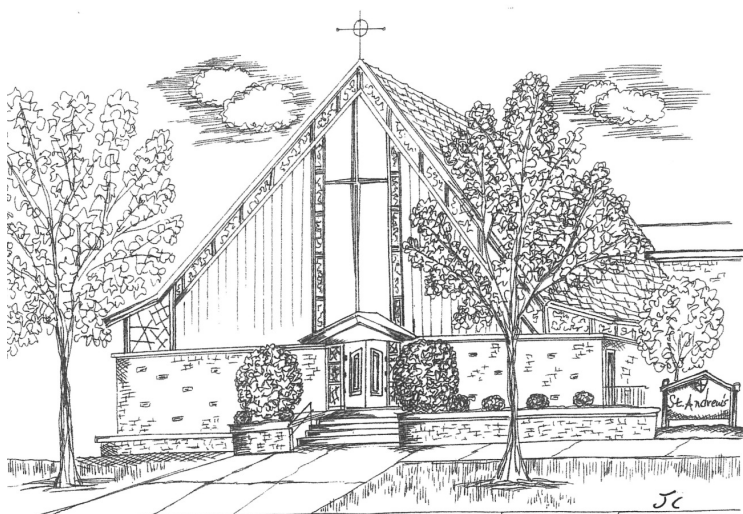


# **The Third Sunday in Lent**

**March 15, 2020**

**10:30 a.m. Holy Eucharist**



*St. Andrew's: Building God's Kingdom  
through Worship, Outreach, and Fellowship*

**ST. ANDREW'S EPISCOPAL CHURCH**  
**Newport News, Virginia**

## 10:30 A.M. Holy Eucharist - Rite II

### *Keeping Silence Together*

Lamentations 3:26

It is good that one should wait quietly for the salvation of the Lord.  
*In this quiet, how is the Lord's salvation coming nearer to you?*

Prelude *Jesu, Joy of Man's Desiring*

J. S. Bach

Announcements

Processional Hymn

*Come, thou fount of every blessing*

**Hymnal 686**

- 1. Come, thou fount of every blessing, tune my heart to sing thy grace!  
Streams of mercy never ceasing, call for songs of loudest praise.  
Teach me some melodious sonnet, sung by flaming tongues above.  
Praise the mount! Oh, fix me on it, mount of God's unchanging love.*
- 2. Here I find my greatest treasure; hither, by thy help, I've come;  
and I hope, by thy good pleasure, safely to arrive at home.  
Jesus sought me when a stranger wandering from the fold of God;  
he, to rescue me from danger, interposed his precious blood.*
- 3. Oh, to grace how great a debtor daily I'm constrained to be!  
Let thy goodness, like a fetter, bind my wandering heart to thee:  
prone to wander, Lord, I feel it, prone to leave the God I love;  
here's my heart, oh, take and seal it, seal it for thy courts above.*

## THE WORD OF GOD

### A Penitential Order

Celebrant: Bless the Lord who forgives all our sins.

*People: His mercy endures for ever.*

The Decalogue

**BCP 350**

The Confession and Absolution

**BCP 352**

### Trisagion

Celebrant: Holy God,  
Holy and mighty,  
Holy Immortal One,

*People: Have mercy upon us. (Repeat twice)*

### The Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### The Lesson

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill

us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

The Psalm

95

- 1 Come, let us sing to the Lord;  
let us shout for joy to the Rock of our salvation.
- 2 *Let us come before his presence with thanksgiving  
and raise a loud shout to him with psalms.*
- 3 For the Lord is a great God,  
and a great King above all gods.
- 4 *In his hand are the caverns of the earth,  
and the heights of the hills are his also.*
- 5 The sea is his, for he made it,  
and his hands have molded the dry land.
- 6 *Come, let us bow down, and bend the knee,  
and kneel before the Lord our Maker.*
- 7 For he is our God,  
and we are the people of his pasture and the sheep of his hand.  
Oh, that today you would hearken to his voice!

- 8 *Harden not your hearts,  
as your forebears did in the wilderness,  
at Meribah, and on that day at Massah,  
when they tempted me.*
- 9 They put me to the test,  
though they had seen my works.
- 10 *Forty years long I detested that generation and said,  
“This people are wayward in their hearts;  
they do not know my ways.”*
- 11 So I swore in my wrath,  
“They shall not enter into my rest.”

The Epistle

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his

life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Sequence Hymn     *The first one ever*                      **Hymnal 673 (verses 1-2)**

1.    *The first one ever, oh, ever to know  
          of the birth of Jesus, was the Maid Mary,  
was Mary the Maid of Galilee,  
          and blessed is she, is she who believes.  
Oh, blessed is she who believes in the Lord,  
          oh, blessed is she who believes.  
She was Mary the Maid of Galilee,  
          and blessed is she, is she who believes.*
  
2.    *The first one ever, oh, ever to know  
          of Messiah, Jesus, when he said, “I am he,”  
was the Samaritan woman who drew from the well,  
          and blessed is she, is she who perceives.  
Oh, blessed is she who perceives the Lord,  
          oh, blessed is she who perceives.  
‘Twas the Samaritan woman who drew from the well,  
          and blessed is she, is she who perceives.*

The Gospel                      John 4:5-42

Response before:     ***Glory to you, Lord Christ.***

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things

in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to

him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Response after:        *Praise to you, Lord Christ.*

Sequence Hymn        *The first one ever*

**Hymnal 673 (vs. 3)**

3.    *The first ones ever, oh, ever to know  
          of the rising of Jesus, his glory to be,  
were Mary, Joanna, and Magdalene,  
          and blessed are they, are they who see.  
Oh, blessed are thy who see the Lord,  
          oh, blessed are they who see.  
They were Mary, Joanna, and Magdalene,  
          and blessed are they, are they who see.*

The Sermon

The Rev. Anne R. Kirchmier



The Prayers of the People – Lent III

Leader: On this third Sunday of Lent, let us pray for the needs of world,  
saying, Wellspring of mercy,

***People: hear our prayer.***

Let the whole church sing with joy to our Lord, for he has done great things. As we sing to the Lord and shout for joy to the Rock of our salvation, let us pray for the Universal Church, remembering Michael, our Presiding Bishop; Susan, our bishop; Anne and Marc, our priests; and Carol, John and Travis, our associate clergy. Wellspring of mercy,  
***hear our prayer.***

As we come before his presence and raise a loud shout to him, let us pray for the leaders of this and every nation, especially Donald, our President, and Ralph, our Governor. May we all know peace. Wellspring of mercy,  
***hear our prayer.***

As you provide for all who are thirsty – thirsty for a life of meaning, thirsty for a word of grace, thirsty for a drink of water – we pray for all who are lacking the basic necessities of life, water, food, shelter, and work, that God may turn their struggles into character and hope for a better life. Wellspring of mercy,  
***hear our prayer.***

Great God and great King, we pray for all who are weary – weary from life's long journey, weary from quarreling and testing, weary from pain or grief – naming either silently or aloud those whose names are on our hearts.... May they be reconciled by Christ's love. Wellspring of mercy,

*hear our prayer.*

Lord, in your hands are the caverns of the earth and the heights of the hills, and you are the giver of peace. We pray for those who have died, especially... and for those who serve in the armed forces of our country, naming them either silently or aloud.... Wellspring of mercy,

*hear our prayer.*

As you made the sea and molded the dry land, we pray that through your Spirit you will pour your love into our hearts, your grace into our lives, your healing into our world, until the earth is filled with your glory as the waters cover the sea; through Jesus Christ our Lord.

*Amen.*

The Peace

*A Word about Holy Communion...*

We invite all who wish to follow Jesus to be baptized,  
and we invite all baptized Christians to receive  
the gifts of Jesus' Body and Blood.

All are welcome at the altar rail:  
the baptized for communion, everyone for a blessing.

*If you need gluten-free bread, just inform the clergy serving you at the altar.*

## THE HOLY COMMUNION

Offertory Anthem

*Castle of the Soul*

Tony Alsonso

Lindsey Nicolai, soprano

Presentation of Alms and Oblations

*All things come of thee, O Lord,  
And of thine own have we given thee. Amen.*

Hymn                      *My country 'tis of thee*                      **Hymnal 717 (verse 4)**

*Our Father's God to thee, author of liberty, to thee we sing.  
Long may our land be bright with freedom's holy light;  
protect us by thy might, great God, our King.*

The Great Thanksgiving; Eucharistic Prayer A                      **BCP 361**  
Sanctus and Benedictus                      **BCP S-130**

*Holy, holy, holy Lord, God of power and might,  
holy, holy, holy Lord, God of power and might,  
heaven and earth are full, full of your glory.  
Hosanna in the highest. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest. Hosanna in the highest*

The Lord's Prayer                      **BCP 364**

The Breaking of the Bread

Christ Our Passover (spoken)

Celebrant:              Christ our Passover is sacrificed for us.

**All:**                      ***Therefore let us keep the feast.***

Administration of Communion

Hymns for Choir and Congregation:    **S-164, 685 (vs. 1), 658**

The Postcommunion Prayer                      **BCP 365**

The Sending of Lay Eucharistic Visitor(s)

Solemn Prayer

*(In the season of Lent, in lieu of a blessing,  
the priest says a solemn prayer.)*

- 1. Guide me, O thou great Jehovah, pilgrim through this barren land;  
I am weak, but thou art mighty; hold me with thy powerful hand;  
bread of heaven, bread of heaven, feed me now and evermore,  
feed me now and evermore.*
- 2. Open now the crystal fountain, whence the healing stream doth flow;  
let the fire and cloudy pillar lead me all my journey through;  
stronger deliverer, strong deliverer, be thou still my strength and shield,  
be thou still my strength and shield.*
- 3. When I tread the verge of Jordan, bid my anxious fears subside;  
death of death, and hell's destruction, land me safe on Canaan's side;  
songs of praises, songs of praises, I will ever give to thee,  
I will ever give to thee.*

Dismissal

Response: *Thanks be to God.*

Voluntary *in E Minor*

J. S. Bach

**Service Participants**

The Rev. Anne R. Kirchmier

The Rev. Marc Vance

The Rev. Carol Chamberlain

Lector/Prayers: Carol Umbenhaur, Anne Sweetman

Chalicers: Carol Umbenhaur, Lindsey Nicolai

Ushers: Randy Bryant, Doug Vaughan, Jay Lambiotte, Bob Burch

Acolytes: Susan Sale, William Wilson, Zoe Wilson

Greeters: Kirk and Leah Klinger

Children's Chapel: Liz Rous

## **Announcements**

### **Christian Formation Today**

- Children's Chapel, in the Day School Library, begins following the reading of the Gospel during the 10:30 AM service.
- The Episcopal Youth Community will meet today at noon in the parish hall.
- The Adult Forum will meet next Sunday at 9:15 AM in parish hall to continue exploring "Signs of Life: Why Church Matters." The topic for March 22 is "Food" led by Dan Waddill.

### **Wednesday March 18**

7:30 AM	Lenten service
8:00 AM	Breakfast hosted by Rachel Roby and Matthew Williamson
11:00 AM	Service of Holy Eucharist with Healing
7:00 PM	Lenten series - <i>Toxic Charity</i> (chapters 5 & 6)

### **PORT Emergency Winter Shelter**

If you haven't already done so, please consider signing up to help with PORT at Denbigh Presbyterian Church Tuesday, March 24 through breakfast on Wednesday, March 25. The sign-up sheet may be found in the Main Street Lobby.

### **We Need Candy for the Easter Egg Hunt**

We need small individually wrapped candies to stuff into our plastic eggs for the Easter Egg Hunt on Easter morning. Can you help? Please bring your donation of candy to the church by Sunday, March 29. Thank you!

### **Vacation Bible School – July 27-31**

Thanks to those who have volunteered so far, twelve adults and two youth as helpers and six as chefs! More is always better, so if you would still like to volunteer, please contact Margaret Bivins (596-7398) or Cris Oman (252-312-8866).

## *Castles of the Soul*

*Kyrie eleison. Christe eleison. Kyrie eleison.*

*In the soul there many rooms:  
a castle built of precious jewels.  
There God dwells and calls your name:  
trust, and never be the same.*

*See the door is open wide,  
God is calling you inside.  
Fix your eyes upon God's face.  
Taste God's love and see God's grace.*

*Nothing will disturb you in God's house.  
Do not fear, for God is always near.  
All shall pass away. God alone remains  
deep within the castle of the soul.*

*Calm your heart and still your soul,  
God alone will make you whole.  
Leave behind what holds you bound.  
In the quiet, God is found.*

*God will take you by the hand.  
Lead you through the desert land  
into waters pure and clear,  
wash you clean of guilt and fear.*

*Enter now, the house of God  
deep within your sacred soul.  
Let your prayer like incense rise.  
See the truth with open eyes.*

Words based on Teresa of Avila's "The Interior Castle"