



FUMCAH NEWS

MARCH 2019

Is it All or Nothing with God?

Jesus said we should love God with all our heart, and with all our soul, and with all our mind, and with all our strength. That sounds “all or nothing to me.” He told us to pick up our cross and follow him and he warns against being neither cold nor hot. Jesus tells one person that what is necessary for eternal life is to sell all they have, give the proceeds to the poor and to follow Jesus. To the one who wants to be a disciple but feels that he needs to wait until after his father dies, Jesus says, “Let the dead bury the dead.” All that makes discipleship daunting.

But then I remember Peter. Peter was a jump in with both feet kind of guy, but he sank as often as he swam. Jesus called Peter the “rock” on which Jesus would build his church but then called Peter “Satan” when Peter tried to protect Jesus from crucifixion. Peter promised he would be faithful even to the death, and then in a critical moment he denied knowing Jesus.

Jesus got fed up with Peter but he never gave up on him. And that’s good news for us, as flawed and faithful disciples.

Pastor Melissa Earley

Spiritual Practices for Lent

Practice makes perfect. Be careful what you practice.

Lent is a holy season in which we might nurture our God-connectedness as we prepare to observe Jesus’ death and resurrection. Spiritual practices are one way that we can deepen our relationship with Jesus and grow in faith as a disciple. Even as we affirm the mission statement of the United Methodist Church, “making disciples for the transformation of the world,” we might wonder: How do I grow as a disciple? How do I make a difference in the world? This year we invite our FUMCAH family to explore spiritual practices and intentionally begin or expand this tool for growing in discipleship.

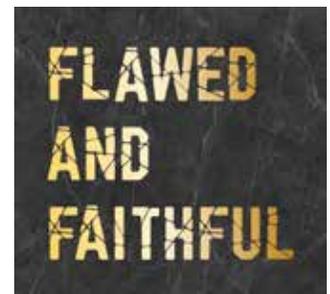
On Tuesday, March 5, at 7pm in the Wesley Room, you will have an opportunity to complete a “questionnaire” which will indicate your own spiritual practice preferences, discover something about spiritual practice in general, and (if you wish) sign up for a Lenten small group that will encourage you in your spiritual practice during this season of the year. Please pre-register at our web site or contact Pastor Lynn.

Worship Schedule

- March 3** Transfiguration Sunday: Busting Out – Luke 9:28-36
(Wear bright colors to celebrate our church’s identity as a reconciling congregation)
- March 6** Ash Wednesday Service at 7:30pm
- March 10** There’s Someone I’d Like you to Meet – John 1:35-42
- March 17** Call of the Fisherman – Luke 5:1-11
(Noisy Offering & March Madness, see page 2)
- March 24** Walking on Water (or Sinking like a Stone) – Matthew 14:22-34
- March 31** Bedrock or Stumbling Stone – Matthew 16:13-19, 21-23

Newcomer Tour on March 10

If you’d like to learn about FUMCAH’s ministries, ways to connect to the church, meet new people, and serve others, then come to a Newcomer Tour, Sunday, March 10, right after worship. Meet by the Welcome Center.



March Mission: Heifer International

The Chinese philosopher Lao Tzu said, "Give a man a fish, you feed him for a day. Teach him how to fish and you feed him for a lifetime". Inspired by this philosophy, Heifer International has been working for 75 years to end hunger and poverty worldwide. The organization believes that "the collective power of economic development, food security and nutrition, and environmental sustainability can empower small-scale farmers on the path to living incomes. When those components are multiplied by the positive impacts of gender equality and social capital, communities achieve greater resilience and a sustainable reduction in hunger and poverty." On March 17, our children will assist us in helping Heifer International in their mission. During children's moment, we will have a Noisy Offering. The children will take empty cans and move through the congregation to collect spare change. \$120 can give a family a goat; \$150 can provide a gift of irrigation pumps; \$250 can provide a water buffalo; \$365 can launch a small business. So set aside some spare change, bring it to church on March 17, and let's make some noise for Heifer International!



ASP Pancake Breakfast, March 3

The 2019 ASP Team invites you to a Pancake Breakfast after worship in Fellowship Hall on Sunday, March 3. We would like to thank you for your support as we plan our trip to central Appalachia in June to help make homes warmer, safer, and drier. So come down to Fellowship Hall on March 3 and enjoy some pancakes and sausage, orange juice and coffee. We still have a few spots open on the team. If you think you might enjoy this service experience, come join us! Contact Karen Labbe at klabbe516@gmail.com.

Preschool Fundraiser on March 3 and 10

Easter is just around the corner. Do you need a few chocolate bunnies or some Pixies? The Preschool will be selling Fannie May chocolate again for Easter! Orders can be placed on March 3 and March 10. The fundraiser supports scholarships for families in need and helps to build the technology fund.

Trivia Night, March 9

Join the fun at Trivia Night on Saturday, March 9! The night begins at 6:30pm: setting up table decorations, enjoying snacks, and checking out the competition. A \$300 cash prize will be awarded to the first place team, with additional prizes for last place and best table theme! Trivia will begin at 7:30pm and the night will end by 10pm.

Anyone high school age and older can sign up for \$35 per person. A table of 8 people can sign up for \$280. You are encouraged to plan a theme for your table and to dress up. Last year's themes included Mardi Gras, Luck of the Irish, Revenge of the Nerds, Tacky Tourists, Artists in Residence, and Hawaiian Luau. Bring snacks, but no alcohol.

Trivia Night proceeds benefit Viator House of Hospitality. Registration closes on March 3; limit of 15 teams, so don't wait! To sign up, call or text Wendy Dunnington at 773-972-4188 or email wadunnington@gmail.com.

A Little March Madness on March 17

The Outreach and Welcoming Committee invites FUMCAH folks to get in the spirit of March Madness by showing your spirit for your favorite basketball team. Are you a Tennessee Volunteer or a Virginia Cavalier? Maybe you only have eyes for the Hersey Huskies, Prospect Knights, or the Palatine Pirates. Whatever your team, come ready to cheer them on.

"Egg" Someone for Easter

Easter Egg them, that is. The Outreach and Welcoming Committee invites everyone to hide Easter eggs in the yards of people they want to invite to church on Easter Sunday. Someone you've missed seeing in worship? Egg 'em. Friend or neighbor you've wanted to invite to church? Egg 'em. Packets of six filled Easter eggs and accompanying door hangers that will provide the invitation and Easter Sunday worship times will be available for pick up at church starting March 31. Egging should happen the week before Easter (April 21).

Together in Mission, March 19

At 7:00pm in the Wesley Room, United Methodist Women welcomes Laura Dean Friedrich (mission study leader, lay member of NIC Board of Ordained Ministry, and author) for refreshments and information about the Alaska mission that UMW supports. For questions or childcare, contact Linda Riddle at linda_riddle@sbcglobal.net.

Soothing Stitches, March 25

Our Soothing Stitches cluster of knitters and crocheters will meet on Monday, March 25, at 7:00pm in the Church Parlor. We hope this new day and time might be convenient for some new folks to join us. As we knit and crochet for others, we are often soothed and blessed by the work of our hands and the conversation with friends. Currently, the Soothing Stitches are making prayer shawls, caps for newborns in our church and pre-school families, and working on their own projects. We are always open to new ideas, new patterns, and new people. Wish-they-could knitters and crocheters are very welcome. We'll help you get started.

March Kaleidoscopes: Wesley Room after worship

March 3: Pastor Melissa will share her experience as well as the decisions made from the February, 2019, General Conference of the United Methodist church.

March 10-April 1: Will the real Paul please stand up? Processing new data about the Apostle Paul and his letters for the 21st century. A five-week study about the teachings of Paul the Apostle led by the Rev. Paul Palmer.

What do we know about Paul? Possibly more than about any other person in the Bible. He was almost single-handedly responsible for the first century growth of Christianity across the Roman Empire, yet Paul is one of the most controversial figures in history – and one of the most misunderstood. Some of his writings are sublime, but others leave us simply confused. Scholars, too, have conflicting views about who Paul was, what he believed, or the role he played in founding the faith. It's not easy to sort through the many layers of scripture, theology and tradition about the Apostle, but we're going to try.

Making use of recent discoveries, especially textual and archaeological evidence, we're in for quite a few surprises. For instance, did you know that Paul wasn't such a male chauvinist after all? That he probably wasn't author of all the letters credited to him? That the early church set out to suppress some of his teachings? As a Jesus radical, that he stood in direct opposition to the ruling authorities of his day? Paul is more appealing and not nearly so appalling as we have supposed. These assertions are but samples of the discoveries and hypotheses we will talk about during five successive PowerPoint presentations – as we set out to meet the Real Paul, perhaps for the first time.

Clean Up Camp Pine Woods, April 28

The Missions Committee and Green Team invite people of all ages to help clean up the river bed at Camp Pine Woods, near the Des Plaines River, from 12-2pm on Sunday, April 28. Wear weather-appropriate work clothes to church that Sunday, bring a green lunch for a picnic in Fellowship Hall after the church service, and then to carpool to the work site. Camp Pine Woods is located just 11 miles east of the church off of Euclid Ave/Lake Ave. The entrance to the area is on the south side of the road between Des Plaines River Road (45) and Milwaukee (21). We will provide garbage bags and work gloves.

Sign up with Sign Up Genius at www.signupgenius.com/go/8050c48abac2fa75-river or at the church on April 14 and 21. If you have any questions, contact Wendy Dunnington at 773-972-4188 or Stephanie Sutton at 847-452-8452.

Thanks to Farmer's Market Volunteers

Thanks to everyone who helped set up the market space, serve coffee, greet our shoppers and clean up afterwards. We thank Faith in Place for selecting wonderful vendors with a wide variety of goods, and Interfaith Green Partners for spreading the word. If you would like to attend another winter market, our friends at Our Saviour's Lutheran Church, 1234 Arlington Heights Road, will host one on Saturday, March 16, from 9am to 1pm.

FUMCAH Needs Ushers

FUMCAH needs ushers for the Sunday worship services. There are two teams of ushers that serve on alternate months. Usher duties include handing out programs, seating parishioners, collecting the offering, and directing parishioners to communion. Ushering does not require a rigid or long term commitment, but is a necessary part of the worship service. Please contact Rodney Bettenhausen at 847-705-7241 or Patrick Nudo at 847-394-8669.

Meals on Wheels

FUMCAH will be delivering MEALS ON WHEELS for Wheeling Township during the month of April. This program is coordinated by the Wheeling Township Disabled Service, for homebound seniors and people with disabilities who are 18 years of age or older. The meals are picked up at the Lutheran Home in Arlington Heights and delivered between 11:00am and 1:00pm Monday through Friday. If you can help, please contact Russ and Marlys Guilford at 847-392-5512.

Congregation News

Liz Evans, Director of Justice and Reconciling ministries, recommended for commissioning towards Deacon's orders. Chloann (Chloe) Greeson, former member, died on December 20, 2018.

Bruce Meyer, former member, died on January 14, 2019.

Financial Report through January 2019

January Revenue: \$90,087 Year-to-date Revenue: \$90,087

January Expense: \$71,550 Year-to-date Expense: \$71,550

We have paid one month (\$7,552) of our total 2019 apportionment of \$90,624.

Thank you very much for your good stewardship in 2019!



1903 E. Euclid Ave · Arlington Heights, IL 60004
847-255-5112 · friends@fumcah.com

PRST STD
Non-profit
US Postage
PAID
Palatine P&DC IL
Permit No. 593

or current resident

Art Classes

Youth Art Classes: From 4-5:30pm on Tuesdays, for ages ten and older, and on Thursdays, for ages 6-9. Projects will include clay, jewelry, drawing, painting, mixed media, and more. The cost is \$6 per class or \$30 for a punch card of six. Participants need not attend every week.

Saturday Open Studio: Whether you are a beginner or have experience, our open studio allows you to work at your own pace on projects of your choice, such as painting, printing, drawing, mosaic tile, glass fusing, and more. Drop in for however long you wish in our relaxing, supportive setting. Saturdays, 9:30-11:45am. Open to ages 13 and up.

2-2-2 Art Workshops: One-time workshops the 2nd week each month during the Thursday or Saturday art classes. To sign up, contact Thom Ferek at 773-507-5340.

Yoga Classes

Christine Pellum, a certified yoga-fit instructor, welcomes adults on Friday mornings from 9:30-10:30am. Cost is \$10 per session. For more information, call the church office at 847-255-5112.

Voice Lessons

Voice lesson times will be offered on Wednesday and Friday afternoons. Individual sessions are \$30 for 30 minutes with discounts available for the full 7-week course. Recommended for ages 12 and up. Scholarships are available. Contact Lorena (lorenacory@gmail.com) for more information about pricing and scheduling.

Zumba®

Burn lots of calories while dancing to a blend of Latin and World music. Routines can be modified for your level of fitness. Classes are led at FUMCAH by one of our own church members, Veronica Biazio, ACE certified group fitness instructor and licensed Zumba® instructor.

Regular Zumba® classes, Wednesday mornings (9:30-10:30 am), Thursday evenings (6:30pm-7:30pm).

Classes are open to all church members and the public (age 16 and over), \$8/drop-in class, save with a class pass (5 classes/\$35, 10 classes/\$60, 20 classes/\$110). Seniors (62+) and Students w/IDs (16+), \$6/drop-in or 10 classes/\$50.

STUDIO 1903

