

# The Messenger

MANCHESTER UNITED METHODIST CHURCH

January 26, 2007

VOLUME XI



Betsy Vicente  
New Member and Volunteer  
Coordinator

## Edamame-mia!

I'm sure that you, unlike me, know what an edamame, pronounced ed-uh-MA-may, is. I found a bag of them in my freezer! So I called our daughter and asked the obvious: "What do I do with these?"

Our daughter, Shannyn, is vegetarian. When she was here for Christmas we did our shopping at Trader Joe's and came home with more than just one thing that I really didn't quite know what it was. A bag of these strange green bean things was one of them.

I called her long distance and she explained that edamames are simply soybeans and she told me how to prepare and eat them, and you know what? They're quite good, actually.

Since I turned 40 (a few years ago!) I've challenged myself to do or try something new every year. New is good – it challenges our minds, our senses, our bodies. New can be life changing – new eating habits, new job, new friends, new exercise routine. New is easy for some of us and really difficult for others, I understand that. Easy or difficult, new usually helps us grow in our understanding of ourselves and others.

New can be good as we practice Seeking, Sharing and Serving Christ here at MUMC. I've been encouraging each one of you for the past seven years to simply practice the art of "WORSHIP + 2." Worship each week + find a ministry that feeds your soul + find a ministry that helps feed the soul of another. Sounds simple enough!

But is it too easy? Do you practice it so automatically in the same way that you have for years that it feels like you're in a rut? Maybe this year is the time for trying something NEW!

If you've never attended a Saturday evening worship service, or a Contemporary service, or even a traditional service – try it just once! I guarantee you'll meet new people that you didn't even know go to MUMC. If you've never attended an adult Sunday School class – try it! If you've never invited someone to attend your church – do it! It could be the best gift that you could ever give someone. If you've never fed the homeless, or taught children's Sunday School, or been a teen's Confirmation mentor – try it – the gift of your time and service could literally change the life of another person (and just might change yours!).

Challenge yourself to do/try something NEW in this New Year!

Eat some edamames! (Or not!)

*Bon appétit!*

## Betsy

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Read Carl's blog on the web:  
[www.faithandempire.com](http://www.faithandempire.com)

Pastor Erik has one, too!  
[www.pastorerik.com](http://www.pastorerik.com)

## MESSAGE FROM CARL

Dear Friends,

I am well into my tenth year as your pastor! Whenever I think of that, I am amazed at how the time has passed. The first Sunday I was in your pulpit, Larry Burchardt was Head Usher.

*Year in and year out, Larry has been here Sunday by Sunday with a smile for everyone.*

Over these years, Larry has been there nearly every Sunday. He arrives at the church around 7:00 a.m. to prepare the bulletins, baptismal water, and many other details related to the service. He remains throughout the morning coordinating the usher crews until the end of the last service and often does not get away from the church until nearly noon or sometimes beyond.



Year in and year out Larry has been here Sunday by Sunday with a smile for everyone. There has been no volunteer that has come close to accumulating an equal number of hours of Sunday morning service. Larry has gone about this quietly without seeking accolades or personal credit.

For some time before becoming Head Usher, Larry was a member of the Sojourners Sunday School Class. His service as Head Usher has prevented him from participating in this class which he has loved.

As we begin the new year, Larry as indicated to me that he wishes to return to Sunday School and to lay down his duties as Head Usher. While I regret losing Larry's loyal service as Head Usher, I applaud his decision to "feed his soul" in Sunday School.

Further, it is the desire of the Vision Council that all ministry leaders cycle off after a time of leadership. Ministries are often invigorated by new leadership and leaders are rejuvenated by new challenges. Often leaders need a time to recharge their spiritual batteries in worship, study, prayer groups, or other forms of volunteer ministry.

Larry has been an example of faithful and devoted leadership in his role as Head Usher. As he now returns to his Sunday School Class, he models the healthy leadership cycle. My thanks to Larry as one example of the hundreds of faithful volunteers in ministry here at MUMC.

I hope to see you in worship this week.

Grace and Peace,



Carl L. Schenck  
Senior Pastor

### Our Financial Commitment to Christ

Phil Estes, Business Administrator

#### Operating Commitments through December 31, 2006

Commitments Received	\$2,753,626
Expense	\$2,626,115
<b>Surplus (Deficit)</b>	<b>\$127,511</b>

#### Building Fund Commitments through December 31, 2006

Current Commitment Total	\$373,291
Total Collected	\$442,473
<b>Remaining Balance</b>	<b>\$0</b>

MUMC has collected 118.53 percent of the total 2006 Building Fund Commitment.

#### Attendance

Average weekly worship attendance through December was 1427, a 2.83 percent decrease over the same period in 2005.



### 50th Anniversary Lunch

The 50th Anniversary Lunch is coming up. On **February 11** we will be honoring all of the couples who have been married for 50 years or more. Immediately following the 10:30 service, a lunch will be served with entertainment to follow. During the service and the lunch, pictures of the couples from wedding day to present will be shown on the big screens. Please join the celebration! Simply sign up in the worship bulletin or call J.J. Hancock at **(636) 225-0247**. We also need volunteers to help decorate and serve the lunch.

Unable to attend? Use the bulletin sign-up sheet to inform us of your 50th anyway. We want to recognize your special anniversary.

### A Message from Room at the Inn

Thanks to all who have donated new and gently used toys to this ministry. Our cupboard is now full! Your response is greatly appreciated.

Sincerely,  
Peggy Bennington, Coordinator RATI

### New Member Class Coffee with the Pastors Sunday, March 4



New members are invited to spend Sunday afternoon getting to know our pastoral staff, learn about our ministry program, and take their vows and receive Holy Communion.

2 – 3 p.m.  
Meet in room 133 for dessert and coffee. Welcome to MUMC!

3 – 4 p.m.  
Ministry opportunities at MUMC

4 – 4:30 p.m.  
Take your membership vows and celebrate Holy Communion in our historic chapel.

For information, contact Betsy Vicente at **(636) 200-4720** or [betsy.vicente@manchesterumc.org](mailto:betsy.vicente@manchesterumc.org).

Childcare is provided for ages under 12 from 2 – 4:30 p.m. Care must be scheduled in advance, so please call Sally Cleveland at **(636) 200-4743** or email her at [sally.cleveland@manchesterumc.org](mailto:sally.cleveland@manchesterumc.org).



### Joy of Music Concert Series Presents



### Swingin' the Night Away

Sunday, February 18  
7:30 p.m.

Tickets on sale now! General admission is \$10, and preferred seating, front and center, is \$20.

In this annual fund-raising concert, the Chancel Choir presents an evening of the best in swing and big band music, made famous by Ray Charles, Ella Fitzgerald, and many others! To purchase tickets, please call **(636) 200-4728**.

## MINISTRY AND FELLOWSHIP

### Enroll Now at Marriage University

We are proud to announce that MUMC's Marriage University is beginning its fourth year of supporting healthy marriages by continuing to offer marriage education courses for both engaged and married couples. We are the only church that is offering these courses on a regular basis to both members and nonmembers. These courses teach communication and conflict resolution skills that can strengthen relationships at any stage of marriage. The classes are part of a series of classes developed by Interpersonal Communication, Inc. and have been taken by more than 600,000 couples nationwide. MUMC has certified leader couples trained specifically to lead these classes in a fun and interesting way.

#### Talking and Listening Together

The next class to be offered by Marriage University is the beginning class "Talking and Listening Together." This is an eight-hour class taught on four consecutive Wednesday evenings (each class session lasts two hours). Classes will begin on **Wednesday, February 7** and end **February 28**. Classes are from 6:30 to 8:30 p.m. Child care is available.

#### Registration

Cost for the course and the materials is \$90.00 per couple. Enrollment is limited to twelve couples, so early sign-up is recommended. Call Jan Doyle at **(636) 200-4723** to reserve a place in the class. Questions? Call instructors Judy and Dave Craft at **(636) 391-1559**.

We hope you will take advantage of this great class to strengthen your relationship. There is no better investment for the future of your marriage. See you in class.



### Collection Connection Saves Trees!

MUMC has been very successful with special donation requests. Thank you! As a result, our Sunday bulletin is bursting with long lists. We can free up space and save a few trees by placing the detailed lists for pick up at the **Collection Connection**.

Here's how to communicate Donation Needs and lighten the Sunday Bulletin paper load:

- If cash donations will also be accepted, make sure the fundraiser is approved by the Finance Ministry Team.
- Submit an announcement (75 words or less) to Eedy Gustafson for the bulletin and/or The Messenger. eedy.gustafson@manchesterumc.org or **(636) 200-4702**.
- Submit the detailed list of items needed to Eedy Gustafson as well.
- Your detailed list will be placed in the **Collection Connection** information wall-rack (30-day limit please).



### ALL DAY SCRAPBOOKING CROP!!

Saturday, February 10

9 a.m. - 5 p.m.

Room 141

The Sarah Scrapbooking Circle and Mom-to-Mom Cropping Group will be hosting an all day crop to help you organize, get started, or catch up on your albums! Invite your friends and neighbors and come join us part of the day or all day for fellowship, fun, and COMPLETED ALBUM PAGES!!! Bring your favorite snack to share with the group!

Please RSVP as soon as possible to:

Leona Dunsmoor **(636) 294-3979** or [ldunsmoor@aol.com](mailto:ldunsmoor@aol.com), or  
Trish Gruender **(636) 391-8266** or [trishgruender@yahoo.com](mailto:trishgruender@yahoo.com).

Thank you for your help as we work together in community outreach.

#### FYI

Collection Connection Lists currently available :

- Centenary Cares
- Epworth Children's Home
- Kingdom House
- Lydia's House
- Meal-A-Month
- Metro Homeless Center & Family Services

### Shopping for Our Dreams

As always, gift cards to Dierbergs, Schnuck's, and Shop 'n Save can be purchased on Sunday mornings in one of the Narthex areas OR during the week in the church office. MUMC receives five percent of the face value of each card. The new Schnuck's eScrps card is free; after it is registered, MUMC receives up to three percent of purchases made using the card.

Also, you can shop online for items from A to Z at your favorite stores from the comfort of your home. While you save time and gas, an average of ten percent of your purchases are donated back to MUMC! You'll find an abundance of online specials, no-shipping-cost offers, tax-free stores, gift cards, and access to each store's full stock. Go to [www.bign.com/manchesterumc](http://www.bign.com/manchesterumc) and click on the 'Big N Marketplace' for access to 90+ major retailers. For questions call the church at (636) 394-7506 or use the 'Help' button.

Thank you for shopping for our dreams!

[www.bign.com/manchesterumc](http://www.bign.com/manchesterumc)



### Young Adult Adventure SUPER BOWL PARTY!

Sunday, February 4  
4:30 p.m.— end of game

If you're a 20-or-30-something, come watch the game with us at Kandi and Brandon's place (165 Steamboat Lane in Ballwin). Meat will be provided, but please bring a dish to share. Questions, or to RSVP, email Sharon at [sharonpeebles@gmail.com](mailto:sharonpeebles@gmail.com).



Souper Bowl Sunday and 30-Hour Famine are coming! Two great ways to support our youth as they support local and global hunger missions. On **February 4**, youth will once again hold soup kettles between services to collect donations and collect cans of soup at their Super Bowl party to donate to Circle of Concern and help alleviate hunger in West County.

Then, **February 10 and 11** the youth will lock in and learn more about global hunger and how they can make a difference. **February 23 and 24** they will fast for 30 hours and spend Saturday working at Centenary Cares cooking and serving a meal to the homeless of our area. During the month of February they will be collecting donations from family, friends and neighbors to make a difference in the lives of children around the world. Just a dollar a day feeds a child for a day. Last year our group collected over \$12,000 and was able to provide food and medical care for 34 children for A YEAR! Please help them top that total this year. Watch for tables in the narthex where the youth will be collecting donations or find a youth who is participating and sponsor them!



### Lay Speaker Training

Watch for some new faces as Lay Readers on Sunday morning! Our youth have the opportunity to attend a Conference Certified Lay Speaker Training **February 2 and 3**. They will participate in several hours of training including discovering their call, growing and teaching, worship, witnessing and sharing the word, and serving and giving. At the end of Saturday they will have completed their Local Lay Speaker certification and will come back to Manchester ready to serve. Please encourage them as you see them in worship.

### United Methodist Women Weekend Saturday through Sunday, January 27-28

We will be celebrating United Methodist Women - those in our congregation and those who have gone before us in our week-end worship services. In honor of this celebration, we have scheduled a lunch on **Sunday, January 28** from 11:45 a.m. — 2 p.m. in Fellowship Hall. During this time, we will also hold a brief ceremony of the installation of new officers, a pledge service, and a presentation by Rev. Debby Peebles titled, "Renewing Your Spirit." We hope to see many of you there and if you have not already purchased your ticket, we will have a short supply available at the door for a cost of \$10.00.

## Building MUMC's Stephen Ministry



by Ed Heins

Early next month, MUMC members Linda Carter and Frank Dunsmoor will complete their Stephen Ministry training and will help replenish the number of our members who can supply this "congregational care" to others.

In addition, Pastor Debby Peebles hosted a meeting earlier this month for other members who expressed interest in beginning Stephen Ministry training.

Stephanie Hibray said she plans to spend much of her final year as MUMC Lay Leader in strengthening the Stephen Ministry program.

She said, "An active Stephen Ministry program is essential in a church our size to make sure we take care of each other in times of crisis." She added, "Our three ministers can't do everything needed in this area."

But, she said part of her time will be used to explain to members that "within our church is a safe place to ask for help." She said that "there is a culture of independence in our West County area that often makes it hard to ask for help when we face a personal or family crisis."

She acknowledged that "there might even be a reluctance of some members to talk to someone from their own church about their problems."

Stephanie emphasized that a Stephen Ministry helper isn't doing evangelism or even trying to fix problems during visits. Rather, she said much of the Stephen Ministry training is designed to make the helpers "a listening friend."

"It's hard to become a good listener," she said. She added, often times a regular visit from a friend who isn't a member of the immediate family can be helpful in a crisis situation.

She also stressed the "absolute confidentiality" between the Stephen minister and the person he or she visits. In fact, arrangements can be made for a Stephen minister who isn't an MUMC member, Stephanie said.

Stephen Ministry is a worldwide movement involving thousands of churches of all Christian denominations. And there is a spirit of reciprocity between churches.

For instance, members Linda Carter and Frank Dunsmoor have been taking their Stephen Ministry training at the Ellisville United Methodist Church. Stephanie said the Ellisville church has a continuing Stephen Ministry training program.

In exchange, the Ellisville church sends members who attend the Christian Leadership College at MUMC, Stephanie said.

Stephanie said that MUMC has a number of Stephen ministers already trained who are available to begin crisis visits immediately. And, as more training is completed, the number of "friendly listeners" will increase.

**Many Stephen ministers remain friends with those they visit even after the crisis that brought them together has passed.**

Stephen Ministry visits usually are one-to-one activities.

She said many Stephen ministers remain friends with those they visit even after the crisis that brought them together has passed.

Stephanie said if a MUMC member wants to ask for a Stephen minister now he or she should call Pastor Debby Peebles at **(636) 200-4705**.

Also, any members who would like to take future Stephen Ministry training also can call Pastor Debby or Stephanie Hibray at **(636) 458-2650**.

**January 28 and 27**

**UMW Weekend**

Jeremiah 1:4-10  
 Psalm 71:1-6  
 1 Corinthians 13:1-13  
 Luke 4:21-30

Saturday, 5 p.m.  
 Rev. Debby Peebles (Chapel)

Sunday, 8, 9 and 10:30 a.m.  
 Rev. Carl Schenck (Sanctuary)

Sunday, 9 a.m. Contemporary  
 Rev. Erik Corley (Fellowship Hall)

**February 3 and 4**

Isaiah 6:1-13  
 Psalm 138  
 1 Corinthians 15:1-11  
 Luke 5:1-11

Saturday, 5 p.m.  
 Rev. Steve Harbaugh (Chapel)

Sunday, 8, 9 and 10:30 a.m.  
 Rev. Carl Schenck (Sanctuary)

Sunday, 9 a.m. Contemporary  
 Rev. Erik Corley (Fellowship Hall)

**February 10 and 11**

**Scout Sunday**

Jeremiah 17:5-10  
 Psalm 1  
 1 Corinthians 15:12-20  
 Luke 6:17-26

Saturday, 5 p.m.  
 Rev. Debby Peebles (Chapel)

Sunday, 8 and 10:30 a.m. Traditional  
 Rev. Carl Schenck (Sanctuary)

Sunday, 9 a.m. Traditional  
 Rev. Erik Corley (Sanctuary)

Sunday, 9 a.m. Contemporary  
 Rev. Carl Schenck (Fellowship Hall)

Chapel Prayer Ministry meets each Tuesday at 9:15 a.m. Request prayer support by filling out a Prayer Card in the church pew or by emailing [prayer.requests@manchestermc.org](mailto:prayer.requests@manchestermc.org).

**We celebrate these new arrivals:**

**David and Tammy Moore** on the birth of their son, Joshua Stephen Moore, on December 22. Proud siblings are Haley, Grace, and Nathaniel.

**We extend our Christian sympathy to:**

**Linda (Bill) Trost** on the passing of her mother, Marian Freiner, on January 2.

**Kerry (Chris) Garcia** on the passing of his mother, Doris Garcia, on January 9. Grandmother of **Quinn and Reid Garcia**.

**(MUMC members are in bold.)**



Manchester United Methodist Church  
129 Woods Mill Road  
Manchester, MO 63011-4339

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**DATED MATERIAL**

**Meal-A-Month  
January Menu**

- Canned beef stew
- Boxed Jell-O
- Fruit cocktail
- Boxed muffin mix

**Optional**

Kleenex



**the messenger**

**Staff:**

- Rev. Carl Schenck, *Senior Pastor*
- Rev. Debby Peebles, *Associate Pastor*
- Rev. Erik Corley, *Associate Pastor*
- Rev. Steve Harbaugh, *Minister of Adult Education*
- Dr. John Ward, *Pastor Emeritus (Retired)*
- Sherry Boland, *Handbell Program Director\**
- Lori Borger, *Children's/Contemporary Choirs and Drama\*\**
- Linda Clark, *Circle of Friends Preschool Director*
- Nancy Cooper, *Youth Director*
- Ted Cronbaugh, *Organist, Music Associate*
- Phil Estes, *Business Administrator*
- John Guiney, *Youth Director*
- Kevin McBeth, *Director of Music Ministries*
- Kimberly Smith, *Finance Director*
- Susan Vasquez, *Children's Christian Education Director*
- Betsy Vicente, *New Member and Volunteer Coordinator*

Publisher:

Manchester United  
Methodist Church  
129 Woods Mill Road  
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(636) 394-7506  
(636) 527-1967 TTY



[www.manchesterumc.org](http://www.manchesterumc.org)

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- Articles submitted by 9 a.m. on the 3<sup>rd</sup> Friday will be published the 2<sup>nd</sup> week of the following month.
- The next submission deadline - February 2 for publication February 23, 2007

Please send articles, photos and suggestions to MUMC, in care of **The Messenger** or email [bryan.lester@manchesterumc.org](mailto:bryan.lester@manchesterumc.org).

Staff email addresses are in the following format unless indicated:

**firstname.lastname@manchesterumc.org**

\* bolandse@aol.com

\*\* bborger01@earthlink.net