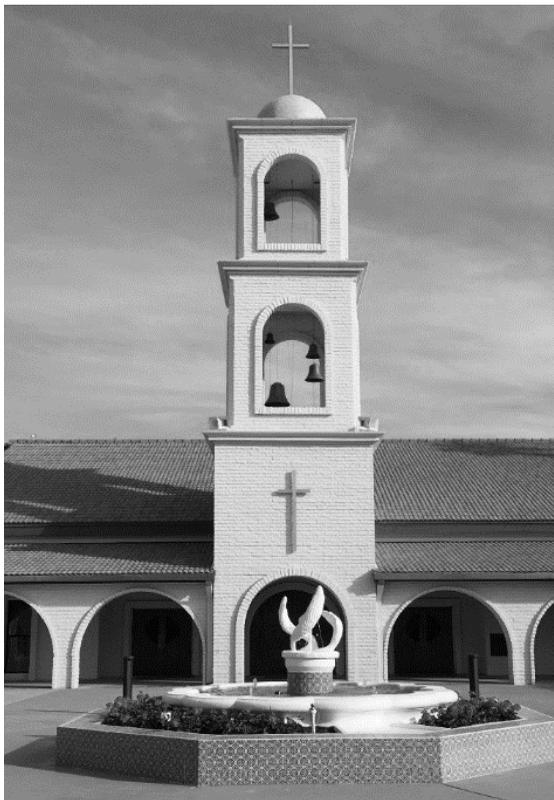


American Lutheran Church of Sun City

January 2020 Outreach Newsletter



MISSION STATEMENT:

To proclaim the love of Jesus Christ, invite others to participate in our faith community, and be a blessing to all in word and deed.

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MESSAGE FROM PASTOR LOWELL NELSON

Dear Members & Friends of American Lutheran's Church Community,

Welcome to January 2020! Merry Christmas and Happy New Year! The New Year celebration is a time to reflect upon the past year and look forward to the upcoming year. I want to express my appreciation for you and our vibrant work together throughout 2019. Together, we undertook significant ministry challenges and by the grace of God, successfully met each one. I think the main reason we can work together is the mission of our church:

**“To proclaim the love of Jesus Christ,
Invite others to participate in our faith community,
And be a blessing to all in word and deed.”**

This statement expresses our reason for serving Sun City, the West Valley, the Grand Canyon Synod and ELCA ministries. With the mission as our foundation, please note these key January dates:

- 12th Night Musical celebration on Sunday, January 5th at 3 pm, completing the Christmas Season with beautiful, inspired music.
- Navajo Walk for Water on Saturday, January 11th at 8 am starting in our Courtyard. I love the dedication and creativity arising from our commitment to provide a lead gift of \$30,000 for the Navajo Lutheran Mission in Rock Point, AZ, to use in building a new well. Please remember that by participating as a walker or sponsor or volunteer, we both strengthen our faith community and another ministry.
- New Member Orientation starts on Saturday, January 11th from 10-11:30 am in Education A & B and returns to 9:30-11 am on January 18th and 25th. New members will join at the Sunday, January 26th 8:30 am service. I enjoy seeing our members taking a step forward in faith by inviting friends and neighbors to participate in our faith community. Please be part of this movement of the Holy Spirit to build participation by inviting and sharing hospitality through the reception of new members.
- In preparation for our 2020 Annual Meeting on Tuesday, January 28th, 2020, at 3 pm, 2020 Budget review meetings are planned for after Saturday 4 pm worship services on January 18th and 25th and during the Sunday Fellowship Hour at 9:30 am on January 19th and 26th. Reviewing the budget may seem simply like a financial task, but it opens up discussions on what are priorities for the church and the steps we are taking to be wise stewards of the offerings, gifts and memorials made in Jesus' name.

In 2020, we have an opportunity to discern a God-given vision for our faith community. Using the play on words, it's time to develop a “20/20 Vision” for American Lutheran Church. Of course, 2020 is the year in which we live but “20/20” implies a greater focus and clarity upon our direction for the next 5 years. It's a great time to be a member of our faith community; and I look forward to prayer, spiritual discernment, mutual conversations and faith-filled thinking. Thank you for your support of American Lutheran Church, and I look forward to **“20/20”** together!

Love,
Pastor Lowell

PRESIDENT OF THE COUNCIL

Happy New Year!

This traditional exclamation demonstrates to me the eternal optimism of the human species as we look forward to leaving the past behind and expect the coming times to be better. But what if the year that just passed was actually pretty good? Part of optimism is knowing the best is yet to come. That feeling generates excitement and hope as the next year unfolds.

It is my hope that as we look back at 2019 here at ALC it is with some satisfaction of programs, goals and projects started and completed or at least well underway. Our mission to “Proclaim, Invite and Be a Blessing” continues to be our focus as the vision for 2020 and beyond is developed.

We could look to the monthly Outreach to review where we have been, and we can look forward to our annual meeting when reports are filed that describe the multitude of ministries and activities that we have taken part in. We have had a year brimming with opportunities for being involved. It has been my experience that being involved is one of the best ways to maximize my membership here at ALC.

ALC can survive and prosper only with the continued participation of all our members and friends. Wednesday Night Alive is a prime example of a successful program that relies on dedicated volunteers adept in researching potential programs and seeing them arrive on schedule. Those inspirational, educational, entertaining events and fellowship are valuable ingredients in our vibrant church life. Please consider becoming a resource who can be relied upon in making our church life meaningful.

It is said that people are not as inclined to be volunteers or joiners like “they used to be”. I would hope that ALC members and friends will continue to disprove that observed trend as something that may happen elsewhere but not here in our church. So, please take advantage of opportunities to invite others to be part of our faith community and take a chance on being a committee member, greeter or an usher. Don’t wait to be asked. Volunteer! Let’s make 2020 a truly Happy New Year!

Dick Jorgenson
Congregation President

WORSHIP AND MUSIC

Annual Twelfth Night Concert

Sunday, January 5, 2020

3:00 p.m. in the Sanctuary

All are invited to sing, hear and celebrate with a concert of musical highlights from our Advent and Christmas services. Musical offerings by Christo Handbell Choir, Celebration Choir, Ah-men singers, Grace Notes singers, keyboard duets, vocal solos and congregational singing will be reprised to mark the official end of the Christmas Season, the 12th day of Christmas. Invite your neighbors and friends!

A big thank you to everyone who made our Advent and Christmas season so beautiful: The Altar Guild, those who decorated the sanctuary, those who provided and continue to provide flowers, the musicians, our special young guest soloist Zach Brambilla from Chicago on Advent 1, readers, greeters and ushers, sound, light and screen operators, Pastors and office staff, and all who worship here!

Don't miss this chance to see and hear this "encore" of the sounds of the seasons.

Why and How do we sing the Psalms?

(Excerpts from ELCA Worship Formation & Liturgical Resources)

The Psalms are the oldest "hymnal" we have. All 150 Psalms are included in the ELW Hymnal. Singing the Psalms reflects the way in which they were originally used in synagogue worship. Jesus' own praying relied on the Psalms. The apostle Paul encouraged the faithful to sing "psalms, hymns and spiritual songs to God." (Col 3:16). Martin Luther considered the Psalms the summary of all scripture, speaking to many situations and allowing the expression of a wide range of human response such as adoration, praise, thanksgiving, lament, confession, intercession and teaching. The Psalms proclaim hope and faith, yet make room for deep distress and questioning.

While the book of Psalms looks just like any other book of the Bible, it is quite a different book from the rest. The book of Psalms is a collection of songs that were sung by the Jewish people throughout their long history. Christians inherited these Psalms and have continued to include them in worship as well as in personal devotion.

Since the book of Psalms looks like any other book in the Bible, it can be tempting to speak the Psalms instead of sing them. Rather, consider the Psalter more as a hymnal. Then speaking the Psalms would be like speaking a hymn text.

There are many ways to sing the Psalms. We are most familiar with the Psalm tones sung in a call and response fashion. Many of our hymns are based on a Psalm but only include a paraphrase or partial Psalm. Did you know the ELW hymnal starts hymn #1 with Psalm #1, treating the Psalms as hymns to be sung? The first traditional hymn, therefore, is numbered 151.

We will strive to sing the appointed Psalm each week in worship in a variety of musical settings and formats.

ALC Fine Arts Concert Series

“Next to the Word of God, the noble art of music is the greatest treasure in the world.”

Martin Luther

“Cold December” flew away with a song in the air! We hosted the handbell Ringers of Sun City, West Valley Chorale, Phoenix Chorale, Phoenix Symphony, ProMusica and the Sun City Choraliers, all in a span of 8 days! Many thanks go out to all who made this Herculean challenge a reality: The altar guild, concert ushers, lighting and sound operators, the respectful take down and set up of the altar area, extra custodial duties, scheduling flexibility, etc.

The concert series is a living implementation of our mission: Proclaim, Invite and Be a Blessing! And we certainly had full houses for the concerts and many were truly blessed. What a lovely opportunity for guests and visitors to experience the beauty of our sanctuary and the inspiring music to the glory of God.

Thank you to our Pastoral Staff for extending a welcome to the concert attendees, invitation to attend worship and a prayer of blessing. This concert series is a vital outreach for ALC.

We offer 3 events in January:

1/5	3:00 pm	Twelfth Night Concert
1/12	3:00 pm	Lorraine Miller, organ recital (free will offering)
1/19	3:00 pm	West Valley Wind Ensemble (bring non-perishable or cash for food pantry)

For a complete listing of concerts, refer to the bulletin board in the Narthex or visit the church website: alcsuncity.org, go under the “Worship” tab, and select “Music Ministry”. You will be able to click for a printer friendly pamphlet OR scroll down through the pictures of our music staff to the bottom of the page for a complete calendar.

How fortunate we are to host such a wonderful series. Please consider attending as often as you can and invite others, too. *Proclaim, Invite, Be a Blessing...*

SAVE THE DATE....

Internationally famous Monroe Crossing Bluegrass Band coming to ALC

Saturday, February 29, 2020 following 4:00 worship

Featuring Lisa Fuglie, daughter of Ardith Fuglie

Stay tuned for more information

WELLNESS MINUTE

Medication Reminders

Prescribed medications don't work if you don't take them. There are many barriers to faithfully taking your medications, with one being just plain forgetting.

To help you remember to take your medications, try to:

- **Keep it Simple:** Work with your doctor and pharmacist to keep your drug regimen to the fewest pills possible. Ask for clear instructions on when to take your drugs and why you need them.
- **Create a Routine:** Try to take drugs at the same time each day and connect it with a part of your routine. For example, keep medications in the kitchen if you're supposed to take them with meals or by your bedside table if they're supposed to be taken at night.
- **Keep Track:** Write a complete list of current medications, including doses and how often you take them. Check the list for accuracy with your health care provider. Keep it in your wallet or purse for quick, easy reference.
- **Use Reminders:** Pill containers can help you organize your medications and help you remember to take them. Large pill containers with more than seven compartments may be helpful if you take a medication multiple times a day. There are a number of apps, email and text reminders, and more that further enhance pill container use.
- **Travel Smart:** Pack extra medication when traveling in case your trip is extended or delayed. For flights, place medication in your carry on to protect it from the cargo hold temperatures and prevent from losing it.

Lori Kellar: ALC Wellness Ministry

l.kellar@suncity.org

TRUST COMMITTEE

The Trust Committee established a sub-committee to make an amendment to By-Laws of the AMERICAN LUTHERAN CHURCH OF SUN CITY TRUSTS. The purpose of the sub-committee was to clarify the actions of the Trust Committee and update the language used in the trust by-laws. The sub-committee met several times during the summer of 2019 and submitted the amended document to the entire Trust Committee for review and comment. In the fall of 2019, the proposed document was submitted to the church council for review and approval. The church council approved the amendment and they will be submitted to the church congregation for approval at the annual scheduled meeting.

WOMEN'S MINISTRY

The January women's luncheon will be TUESDAY, January 21st. Our guest speaker will be Nancy E. Turner, the author of These Is My Words, Sarah's Quilt, The Star Garden, and My Name is Resolute. Her latest book, Light Changes Everything, will be released on January 14, 2020, and she will have copies of this book available for purchase at the luncheon. Several of her books take place in Arizona and are loosely based on her family's life as ranchers in Arizona in the 1870s. Tickets are \$8 and will go on sale after all services beginning January 4th.

The next meeting to make diapers and bandages for Global Health Ministries will be on Monday, January 27, at 1:00 p.m. We will meet in the Fellowship Hall. Please continue to donate white T-shirts of all sizes and white sheets. All donations can be placed on the food gathering table in the Narthex.

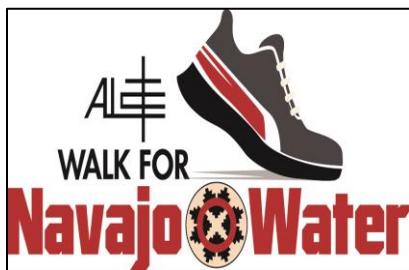
It is time to start collecting donations for the Operation Christmas Child shoeboxes. During the month of January, we are asking for donations of Ivory soap, washcloths, and Beanie Babies. Red donation bins are located in the Narthex and Fellowship Hall. Thank you for your help.

Volunteers are needed to help with Memorial and Funeral receptions in 2020. Please consider helping in one of the following areas: baking, set-up, serving, and clean-up. Our families and friends are so appreciative of this ministry. Sign-up sheets are located in the Fellowship Hall.

Pastor Judith will lead the Women's Bible study on January 8 beginning at 9:30 a.m.

Thank you! Thank you! The 2019 Lefse Sale and Holiday Bazaar was a huge success! Over \$7,200 was raised through the sale of baked goods, lefse, quilts, knitted goods, raffle baskets, plants, silent auction, and handcrafted products. All of the monies received are being donated to a variety of charities.

BENEVOLENCE COMMITTEE



We have learned a lot about this major task of helping The Navajo People at Rock Point, AZ, in bringing drinkable water to their Lutheran church / Lutheran school / farmers and animals / and the 2,500 Navajos living in their community. They can't do it alone. Teamwork is the key to reaching our goal of \$ 30,000. Presently, we are more than half way as we approach \$20,000 including two challenge gifts of \$5,000 and \$2,000. The total goal is \$80,000 with ALC providing a lead gift, encouraging others to step forward.

The beautiful part of teamwork is that it offers each of us the opportunity to use our gifts and abilities to share with them.

Joining us on the walk will be some Navajo people from the Rock Point Mission. They will be here walking, but they need housing both Friday and Saturday (January 11/12). Call the church if interested.

Also: An authentic table size Navajo rug has been donated and will be available via a drawing. Tickets are available after worship or at the office (one for \$10 or three for \$20). A name will be drawn at the start of the walk (8:00AM on January 11). You need not be present to win.

Also: The total route is less than five miles divided into three one-mile loops. Walkers can quit at any time after each loop or stop and hop on the ALC bus which will be available plus any circulating golf carts. The walk will start from the courtyard and cross 107th to Highwood Ln., go north to Boswell, turn right to Del Webb, and then back towards the church.

Also: The Walk will continue rain or shine, and last-minute walkers are most welcome!

“There comes a moment when you have to stop revving up the car and shove it into gear.” Now is the time to step forward as a partner in the WALK FOR NAVAJO WATER.

STEPHEN MINISTRY ANNOUNCES JANUARY PROGRAM:

UNDERSTANDING DEMENTIA

BANNER SUN HEALTH RESEARCH INSTITUTE is a leader in Alzheimer's research. LORI NISSON, Family & Community Services Director for Banner Alzheimer's Institute, will be with us on January 9th to help us understand dementia in all its forms. Lori is a distinguished speaker who provides training and education to professionals, patients, and caregivers on topics relating to memory changes, movement disorders, and behavioral health concerns.

Stephen Ministry invites ALL MEMBERS of ALC to join us for this presentation in our Fellowship Hall on January 9th at 9 am. Refreshments will be served following the presentation. At 10:00 am, all Stephen Ministers will adjourn to our Peer Support Groups. THIS IS A REQUIRED MEETING FOR ALL STEPHEN MINISTERS; please remember to contact your Facilitator if you cannot attend.

STEPHEN MINISTRY TRAINING begins on January 9th. It's not too late to consider participating in this training and becoming a Stephen Minister. If you are interested in taking the training or would like more information, please contact Pastor Ulrich @ 623-974-2512; or one of our instructors, Ann Skidmore @ 623-606-7464, or Ardelle Jurica @ 702-283-0707.

WEDNESDAY NIGHT ALIVE!



Happy New Year Everyone!

As we enter 2020, WNA is ready to present some interesting and inspiring programs beginning January 8th. The WNA Committee encourages you to participate and enjoy what is in store for you as a congregation. Dinner tickets are still \$8 and can be purchased in the church office, as well as on weekends, after the 4pm service on Saturday and between services on Sunday from 9:30 to 10:30am. Another gentle reminder; All dinner reservations must be submitted to the church office by noon on Mondays. Also, there are brochures available with the schedule of the entire 2020 season. If you haven't picked one up yet, I encourage you to do so.

A WNA Task Force is being formed to re-evaluate and improve WNA. Anyone is welcome to join if you have good ideas and can contribute useful information. Please call Debra Hjortland at 612/790-9216 or Phil Miller at 623/875-670 if you would like to join this Task Force; they will meet beginning in January.

A big thanks to the ALC congregation for their support by attending each week, as well as the many financial gifts contributed toward WNA. This program is going into its 27th year. We hope and pray you will attend and enjoy the programs that your WNA Committee has worked hard to present.

See you at WNA!

Maryanne Winters, Chair

NEIGHBORHOOD GROUPS

Dear Neighborhood Group Leaders and members,

As we tiptoe into the New Year of 2020 and look back on our achievements in 2019 within our individual groups, let us also look forward to the 2025 milestone of 50 years of American Lutheran Church.

Could we, and should we, look for ways of increasing the active participation of more of the listed members in our monthly activities than we have right now.

How about contacting those members who never appear interested to find out if there is possibly a way to excite them into being an active ALC neighbor of your group activities?

I understand increasing member activity may produce headaches in how to accommodate more people at your normal meeting place. Perhaps a larger venue, such as ALC Fellowship Hall, with potlucks from members would be a practical answer.

Please let me know how you feel about this idea of increased activity and suggest thoughts on how to accomplish this.

Walk for Navajo Water

Don't forget the challenge I have made to each group. That is, each group is encouraged to have their members walk, or at least sponsor the event. The Neighborhood Group with the most sponsors should submit their list to me. **The Group with the most sponsors will be rewarded in some way.**

A very Happy and Neighborly New Year to all!

Blessings,

Bryan Cooper-Keeble

623-376-6666

banddck@aol.com

“STORIES IN OUR STAINED GLASS WINDOWS” PART 3

This month, I want to share with you the stories of the four stained-glass windows on the left side of the sanctuary. From back to front, these windows are SPIRIT, WITNESSING, COMPASSION and ARTS. While reading about these windows, I was reminded of our church mission: To proclaim the love of Jesus Christ, invite others to participate in our faith community, and be a blessing to all in word and deed.

SPIRIT, (lower left side) conveys the story of Pentecost, the birthday of the Christian Church. The Holy Spirit coming into our lives is symbolized by the descending dove and the tongues of fire. The seven flames represent the Spirit’s gifts, and the flames are windblown to remind us of how the Holy Spirit empowers our lives. The man and woman are deep in prayer which shows their openness to the Holy Spirit.

WITNESSING is portrayed in the next window. The cross on the world is a reminder to us that we are to be witnesses to all people. There is a stream of light coming down to the ship (the church). This light is God’s revelation through Christ entrusted to the church (ship) to be spread to all the earth. The people portray all races and cultures. They are all coming to worship. The crosses throughout the window remind us that Jesus died for all people.

The third window is COMPASSION. The Chi Rho cross in the top of this window reminds us of the story where Jesus calls us to show our concern by our actions for those who are around us. The basket of bread reminds us to feed the hungry, and the goblet reminds us to offer drink to those who thirst. We are encouraged to welcome strangers as depicted in the doorframe, lamp, and outstretched hands. A green garment is being placed around a person which reminds us of God’s call to clothe the naked. At the bottom of this window, you can see a white-bearded man on a crutch that is looking up; there is also a man peering from behind prison bars. These 2 men remind us to show our loving concern to those who are sick and imprisoned.

ARTS is the fourth window from the bottom left side. In this stained glass window, we are reminded that we all have special abilities and gifts, we must use these properly as to witness our faith in Him. You can see the lamp of learning above the books and scrolls and stone tablets which symbolize enlightenment through the written word. The lyre, pipe organ, horns and choir represent our music which raises our spirit in praise and thanksgiving. Luther’s seal symbolizes our Lutheran heritage in music. Through the acts of painting and sculpting, we offer further talents to glorify God.

Next month we will review the two windows called “OUR HERITAGE” and a window called the “GREAT COMMISSIONING”. The above information was taken from the booklet *The Gifts of God as Portrayed in the Stained Glass Windows of American Lutheran Church*.

Wishing you all a Blessed Christmas Season.
Yours in Faith, Terri Polk

GIFTS AND MEMORIALS

Gifts given to American Lutheran Church in memory of:

Tina Armer (Daughter in law)

Jeane Armer

Dave Danielsen

Lanny and Miriam Seylar, Connie and Kellie Carey

Del Nelson

Teri Polk and James Becker

Dorothy Severson

Sheila Harmell

Carl and Hjordis Peterson

Connie, Kellie and Kendra Carey

Jim Blair

Connie and Kellie Carey

Julian (Jay) Qualley

Jerry and Diane Kohler

Kay Long

Madeline Niccore

Beverly and Lowell Baldwin (my wonderful parents)

Beth Baldwin

Ralph Rogness

Judy Morrison & family

Wally Harmell

Sheila Harmell

Gifts were given in honor of Hjordis Peterson's birthday by Kendra, Kellie and Connie Carey and to Prayer Intercessors and the Building Campaign by Connie Carey

DR. DAVID JUDISCH

On January 18th and 19th, 2020, we will welcome Dr. David Judisch, baritone. He earned his Dr. of Musical Arts from the University of IA. He is now retired from fulltime teaching at Luther College, Decorah, IA, as head of the Voice and Opera Department.

Dr. Judisch has been featured in a variety of venues as baritone soloist in 12 countries and 28 American states. In 2003, he was one of eight singers to represent the United States in a festival in Bolivia called “Songs Across The Americas”. He is Director-in-Chief of the National Singers Association of America since 1984.

During Dr. Judisch’s diverse career, he has sung for 36,000 baseball fans at Wrigley Field, performed over 50 opera rolls, plus has sung for the King of Norway in the Osle Palace 9 times.

King Harold V of Norway, upon recommendation from the Consulate General and the Norwegian Embassy, has selected Dr. Judisch as the recipient of Norway’s St. Olav’s Medal in recognition of his service and achievements in strengthening the bonds between Norway and Norwegian Americans. Dr. Judisch is the brother of Shirley Shookman, a member of American Lutheran Church.



All 11 screenings for only \$200.00!

Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

Comparable screenings in a clinical setting would cost \$2-3,000. RightPath is more

comprehensive than most other screenings that are offered. Dare to compare!

Wishing you a happy and healthy new year

Tuesday, January 28th, 2020

American Lutheran Church

(Multipurpose Room)

Appointment is Necessary

Call: 602-254-7130

OR 800.770.0240

RightPath Health Screenings has been providing options in preventive health care for 33 yrs.

RightPath Health Screenings is a 501(c)(3) nonprofit organization.

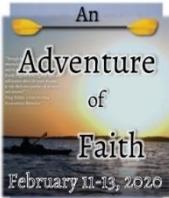
More info at: www.rightpathscreenings.org



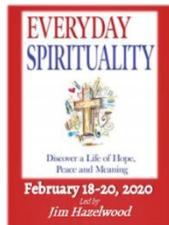
Spirit in the Desert Retreat Center welcomes you to a *Desert Sojourn Retreat in 2020!*

A “Sojourn” is a temporary stay as a traveler or guest and we’d like you to *sojourn with us in 2020!* We have **3** incredible retreats—read the highlights below and then join us! You can lodge with us or commute – *all are welcome!* Call Cyndy at (480) 488-5218 and visit our website for all the full brochures: www.spiritinthedesert.org

Hope to see you soon!



FEBRUARY 11-13, 2020...Led by the Paddle Pilgrim, Dave Ellingson...We’ll explore various biblical journeys, pilgrimages, and adventures such as: Moses, Miriam, Ruth, Esther, Job, Noah, Mary & Joseph, Jesus, Paul ... and other “saints” such as: Francis, Claire, Martin & Katrina Luther, MLK, Sojourner Truth, both ancient and modern. We’ll make connections to journeys, pilgrimages and adventures of the retreat participants. Attendees get to choose one of the fascinating kayak adventures filmed by PBS—with Rick Steves, for nightly entertainment.



FEBRUARY 18-20, 2020...Led by Jim Hazelwood-New England ELCA Bishop Using the concepts from his book, Jim will help us discover that spiritual life can be found in our everyday ordinary activities like: *Laughing-Cooking-Walking-Breathing-Tasting-Gardening, etc.* as expressions of the sacred and holy in our lives. We’ll spend our time practicing this spirituality through photography & writing—neither of which you have to have any expertise! This retreat will be marked by a delightful mix of laughter, good food, exercise and connecting with new friends! We’ll wrap it all together as ***Everyday Spirituality***. It is open anyone wanting to explore what it means to practice ***Everyday Spirituality***.



MARCH 3-6, 2020...Led by Paul Oman, Pastor & Painter! ... *Drawn to the Word: Bringing the Word of God to Life Before Your Eyes* is a retreat of worship and artistic experience where Artist and Pastor, Paul Oman, will paint a larger-than-life sized mural of: Bible stories, Themes, Poetry, Music—before your very eyes! This story will unfold artistically—musically—narratively & Scripturally during the retreat. Break out classes with Paul invite you into Scripture, both artistically and as a fun study and exploration. No artist experience needed! This is truly a “participatory” retreat! Watch Paul at work on his website: www.paulomanfineart.com and come to the retreat to be inspired!

ALC Good Book Group:

Our first meeting in 2020 will be held on Monday, January 13, at 10:30 am in Rm C. Eleanor Dickinson will be leading the discussion of the book *The Giver of Stars* by Jojo Mayes. It is a fascinating story of women serving in an unusual role during the depression era in Kentucky. Please feel free to join us.

WEST VALLEY COMMUNITY FOOD PANTRY

Thank you to all who have donated food, personal items, grocery bags, plastic bags, and various other items. Your donated cash and checks helped feed 15,000 people this year. With some of the money, we were able to purchase a desperately needed new commercial refrigerator/freezer. Our goal is to purchase another one this year; our equipment is old and inefficient, but still usable. We so appreciate your continued support. Judie V. and Larry Stage

PRAYER AND MEDITATION GROUP

A weekly prayer and meditation group led by Pastor Judith Rainforth will begin January 7, 2020, in the Chapel of American Lutheran Church from 11:15 a.m. to noon. The group will meet weekly on Tuesdays and all are welcome. Christian prayer and meditation provide time to devote to a spiritual relationship based on the love of God that enhances Christian lives. It is a time set aside to quiet your mind and prepare your heart in a peaceful manner. The focus of the prayer and meditation time will be based on the Bible verse, “Be still and know that I am God”. Psalm 46:10

WOMEN’S RETREAT WITH PASTOR JUDITH RAINFORTH

January 16, 2020, from 9am to 3pm, Pastor Judith will be teaching about the Labyrinth at Spirit of the Desert. The bus will be available. The cost which includes lunch and transportation will be \$20.00.

ANGEL TREE

A huge thank you to everyone who participated in our Angel Tree ministry. This year there were 80 children served by the angels on our trees. Your generosity fulfilled the Christmas wishes of all our “angels” as well as an additional 10 children because of your donations. Thank you for returning your gifts on time; it was very helpful for those who packed the family bags. Thank you to Dave, and Property and Grounds for setup and Oddesy for announcements in the bulletins and on the slides at services. Your cooperation is greatly appreciated. Committee members who helped with assistance to congregants finding the “angels” of choice: David and Carol Moe, Steve and Bridget Miedzybrocki. The crew for packing the family bags: Glen Schulz, Joyce Wikum, Ann Jones, Judy Tosh, Char Riebe and Claudia Cooley. Your help is amazing. You are a dedicated group to assist in this worthy ministry. The representatives from Central Baptist Church picked up the gifts Dec 7th and distributed them at a Christmas party for the children where they also delivered a message of the Gospel and true meaning of Christmas.

Well done fellow ALC Members,
Ann Skidmore

DEAR BROTHERS AND SISTERS OF ALC,

I want to express my deepest gratitude for the retirement gift and party you gave me. I’ve seen a lot of changes over the years here at ALC, but it still stands strong. You are a very loving and faithful congregation, and I will sorely miss seeing all your familiar faces. May God bless each and every one of you because you have definitely been a blessing to me.

May the New Year bring you joy and many blessings,
Diane Lewis

ALC GRIEF SUPPORT GROUP

A NEW DAY - ALC grief support group meets on **Tuesdays at 10 am** in the Lounge. It's not necessary to sign up...just show up. We welcome you.

ALC CAMPUS BIBLE STUDIES

Pastor's Bible Study ~ Tuesdays, 10 am, in the Fellowship Hall.

Men's Bible Study ~ Thursdays, 8 am, Edu A/B (see calendar) Lectionary study.

Bible Study with Diane ~ Fridays, 9 am, Ed. Rm. A/B

Alcoholics Anonymous

The AA Group meets at American Lutheran Church. These are referred to as "closed meetings". Closed meetings are for AA members only or for those who have a drinking problem and desire to stop drinking. Meetings are **Mondays, 7:00 pm, and Wednesdays, 6:00 pm**, in Ed. Rm. C. For more information, call Judie at (623) 337-7747.



Al-Anon is a worldwide, 12-step fellowship which offers hope, support, and self-care information to anyone concerned about the drinking or drug use of a friend or family member. It has one purpose: To help loved ones of alcoholics by practicing the 12 steps. Meetings are **Tuesdays at 6:30 pm** in Ed. Rm. A/B. For more information, call Claire at (507) 288-6353 or Nancy at (858) 735-7456

NEIGHBORHOOD GROUPS

First Thursday

12:00 **2L** Royal Oaks @ Royal Oaks

First Saturday

8:30 **2H** Happy Hour @ Royal Café

9:00 **2D** no meeting- Come to the Water
Walk on Jan. 11

Second Friday

11:00 **2A** Birds of Pray @ 5 & Diner

Second Saturday

9:00 **3C** CCC @ Solberg new home

9:00 **3H** Jolly Comrades @ Coco's

Third Thursday

8:30 **1A** Quail Run @ Mercer's

Third Friday

11:00 **2A** Birds of Pray @ 5 & Diner

Third Saturday

8:00 **2C** Early Birds @ JiMichael's

8:00 **5C/5E/5F** Grand West @ Memo's

9:00 **5A** Westers @ Birt's Bistro

9:30 **3A** Wanderers - in homes

Fourth Saturday

9:00 **2M** El Dorado @ El Dorado

Summer
CITIZENS

Utah State University.
EVENT SERVICES

2020

YOU'RE INVITED

The Summer Citizen program provides opportunities for the 55+ generation to Discover, Engage, and Celebrate the good life through life-long learning and activities at Utah State University in Logan, Utah.

Please join us for a free presentation.
All 55 years or better invited.

Friday, January 31 at 1:30 PM

American Lutheran Church,
Fellowship Hall,
17200 N Del Webb Blvd,
Sun City, AZ 85373

RSVP Online
summercitizens.usu.edu/RSVP
RSVP qualifies for door prize drawing
Opens January 2, 2020

Your *Summer* Home is waiting



phone: 435-797-2028 email: summercitizens@usu.edu web: summercitizens.usu.edu

Directory Changes – for the JANUARY Outreach

We express our deepest sympathy to those who have lost loved ones.

Centenarians

Mary Graybiel (104)
Norma Carlsson (104)
Dorothy Noren (102)
Dorothy Hootman (101)
Florence H. Johnson (100)

REMOVED FROM ROLLS BY DEATH

Bergo, Gordon (12/04/19)
Finkelson, Joanne (12/29/19)

LOCAL ADDRESS CHANGES

Jacki Holder
Life Stream
11315 W. Peoria Ave., N4
Youngtown, AZ 85363
623-583-8495
Neighborhood Group 1A

Peggy Corrado
Amethyst Gardens
18170 91st Avenue Apt. 2234
Peoria, AZ 85382
623-466-7858

American Lutheran Church of Sun City
17200 N. Del Webb Blvd
Sun City, AZ 85373
CHANGE SERVICE REQUESTED

Non Profit
Organization
U.S.POSTAGE
PAID
Permit No. 59
Youngtown, AZ

PASTORAL STAFF

Rev. Lowell D. Nelson Senior Pastor
l.nelson@alcsuncity.org

Rev. Gary R. Ulrich Pastor of Care Ministry
g.ulrich@alcsuncity.org

Rev. Judith Rainforth Pastor
j.rainforth@alcsuncity.org

Rev. Gary R. Garvey Visitation Pastor
g.garvey@alcsuncity.org

MUSIC MINISTRY

Linda Shirck Interim Organist
l.shirck@alcsuncity.org

Janet MacDonald Interim Choir Director
j.macdonald@alcsuncity.org

George Zoske Director of Christo Bells
gzoske@mac.com

ADMINISTRATIVE STAFF

Julie Ochs Finance Coordinator
j.ochs@alcsuncity.org

Toni Molck Operations Coordinator
t.molck@alcsuncity.org

Oddesy Hernandez
Communications/Media
o.hernandez@alcsuncity.org

Lori Kellar Wellness Ministry
l.kellar@alcsuncity.org

Bettie Jo Gomez Receptionist
b.gomez@alcsuncity.org

Dave Tigges Property / Grounds
d.tigges@alcsuncity.org

Rolfe Blaess Sound

Phone: 623.974.2512
Fax: 623-974-2515
www.alcsuncity.org

