

Our Vision Statement:

Following Christ through intentional prayer, unconditional love, compassionate service and sacrificial giving.



The Shepherd's Staff

Volume 19 Issue 10

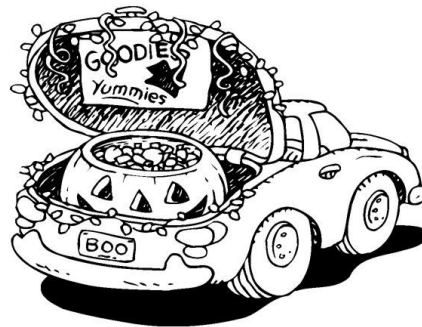
October 2019



TRUNK OR TREAT!!!

Saturday, October 26, 2019

4:00 - 6:00 p.m.



Kids are invited to this Halloween alternative in the back parking lot at Good Shepherd United Methodist Church

The kids will collect their Halloween treats from the decorated trunks of cars. There will be several games and fun for all, plus you can vote for the best decorated trunk,

FROM
THE
PASTOR



Well, we will try again...maybe...just maybe...Fall and its cooler weather will arrive in central Indiana in October.

For those of us who like the crisp air, the falling leaves and the promise of snow just around the corner, this time of year is both exciting and beautiful.

The coming weeks and months of raking leaves, Halloween, Thanksgiving, Advent, Christmas and the New Year will be full of family, old friends, loved old traditions and maybe some new ones that reflect our past, our present and our future at Good Shepherd.

I pray that you will join Family Ministries, Little Lambs and myself in the return of an old fashioned Trunk 'R Treat to our church and community. This is a wonderful opportunity to invite our neighbors, our community, our friends and our families to come together on the grounds of Good Shepherd.

Let us work together to shine the light of our Lord and Savior, Jesus the Christ to those who be on our grounds...especially to those who might have never been at Good Shepherd or who have not visited our church family in a while.

As we cruise onward through Fall and into Winter, may we all stay warm in the fire of the Holy Spirit, may we all remain joyful in the Good News of salvation through Jesus Christ, may we all rest in the love of God and may we all continue in our mission to make disciples of Jesus Christ for the transformation of the world.

Peace,

Pastor Mark

ADMINISTRATIVE COUNCIL MINUTES – SEPTEMBER 15, 2019

The meeting of the Administrative Council was called to order at 6:00 p.m. by Kent Conger. Dick Nye led us in Prayer and devotions.

It was moved, seconded and passed to accept the September 15, 2019 Agenda as provided.

The Minutes for August 18, 2019 were revised with the following changes: change the word "Faithful" to "Fruitful" regarding the July 21, 2019 Minutes; under New Business change the new system cost to \$973 and change the description of the new equipment to state "that we could now put the Liturgist back on the wireless system that the pastor has been temporarily using for the past few months." It was moved, seconded and passed to accept the August 18, 2019, Minutes as amended

Financial Report: Marilu Propps reported that our current General Fund Checking balance as of Thursday, September 12, was \$52,943.22. She reported that all payroll taxes and reports are current. She added that the Net Operating Total for August was a negative (\$130.25) and that this was because the giving in August was \$10,000 less than in July and that the Expenses were \$4,000 less than in July. Marilu was asked if the August Parsonage Rent had been paid, since the report showed zero income for August. She explained that July rent was paid at the first of July and that the August rent was paid and deposited at the end of July and that this was why the August payment did not show up on the August Financial Statement. She was also asked about the Insurance payments. She reported that the invoice we had just received for over \$10,000 was going to be split into 4 payments, 2 in 2019 and 2 in 2020. There being no further questions, the July 2019 Financial Statements will be filed for audit.

Director of Family Ministry's Report: Susan Nyquist reported that the Youth Group had gone on a hike last month at Ft. Harrison State Park and that they had so much fun that they were going on another hike at Ft. Harrison on Sunday, October 13th, right after Sunday School. Susan also announced that there would be a Trunk or Treat event on Saturday, October 26th, 4-6 p.m. She said that there would be another Chili Cook-Off and Family movie night in December. She said that the new Children's Storytime was going so well that she is extending it through November.

Committee Reports: Staff Parish: Ron Specht reported that the SPR Committee met to establish the Pastor's and Staff's 2020 salaries. Motion was made, seconded and passed to increase all staff compensations by 3% and that the Pastor's increase was to be applied to his Housing Allowance.

Trustees: Jessica Albright made the motion to make our loan payments of \$689.14 out of our Designated Checking, Heating System, Account #80259, until funds are no longer available in this Designated Checking account and then make the payments using the Trustees, Loan Payment, Account #51318. This motion was seconded and passed by vote.

Pastor's Report: Pastor Mark asked everyone to refer to Nomination Committee report of the Administrative Council slate of Officers and Committees that had been handed out earlier. Debbie Specht pointed out that the Congregational Care Committee had not been added to this list. Pastor said that this would be added to the report. He also pointed out that Jon Albright will be our new Lay Delegate to Annual Conference. It was moved that the Nominations Committee report that was on the floor with the addition of the Congregational Care Committee be accepted. This was seconded and passed by vote.

Kent announced that the next Ad Council meeting would be on Sunday, October 20, at 6:00 p.m.

There being no further business, it was duly moved, seconded and passed to adjourn the meeting at 6:30 p.m. followed by Pastor Mark giving the closing prayer.

Respectfully submitted, Marilu Propps, Secretary

Attendees: Jess Albright, Jon Albright, Kent Conger, Rebecca Conger, Vince Crabb, Tina Mercer, Richard Nye, Sue Nye, Susan Nyquist, Jack Pope, David Rinehuls, Debbie Specht, Ron Specht, Kathy Steward, Estella Storms, Pastor Mark, Kim Webb, Penny Bond, Ron Bond, Doug Bullard, Julie Bullard, C. T. Vowell and Marilu Propps

Charge Conference

This year's Charge Conference will be held on Thursday, October 3, at 6:00 p.m. at Irvington Methodist Church.

All members of Good Shepherd UMC are invited to attend. We would like to have a good representation from our church.



Fun for Seniors

Golden Shepherds

The Golden Shepherds meet at 9:30 a.m. in Fellowship Hall on the first Monday of every month. Their next meeting is scheduled for Monday, October 7th. The entertainment after the meeting will be a puppeteer. **Everyone 55 and over is welcome to join these recycled teenagers.**

Fall Fun with United Methodist Women

Join us for an afternoon of fun, fellowship and service on Wednesday, October 9, from 1 to 3 p.m. in the church lounge! The United Methodist Women (UMW) is a faith-based membership organization of laywomen within The United Methodist Church. UMW members are committed to growing as disciples of Jesus Christ in community with other women and advocating on behalf of women, children and youth around the world.

At our October meeting we will be completing our mission focus for this year in service to our own Little Lamb's Children's Ministry. We will be planning on our volunteer opportunities for October through December along with making some gifts for our Little Lamb children and staff. Please bring a bag of wrapped candy (no hard candy which could prove to be a choking hazard) to contribute to their fall pumpkins and party and treats for their Christmas stockings.

UMW will be volunteering with the pumpkin patch at their fall party, October 31st. Volunteers are still needed to help children select and decorate their pumpkin. We will also be assisting at their Thanksgiving Feast, November 27th, their Polar Express Day, December 16th, preparing and serving hot chocolate and cookies and December 20th with their Christmas Party. Come and join the fun! Call Debbie at 317-439-4055 to volunteer a few hours of your time to share the love of Christ with these special children and staff.

This October 9th meeting will be our last UMW meeting for 2019, so please put the date on your calendar!! You don't want to miss out!



Church Banks

"If not us, then who?"

Keep working on your church banks. They will be collected on Sunday, November 10th.

This program has existed for many years and the intent is to keep the banks out visible and continually add to them throughout the designated time. The banks do suggest the accumulation of coins - but bills and checks are also welcome.

Again this year the money raised will be used to assist families from Lowell Elementary School at Christmas time. We value and have been blessed with our relationship with the Lowell School. When you see your "Love in Action bank", say a prayer for those who may potentially be blessed by your contribution.

Extra banks are kept on the shelves by the Sanctuary doors. Help yourself if you need another one.

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me"

Henderson Mission Trip 2019

Ten members of Good Shepherd will leave for Henderson Settlement on October 13th. If you are attending this mission trip, mark your calendar for a quick meeting on Sunday, October 6th, directly after Sunday School. If you are not attending this mission trip, we ask that you are in prayer for those on the trip, for the work that God will do through us during the week, and for those in the community struggling with poverty.

Slow Cooker Three-Bean Chili

- 1 can (15 oz.) black beans, rinsed & drained
- 1 can (15.5 oz) garbanzo beans, rinsed & drained
- 1 can (15.5oz) kidney beans, rinsed & drained
- 1 cup dried lentils (8 oz), sorted & rinsed
- 1 large vegetarian vegetable bouillon cube, crumbled
- 1 envelope (1.25 oz.) chili seasoning mix
- 3 cups water
- 1 can (10 oz) diced tomatoes & mild green chilies, undrained
- 1 can (15 oz) tomato sauce

1. Mix all ingredients except tomatoes and tomato sauce in 3-4 quart slow cooker.

2. Cover and cook on low heat setting 8 - 10 hours.

3. Stir in tomatoes and tomato sauce. Increase heat setting to high. Cover and cook 5 minutes or until heated through. Makes 8 servings (about 1 cup each)

Youth Group Scoop



The Jr/Sr High youth had such an amazing time with our hike at Ft Harrison State Park last August that we are going to go back and do it again! Our next hike will be Sunday, October 13th, immediately following Sunday School.

Bring a sack lunch, wear your hiking shoes, and come prepared for a good time! We will be taking the 3 mile Fall Creek Trail and it's sure to be fabulous. Families are welcome to join us!

If you plan to join us, please RSVP to Susan Nyquist via email at "susanbjoyful247@gmail.com" or text (513) 376-1115 by Wednesday, October 9th.



Mission Moments



2019 Theme: "If Not Us, Then Who?"

Mac N Cheese Church: We have a monthly pledge of 150 boxes of Macaroni and Cheese to Fletcher Place Community Center, so make sure you donate a few boxes during the month of September. Extra boxes will be donated to God's Bounty food pantry. Any questions, ask Dick Nye.

Fletcher Place Community Center: Hope. Compassion. Renewal, 1637 Prospect St., Indianapolis, IN 46203, 317-636-3466. Volunteers are always welcome. www.fletcherplacecc.org

Old Bethel Food Pantry: Opportunities to volunteer. If interested, contact Dick Nye.

Servant's Heart: Good Shepherd is scheduled to help on the 4th Thursday of each month. Clients are scheduled to shop between 6:30 pm and 9:00 pm. Volunteers should arrive at least 15 minutes early. Call 317-788-9433 with questions about volunteering or visit www.servantsheartofindy.org.

Mission Committee Members: Jessica Albright (chairperson), Dick & Sue Nye, Bob Gregory, Tina Mercer, Rebecca Conger, Larry & Marge Sweany, and Jim & Judy (treasurer) Jones. All members are active and contribute so much.

Matthew 25:40: The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'



Featured Mission of the Month: Red Bird Mission

Each month, we would like to highlight a story provided by one of our missions or missionaries that are being used by God to change the lives of His people. This story, "God is our contractor", comes from the Red Bird Mission:

The houses are not mansions, but they are well built, debt free, and adequate for the families that receive them with gratitude. Jennifer spoke for her husband, Felix, at the fourth Red Bird Build house dedication, "You have blessed me and my husband. We are extremely grateful for all you have done for us."

Rev. Jim Clardy, St. Mark UMC Executive Pastor in Murfreesboro, TN, recounted how a chance encounter at a rest stop on the way to the dedication elicited gratitude from a curious stranger. The man repeated, "We appreciate what y'all are doing," several times when Rev. Clardy explained that they were going to dedicate the fourth Red Bird Build home completed in three years under the leadership and work of Paul Givens.

After the dedication, Kari Collins, Red Bird Mission Executive Director, called attention to the red exterior door that is a distinguished trait for each home built. She also recalled how Mr. Givens first came with the vision, "to provide a new home for a family with no mortgage in order for them to realize their hopes and dreams for the future."

Les Allen, Red Bird Mission Board member, volunteered several times with the construction of this latest home. He was quick to point out that this project represents many people from many churches in Tennessee. "The Lord gives us different gifts - somebody with an idea, somebody says 'I can do this part', somebody can fund it, people pitch in, and all of a sudden, all of the pieces come together in this building, this home."

Karen Alexander presented a house warming basket extending a blessing to Jennifer and Felix from those that were a part of this project saying, "We give God the glory. We say God is our contractor; we're the subcontractors. None of us are builders. Everybody worked together and that's why it's worked - because God is our contractor."

October 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOVEMBER NEWSLETTER DEAD-LINE Please have your information into the church office by Tuesday, October 14th.		1 9:00A Sewing Ladies 7:00P Cub Scouts	2 1:00P Euchre & Dominos	3 11:00A Children's Storrytime 6:00P Charge Confer-	4 10:00A Ladies Bible Study	5
6 9:00A Worship Service 10:15A Sunday School 6:30P Worship Comm.	7 6:00A Men's Bible Study 9:30A Golden Shepherds 6:30P Ladies Bible Study	8 9:00A Sewing Ladies 6:30P Finance Comm. 7:00P Cub Scouts	9 1:00P U. M. W.	10 11:00A Children's Storrytime	11 10:00A Ladies Bible Study	12
13 PASTOR APPRECIATION 9:00A Worship Service 10:15A Sunday School 11:15A Youth Hike Mission Team leaves for Henderson	14 6:00A Men's Bible Study 6:00P Gideon's Cabinet Mtg. 6:30P Ladies Bible Study	15 9:00A Sewing Ladies 6:00P Little Lambs Board Mtg. 7:00P Cub Scouts	16 1:00P Lambda Beta Tau	17 11:00A Children's Storrytime	18 10:00A Ladies Bible Study	19
20 9:00A Worship Service 10:15A Sunday School 6:00P Ad Council	21 6:00A Men's Bible Study 6:30P Ladies Bible Study	22 9:00A Sewing Ladies 7:00P Cub Scouts	23	24 11:00A Children's Storrytime 6:30P Servant's Heart	25 10:00A Ladies Bible Study	26 4:00-6:00pm Trunk or Treat
27 9:00A Worship Service 10:15A Sunday School	28 6:00A Men's Bible Study 6:30P Ladies Bible Study	29 9:00A Sewing Ladies 7:00P Cub Scouts	30	31 11:00A Children's Storrytime HALLOWEEN		



Don't forget your **MAC 'n CHEESE**
for Fletcher Place



September Celebrations

Birthday blessings to:

Colleen Lindsey 10/1
 Kyle Marshall 10/6
 Howard Smallwood 10/6
 Amanda Melton 10/10
 Donna Pope 10/11
 Phil Saucerman 10/11
 Riley Wilson 10/14
 Jenny Padgett 10/14
 Gus DeWitt 10/16

Randy Webb 10/19
 Glenn Hirst 10/20
 Nate Perkins, Sr. 10/22
 Jacob Masters, Jr. 10/26
 Conrad Chrisman 10/27
 Mildred Hudson 10/27
 Amanda Woodson 10/29
 Lucas Simon 10/31



John & Terri Johnson 10/4
 Fred & Judy Young 10/9
 Lee & Jenny Melling 10/23



**2015 S. Arlington Ave.
Indianapolis, IN 46203**

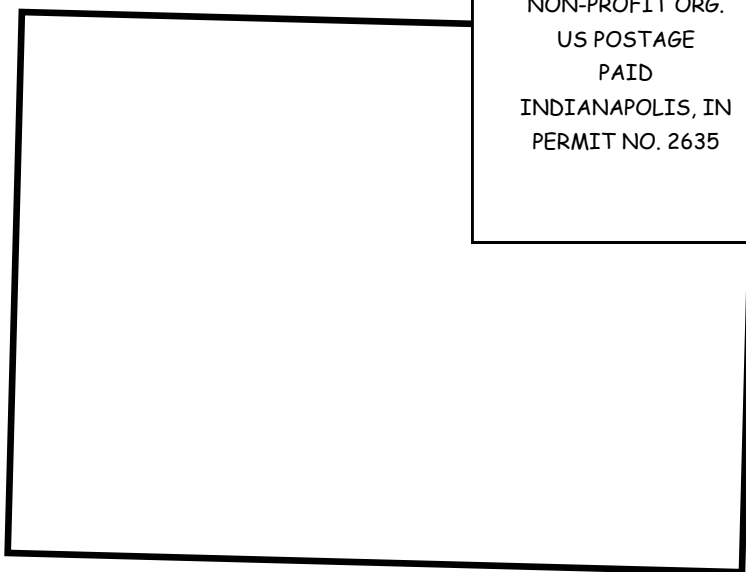
Worship Schedule

Traditional Worship Service 9:00 AM
Sunday School 10:15 AM

Bible Studies

Men's Bible Study - Monday 6:00 AM
Ladies Bible Study - Monday 6:30 PM
Ladies Bible Study - Friday 10:00 AM

NON-PROFIT ORG.
US POSTAGE
PAID
INDIANAPOLIS, IN
PERMIT NO. 2635



VISITORS ARE ALWAYS WELCOME!

We're on the web—www.gsumcindy.org
Facebook: <https://fb.me/GoodShepherdUMCindy>

Phone: (317) 356-3787 Fax: (317) 356-7071

HEALTH NOTES



BY JUDY JONES



3John2: Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

October is Vegetarian Awareness month. A vegetarian is someone who does not eat meat, and sometimes other animal products, especially for moral, religious, or health reasons. There are several kinds of vegetarians.

Vegan: the strictest of all - eats only plant products - no meat, poultry, seafood, milk or eggs. **Lacto:** eats dairy products along with a plant based diet. **Ovo:** eats eggs along with a plant based diet. **Lacto-ovo:** (the most common type) eats both eggs and dairy products with the plant based diet. **Pescatarian:** eats fish with a plant based diet- some may consume milk and egg products. **Flexitarian:** (semi-vegetarian) diet is mostly plant based, but may occasionally consume limited quantities of meat, poultry and fish.

Health benefits of a vegetarian diet are: 1) Low in fat - particularly saturated and trans fats. 2) Low in cholesterol (a vegan diet is cholesterol free). 3) High in dietary fiber. 4) Contains large quantities of fruits, vegetables and legumes. 5) High in antioxidants. People who follow a vegetarian diet are at a lower risk for obesity, cardiovascular disease, hypertension, type 2 diabetes, diverticulosis, renal disease, some cancers and gallstones. According to the Vegetarian Resource Group, 43% of American adults eat one or more vegetarian meals a week. There is a general recommendation of considering Meat Free Mondays - try being meat free one day a week.

Thursday mornings



On Thursdays in October, children and their parents or caregivers are invited to come to the church at 11:00 a.m. and meet in the Narthex to share stories, songs, and a simple craft.

Even at the youngest ages, studies have shown that time spent reading, singing, and talking helps children to develop the skills they'll need later when they are ready to read. We'd like to build upon that and introduce children to the love of Jesus through story and song!

Questions? Contact the church office at (317) 356-3787