleship relationship, Steven felt a call to serve in pastoral ministry. He knew he needed to be prepared to live out this calling, so he left for Mount Vernon, Georgia, to attend Brewton-Parker College as a Christian Studies major. It was there Steven became active in the Baptist Collegiate Ministries and experienced valuable growth opportunities by serving on mission trips.

After graduating from college, Steven felt God's call to continue formal training and completed a Master's degree. While in seminary, Steven met Heather, whom he married in April 2011. Soon after, Steven sensed the Lord opening a door for him to begin serving full-time in ministry. A year later, he became an associate pastor and then went through the ordination process in 2013.

On the heels of seven years of pastoral ministry, Steven sees the biggest challenge in ministry today as general apathy to spiritual realities both inside and outside the church. "Many profess faith in Christ and church membership when there is no real sign of pursuing Christ - some haven't darkened the doors of a church in years," says Steven. Steven stays encouraged by seeing the Spirit of God move in the hearts and lives of people God has placed in his congregation. One instance he remembers vividly:

Last year, the husband of a church member who didn't know Jesus Christ as Lord and Savior had been experiencing several health problems. He began the year being diagnosed with congestive heart failure. Months later, he fell and broke his femur. All this time, I had been making every effort to share the Gospel with him, but he was disinterested. Soon after, the man fought a severe infection and nearly died. After he was taken off sedation and ventilation, praise the Lord, I was able to share the Gospel again. As a result, he received Jesus Christ in the intensive care unit. Recently, he passed away. To God be the glory, I was able to provide comfort to the family by pointing to the dramatic transformation God worked in the man's life between his salvation and death.

Driven by a love for the Word of God, Steven and his wife Heather continue in their passion for reaching people for Christ. Steven holds a special place in his heart for partnering with The Gideons International to best love his community as Christ taught. Since the night he opened a copy of God's Word given by The Gideons, Steven has dedicated his life to sharing the Gospel with others. A once unlikely candidate for pastoral ministry, he can now easily relate to the passion of Gideons - to win others to the Lord Jesus Christ.

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### **Friday Morning Ladies Bible Study**

This Bible study group will start with a get-acquainted breakfast on Friday, September 6th, at 9 a.m. at Blueberry Hill Restaurant on Washington Street.

The regular meeting time will be Friday's from 10:00 a.m. to noon. Their study will be "Growing in Wisdom and Faith" on the Book of James.

All women are invited to join this Bible Study.



# Mission Moments



2019 Theme: "If Not Us, Then Who?"

**Mac N Cheese Church:** We have a monthly pledge of 150 boxes of Macaroni and Cheese to Fletcher Place Community Center, so make sure you donate a few boxes during the month of September. Extra boxes will be donated to God's Bounty food pantry. Any questions, ask Dick Nye.

**Fletcher Place Community Center:** Hope. Compassion. Renewal, 1637 Prospect St., Indianapolis, IN 46203, 317-636-3466. We are their flagship for September. Kids on a Mission will be collecting for them on Sunday, September 9<sup>th</sup> and 15<sup>th</sup>. The Kids will be shopping on Sunday, September 15<sup>th</sup>. Volunteers are always welcome.

[www.fletcherplacecc.org](http://www.fletcherplacecc.org)

**Old Bethel Food Pantry:** Opportunities to volunteer. If interested, contact Dick Nye.

**Servant's Heart:** Good Shepherd is scheduled to help on the 4th Thursday of each month. Clients are scheduled to shop between 6:30 pm and 9:00 pm. Volunteers should arrive at least 15 minutes early. Call 317-788-9433 with questions about volunteering or visit [www.servantsheartofindy.org](http://www.servantsheartofindy.org).

**Mission Committee Members:** Jessica Albright (chairperson), Dick & Sue Nye, Bob Gregory, Tina Mercer, Rebecca Conger, Larry & Marge Sweany, and Jim & Judy (treasurer) Jones. All members are active and contribute so much.

**Matthew 25:40:** The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

## MESSAGE FROM DIRECTOR OF FAMILY MINISTRIES

"Mosquitoes, black flies, and ticks. Oh my!" was a slogan on a t-shirt sold in the Upper Peninsula (U.P.) of Michigan some years ago. I didn't buy the shirt, however, did find it to be both amusing as well as true. You never know what to expect during July or August in that part of the state. Some years, it's the black flies and some years, it's horse flies. Every year, there are mosquitoes! While my favorite place to be is anywhere my children are, my roots are in the U.P. (also known as "God's Country"). There may be bugs or bears, or 80 degree days coupled with 40 degree nights in the middle of summer, but I absolutely love it! The trees, the lakes, the various calling birds.... I meet God there. Our recent vacation was no exception.

This year, it seemed like all the insects were out in full force. The wicked pinch of the black fly during the day and the persistent buzz of the mosquito in the evening. We shared our cabin with a few mice, which made bedtime extra exciting, and we spent an afternoon in the Emergency Room waiting to have a fishing hook removed from a thumb. Folks might say that I'm not painting an inviting picture for a summer vacation along Lake Superior. And that might be absolutely accurate for some. If you don't have "Yoooper" (native to the U.P) blood running through your veins, then there may be years when the peace and tranquility of Upper Michigan is outweighed by the bug bites and cool temperatures. It's a matter of perspective.

A person very dear to my family is in the midst of a battle with cancer and was not able to go on vacation with us this year. He wasn't absent because he wanted to be; rather, he was absent because chemo treatments and cautions kept him at home. I was mindful of that in the midst of wildly fluctuating weather, welts from insect bites, grumpy people, and crazy traffic. Perspective - What might seem awful or uncomfortable in a moment to you, might be a situation that another person would give anything to experience rather than the reality that she/he is actually in the midst of experiencing. The need for an extra squirt of insect repellent or having to grab a sweatshirt to ward off the evening chill is nothing compared to someone facing another round of grueling cancer treatment.

Perspective. That word resounded though my mind during the course of our trip. I came home contemplating it. I am mindful that I do not always keep things in proper perspective. Scripture tells us of a time when Jesus healed 10 lepers and only one chose to come back and offer Him thanks and praise. May God find us today, choosing to find the opportunities for praise and thanksgiving. May we see through a lens of "God's perspective."

*Susan Nyquist*

# September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 9:00A Worship Service 10:15A Sunday School	<b>2</b> <b>LABOR DAY</b> Church office closed	<b>3</b> 9:00A Sewing Ladies 7:00P Cub Scouts	<b>4</b> 1:00P Euchre & Dominos	<b>5</b> 11:00A Childrens Sto-rytime	<b>6</b> 10:00A Ladies Bible Study	<b>7</b>
<b>8 Grandparent's Day</b> 9:00A Worship Service 10:15A Sunday School Church Banks	<b>9</b> 6:00A Men' s Bible Study 9:30A Golden  Shepherds 6:30P Ladies Bible Study	<b>10</b> 9:00A Sewing Ladies 7:00P Cub Scouts	<b>11</b>	<b>12</b> 11:00A Childrens Sto-rytime	<b>13</b> 10:00A Ladies Bible Study	<b>14</b>
<b>15</b> 9:00A Worship Service 10:15A Sunday School 6:00P Ad Council	<b>16</b> 6:00A Men' s Bible Study 6:00P Gideon' s Cabinet Mtg. 6:30P Ladies Bible	<b>17</b> 9:00A Sewing Ladies 7:00P Cub Scouts	<b>18</b> 1:00P Lambda Beta Tau	<b>19</b> 11:00A Childrens Sto-rytime	<b>20</b> 10:00A Ladies Bible Study	<b>21</b> 5:00P Hog Roast & Fall Festival
<b>22</b> 9:00A Worship Service 10:15A Sunday School	<b>23</b> 6:00A Men' s Bible Study 6:30P Ladies Bible Study	<b>24</b> 9:00A Sewing Ladies 7:00P Cub Scouts	<b>25</b>	<b>26</b> 6:30P Servant' s Heart 11:00A Childrens Sto-rytime	<b>27</b> 10:00A Ladies Bible Study	<b>28</b>
<b>29</b> 9:00A Worship Service 10:15A Sunday School	<b>30</b> 6:00A Men' s Bible Study 6:30P Ladies Bible Study	<b>OCTOBER NEWSLETTER DEADLINE</b> Please have your information into the church office by Tuesday, September 10th.				



Don't forget your **MAC 'n CHEESE**  
for Fletcher Place



## September Celebrations

Birthday blessings to:

Pat Patterson ..... 9/2  
 Boyd Pence ..... 9/2  
 Gabriel Dowling ..... 9/3  
 Barbara Ercole ..... 9/3  
 Doug Walters ..... 9/4  
 Donna Irish ..... 9/5  
 Joan Jackson ..... 9/6  
 Laura Winegar ..... 9/8  
 Edith Smit-Roeters ..... 9/10  
 Sandy Brock ..... 9/12  
 Jim Cooning ..... 9/13

Art Smit-Roeters ..... 9/13  
 Abby Cox ..... 9/14  
 Jamie Johnson ..... 9/16  
 Elaine Shadiow ..... 9/16  
 Jo Jackson ..... 9/17  
 Shirley Shipley ..... 9/18  
 Daesha Eubanks ..... 9/20  
 Mark Brock ..... 9/23  
 Debbie Basham ..... 9/29  
 Ron Specht ..... 9/30

Harold & Frances Amonett 9/4  
 Doug & Julie Bullard 9/6  
 Glenn & Emily Hirst 9/10  
 Ron & Penny Bond 9/11  
 Kevin & Paula Doerr 9/12  
 Jim & Judy Jones 9/17  
 Dave & Myra Brier 9/22





**2015 S. Arlington Ave.  
Indianapolis, IN 46203**

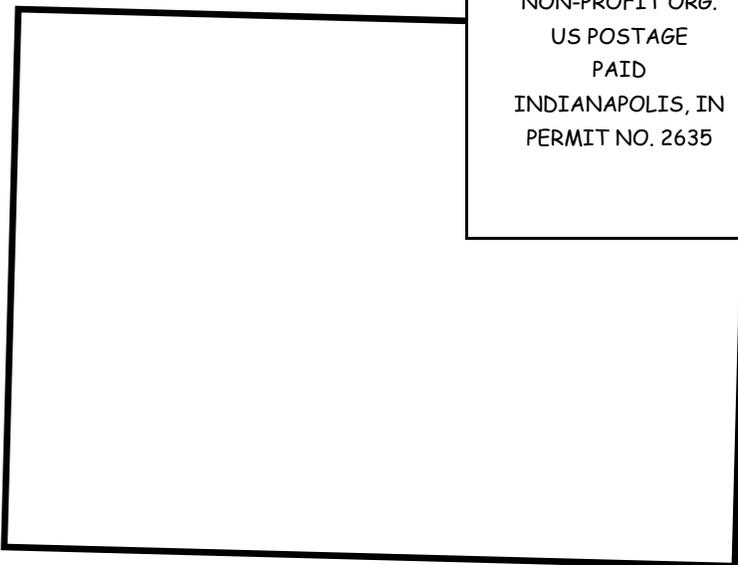
**Worship Schedule**

Traditional Worship Service      9:00 AM  
Sunday School                              10:15 AM

**Bible Studies**

Men's Bible Study - Monday      6:00 AM  
Ladies Bible Study - Monday      6:30 PM  
Ladies Bible Study - Friday      10:00 AM

**VISITORS ARE ALWAYS WELCOME!**



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We're on the web—[www.gsumcindy.org](http://www.gsumcindy.org)  
Facebook: <https://fb.me/GoodShepherdUMCindy>

**Phone: (317) 356-3787 Fax: (317) 356-7071**

## **September Worship Services**

September 1	"Then, Jesus asked them"	Scripture: Luke 14:1,7-14
September 8	"The Cost Of Being A Disciple "	Scripture: Luke 14:25-33
September 15	"Rejoicing"	Scripture: Luke 15:1-10
September 22	"No One Can Serve Two Masters"	Scripture: Luke 16:1-13
September 28	"A Great Chasm"	Scripture: Luke 16:19-31