

VERSE OF THE WEEK

*"The Lord has done great things for us, and we are glad indeed."
Psalm 126:3*

WORSHIP SERVICES

Saturday 4:00 pm
Sunday 8:30 am
10:30 am

UPCOMING EVENTS

**Organ Recital by
Dr. James Gerber**
Oct. 24th 3:00 pm

**WNA STARTING
NOV. 3RD!**

4:30 Cimarron Sidekicks
5:15 Catered Dinner:
Chicken Cordon Bleu,
Wild Rice Pilaf, Caesar
Salad, Glazed Carrots,
Cheesecake with Cherries
6:00 The Desert Aires

GROUP STUDIES

Pastor's Bible Study
Tuesdays 10 am
In-Person
in Fellowship Hall
and/or Conference
Call 339.209.5700

Men's Bible Study
Thursdays 8:00 am
In-Person in
Education A/B
and/or Conference
Call 339.209.5700

SCRIPTURE FOR SERVICE

Lesson:
Hebrews 7:23-28
Psalm 126
Gospel:
Mark 10:46-52

MIDWEEK MESSAGES

October 21, 2021

WELCOME PASTOR DAVID SIVECZ!

ALC is so blessed to have Pastor David Sivecz serving on staff as Interim Associate Pastor. We look forward to getting to know him and pray that his time with American Lutheran is rewarding and enriching!



Pastor David shares the following:

I was born and raised in Akron, NY, which is a small town near Buffalo, NY. I am the youngest of three children. I have an older brother, who lives in South Korea with his family, and an older sister, who lives in Port Huron, Michigan with her family. My parents have been married for 45 years and still live in Akron. My dad was an electrician for one of the power companies, and my mom was a middle school math teacher.

Growing up near a "rust belt" city, I was around many hard-working people and learned the value of using my hands through mowing lawns, landscaping, and painting. However, it was my dream to work in the professional sports industry, especially after I ran cross-country, played basketball and did track. In addition, I developed a love and appreciation for music when I played the trumpet and tuba.

After graduating from high school, I went to college at the University of Miami in Florida, where I majored in Business Administration and minored in Sport Administration (B.B.A). It was through my involvement at a Wesley Foundation Campus Ministry that I discovered my calling to go to seminary and become a pastor. After beginning my studies in Washington D.C., I transferred to Emory University's Candler School of Theology in Atlanta and received a Master of Divinity (M.Div). As part of my ordination process, I continued my studies and received a Master of Sacred Theology (S.T.M) from Lenoir-Rhyne University's Lutheran Theological Southern Seminary in Columbia, SC. Immediately afterwards, I completed my internship at Trinity Lutheran Church in Cincinnati, OH.

While waiting for my first call to ministry, I was an interim pastor at three different churches in Western New York. Before coming to ALC, I was called to Celebration Lutheran in Peoria, AZ where I served as the Redevelopment Pastor for 3½ years.

I am here as an Associate Pastor on an interim basis to help with worship, pastoral care, and to assist Pastor Lowell with other pastoral responsibilities. I look forward to meeting the members of the congregation, learning your stories, being part of Advent, Christmas, and maybe even Lent and Easter. Above all, I hope to learn something new here and take it with me. I am amazed at this beautiful facility as well as the strength and organization of the various ministries within this church. I look forward to being in ministry with the people of ALC.

My greatest joy in ministry is to come up with new visions for ministry and then actually seeing them come to fruition. It's an honor and privilege to walk alongside people in this life.

A favorite Scripture of mine is **"You shall love your neighbor as yourself."** - Matthew 22:39

Come and greet Pastor David this weekend -- he will be preaching at all three services Sat. Oct. 23rd at 4 pm and Sun. Oct. 24th at 8:30 & 10:30 am.

WOMEN'S MINISTRY

Thank you to members of ALC for showing your mission hearts by taking ALL of the Operation Christmas Child boxes last weekend to fill. You are sharing the love of God with children in need.

Bless you 🙏.
Sincerely,
ALC Women's Ministry



Wellness Minute

AT HOME SKIN CARE:

With time, skin shows signs of aging. Wrinkles and sunspots are common - the results of exposure to sunlight, which breaks down the tissues (collagen and elastin) that give skin its elasticity and strength. A number of steps can help you fight against these age-related skin changes, including drinking an adequate amount of water each day, taking steps to protect yourself from the sun and not smoking. In addition, certain products can help skin resist age-related changes. A few tips for choosing skin care products:



Look for key active ingredients - Only a few ingredients have been shown to diminish wrinkles. Retinol (vitamin A) and its derivatives may have positive effects, including increasing collagen and decreasing pigmentation. Alpha hydroxy acids, such as glycolic acid and lactic acid, help remove the upper layer of dead skin and stimulate growth of smooth, evenly pigmented skin. Keep in mind that nonprescription creams have lower concentrations of active ingredients than do prescription products.



Consider antioxidants- A morning application of a product containing an antioxidant such as vitamin C may provide some protection.



Look for built-in sunscreen - Choose products with a sun protection factor (SPF) of at least 30. Also, use broad spectrum products that block both UVA and UVB rays. Water-resistant products are preferred, especially if you may perspire. When using a separate sunscreen, remember to apply it generously and reapply it every two hours - more often if swimming or perspiring.



Use moisturizers - Moisturizers can't prevent wrinkles, but they trap water in the skin, temporarily masking tiny lines and creases.

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Wellness Ministry
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