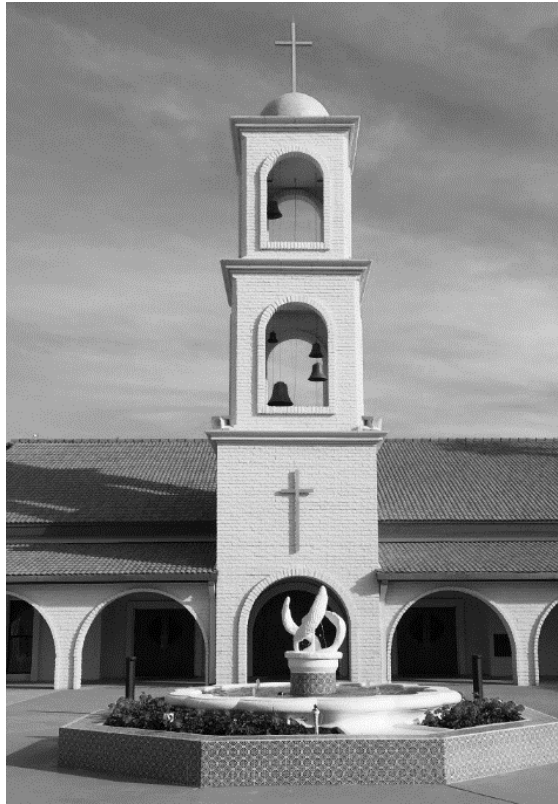


**American Lutheran Church of Sun City**  
**February 2020**  
**Outreach Newsletter**



**MISSION STATEMENT**

*To proclaim the love of Jesus Christ,  
invite others to participate in our faith community,  
and be a blessing to all in word and deed.*

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## MESSAGE FROM PASTOR LOWELL NELSON

Dear Brothers and Sisters in Christ,

At the annual meeting in January, I spoke of a change in culture regarding evangelism. A simple definition of culture is “how we do things around here.” I will continue to encourage a change on how we invite people to join us in ministry. We currently have a *single focus* by having a pastor and small outreach team follow-up with visitors to make a personal connection. Yes, we need to follow-up with visitors to worship; no doubt about that but we have a far larger outreach team including you! Remember the role you play in welcoming new people in our midst including in worship and fellowship. Each person, whether in worship or at a fellowship table or standing in the courtyard, are God’s answer to our prayers to grow as the body of Christ. You are a part of the evangelism team when you welcome another person you do not yet know. Yes, you might be initially embarrassed to learn the person has been a member longer than you! 😊 But for most interactions, it will be your opportunity to bring a message of hope and encouragement to this person discerning if this is the faith community for them. Please remember to welcome new guests in any and all settings and treat them as the precious answer to our prayers to grow in faith.

Let’s expand our congregation’s range of making personal connections. You are hereby invited to be an inviter! What a privilege to be members of American Lutheran Church! We are blessed to have numerous worship services and a myriad of other opportunities such as Wednesday Night Alive, numerous Bible studies, Women’s Ministry and church activities such as Neighborhood groups to invite people to attend. By taking an active role in being a ministry inviter, you seamlessly become the natural Sponsor/Faith Advocate for new members as you discover their spiritual needs, desire for an authentic encounter with God’s love in Christ in a vibrant faith community blessing others in word & deed.

With worship life at the center of our faith community, the season of Epiphany continues through all four weekends in February. I will continue to preach on scriptural foundations for discerning a God-given vision for the future of our congregation. A simple idea, but often challenging to implement is asking the Holy Spirit to open our eyes and guide us to clearly see God’s blessings in small ways that signal a major strategic ministry opportunity. May St. Paul’s encouragement in 1<sup>st</sup> Corinthians Chapter 1 shape our community life now and into the future:

“Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and purpose.”

May we be united in our purpose to Proclaim, Invite and Bless!

Love, Pastor Lowell

P.S. Please remember to join us for **Ash Wednesday** service at 6 pm on Wednesday, February 26<sup>th</sup>. The Theme for Lent is Prayer; on Wednesday's, we'll focus on the Rhythm of Prayer and on Sunday's, we'll learn about the Power of Prayer. Luther said it this way; “To be a Christian without prayer is no more possible than to be alive without breathing.” I'm looking forward to our Lenten season together!

### **MESSAGE FROM PASTOR JUDITH RAINFORTH**

#### Prayer and Meditation Group

Our weekly prayer and meditation group, which is led by Pastor Judith Rainforth, continues to grow as we meet each Tuesday morning from 11:15 to 12:00. The group is for men and women who want to focus on a discipline to help them mature in their spiritual life. There continues to be so many opportunities for involvement at ALC, so scheduling is an interesting process. If you are interested in more times for this group, I would be pleased to offer another class in addition to the one scheduled now. The same holds true for my retreat offerings. Our women's retreat at Spirit in the Desert was well received with 23 women in attendance. If you have an interest in other retreats, please contact Pastor Judith as to your interest and schedule, and I will schedule another retreat during our Lenten journey.

## WELLNESS MINUTE

### Use Arthritis Gel Safely

A topical gel for arthritis pain that contains a nonsteroidal anti-inflammatory drug (NSAID)-Diclofenac (voltage) gel-can spare your body up to 95% of the drug exposure that would occur by taking an oral NSAID such as ibuprofen (advil, motrinIB).

Still you need to use the gel properly by:

- Avoiding it if you have cardiovascular disease or common gastrointestinal problems such as internal bleeding or ulcers. Diclofenac gel increases risk of cardiovascular or gastrointestinal side effects, even if the risk is lower than for oral NSAIDS.
- Never taking it at the same time as you take other NSAIDS- tell your doctor and pharmacist about any drugs you take prior to starting diclofenac gel.
- Applying it only to clean, dry skin that's free of scars, cracks and wounds-Avoid using skin products immediately before or after applying the gel.
- Using only as much as your doctor prescribes. The gel often comes with a doing card for easy reference.
- Ensuring full, effective coverage-apply the gel in tiny dots on front, sides and back of your joints, then rub in. Don't cover the area with clothing, and don't expose it to direct sunlight for at least 10minutes after. Wait an hour before bathing or rinsing the site.
- Avoiding skin-to-skin contact until the gel has fully dried. This is especially true with children. Wash your hands immediately after use, unless you applied it to your hand joint for pain.

Lori Kellar: ALC Wellness Ministry  
l.kellar@suncity.org

## PRESIDENT OF THE COUNCIL

### **2020 Vision/Vision 2020 Where Are You?**

Pastor Nelson and I were talking about “Vision 2020” and he asked me “what did I think the congregation was looking for at American Lutheran Church?” I thought immediately of things such as financial stability and transparency, paying off our debt, security issues, audits . . . He agreed with these issues but also discussed his 4-fold strategy of **Spiritual, Social, Stewardship** and **Service** areas. Later that day I began thinking of “vision” and then my mind wandered, and I began thinking about my recent eye exam about a month ago. I saw some similarities with my need to adjust my eyes to get close to 20/20 vision and Vision 2020. Just as my eyes needed some minor adjustments, perhaps my “Church Vision” needed some adjustments and certainly some more time for reflection. This need for reflection and adjustments is normal and ongoing. We probably should all take time to do this.

So, looking at Pastor Nelson’s 4-fold strategy, how do I personally want to make adjustments in these areas? I think if I begin to address my own needs in these 4 areas I can begin to identify some of our congregational needs.

**Spiritually**, we have so many opportunities to grow at ALC through our bible study classes, meditation, National Day of Prayer, etc. I would probably give myself a “C+” in this area. Yes, I find it important to “walk the walk and talk the talk” and I try to daily do this. I say morning and evening prayers and talk with God throughout the day....but I need to get better and commit to growing in this area. I am going to start with Pastor Judith’s meditation classes and look at a retreat to attend.

Where am I regarding the **Social** area? Well, I am truly an introvert, but I can be an extrovert when situations apply (I know many of you are surprised at that!). I am involved in many church activities and love this. I would give myself a “B+”. I can improve in this area by meeting more people, working more at remembering people’s names and faces, listening more and talking less, and attending more WNA and Music events.

How can I better address **Stewardship**? I gave serious consideration to my 2020 pledge, but I need to think broader than just this. I am probably at a “B-“ in this area. What can I do to grow in this area? Are there some special “gifts” I can give or leave the church? I am not monetarily wealthy, but perhaps a discussion with my lawyer and financial advisor should take place this year. Perhaps smaller gifts to the undesignated or

designated Gifts and Memorials fund should be made. I need to broaden my knowledge of this area....perhaps this is an area that we, as a congregation, need to focus on more?

**Service areas:** We have a lot of opportunities at ALC. We have all the committee opportunities, the recent successful Navajo Water Walk, Pan De Vida, Operation Christmas Child, Stephen Ministry and many more. I give myself an "A-" in this area. For 2020 I am content in this area with my service involvement....but I am already beginning to think about the possibilities for 2021!

These are just my own personal thoughts . . .but I have made as honest an assessment as I can and I have some adjustments to make for 2020. What about your own personal assessment in these areas? I think when we begin to assess our personal gifts and areas we need to grow in, we begin to answer the question Pastor Lowell initially asked . . . "what is the ALC congregation looking for?"

Thoughtfully,  
Terri Polk, Council President

### **TRUST COMMITTEE**

The new year brought some changes to the ALCSC trust committee for 2020:

- Don Garverick completed his term as Chairman and Bob Sosa will succeed him. Don has been elected to serve on the Church Council and will also be one of the council representatives on the Trust Committee.
- Wally Eklund retired as treasurer of the Trust Committee and was presented a plaque honoring his 14 years of service. Congratulations Wally. He is succeeded by Mike House as the new treasurer.
- Connie Kurth served as the scribe for the trust committee in 2019. Her new role as trust committee secretary will begin in 2020.

## WORSHIP AND MUSIC

### “Many Gifts, One Spirit”

Color, like music, plays an important role in the worship life of our congregation. Liturgical colors complement the message of the seasons and special Sundays of the church year. Color immediately engages our emotions and intellect. The appointed colors cue us in to the rhythm of the church year. This month the **Altar Guild**, in addition to weekly communion preparations, respectfully dresses the altar in the colors of green (growth), white (transfiguration) and purple (Ash Wednesday-Lent). The changing colors remind us of specific “chapters” in the life of our Lord and his church.

Our **Greeters** and **Ushers** use their gifts of hospitality, courtesy and service to welcome members, guests and visitors to worship. A friendly smile and kind words extend the love and peace of Christ to all. The **Readers** deliver the Word of God to the congregation. **Music**, “the handmaiden of theology”, plays an important role in worship. These combined elements establish a climate for the Law and Gospel to be proclaimed and interpreted by the **Pastors** to inspire and activate the congregation. As has been said, the whole is greater than the sum of its parts. Together ALC members proclaim, invite and bless. How are you using your unique gifts from the Spirit? Worship and music teams always welcome new members. Consider joining the Altar Guild, Greeters and Ushers, Choir, Handbells, or any of the many organizations at ALC. Let your light shine!

Save the date: **HYMNFEST, Wednesday, February 19 at 6:00 in the Sanctuary.** “My Life Goes on in Endless Song” is the theme. Hear the stories and sing hymns old and new with Glenn Hendrickson, Linda Shirck and the Celebration Choir. Invite your friends and neighbors! (Follows the Wednesday Night Alive meal).

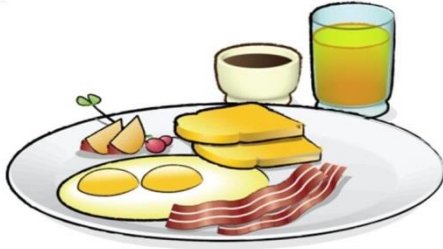
#### **February Concerts: (brochures available in the Narthex near bulletin board)**

- Sunday, February 16, 3:00 Lorraine Miller, organist *Freewill offering*
- Sunday, February 23, 3:00 Sun Cities Community Orchestra *Freewill offering*  
George Zoske, Conductor with Janet MacDonald, Soprano
- Friday, February 28, 7:30 Phoenix Chorale *Tickets online or at the door*
- Saturday, February 29, 5:00 Monroe Crossing in the Courtyard. *Freewill offering*  
Band member Lisa Fuglie is the daughter of Ardith.  
*This offering supports ALC.*



## USHERS APPRECIATION BREAKFAST

As a thank you for your efforts, we invite all ushers to attend a free breakfast on **SATURDAY, FEBRUARY 15, 2020 AT 8 AM IN FELLOWSHIP HALL**  
**RSVP To Office To Reserve Seat**



## 3<sup>RD</sup> ANNUAL 'TAKE IT OR DONATE IT' SALE

**February 8-9**

The ALC Quilters are again sponsoring a 'Take It or Donate It' event. You may choose a quilt and purchase it for \$20 and donate it to a charity of your choice, or take it home with you, or give it to a shut in or friend in need.

You can donate \$20 which will be given by the Quilters to: Children's Crisis Center, Women's Crisis Center, Sun City Fire Department , or Helping Hands.

Stop by the tables in the Narthex or Courtyard (weather permitting) before or after services February 8-9, and 'Take It or Donate It'--



## **WOMEN'S MINISTRY**

The February meeting to make diapers and bandages for Global Health Ministries will be on Monday, February 24 at 1:00 p.m. We will meet in the Fellowship Hall. Please continue to donate white t-shirts of all sizes and white sheets. All donations should be labeled Global Ministries or placed in the Missions Box on the food gathering table in the narthex.

It is time to start collecting donations for the Operation Christmas Child shoeboxes. During the month of February we are asking for donations of Ivory soap, washcloths, and Beanie Babies. Red donation bins are located in the Narthex and Fellowship Hall. Thank you for your help.

Pastor Judith will lead the women's Gather magazine Bible study on Wednesday, February 5 beginning at 9:30 a.m.

Our annual Women's Ministries Fair will be held on Sunday, February 23 from 9:30-10:30 between worship services in the Fellowship Hall. Volunteers will be sharing displays and information about the many opportunities available for fun, fellowship, and service. What a fun way to make new friends and to learn more about ALC!

**Looking Ahead-** Women's Ministries March Tea Party will be held on Wednesday, March 18th beginning at 10:30 am. ALC member Susan Sherbocker will present her program "The Art of Tea" from the Phoenix Art Museum, and Gayle Bummer will display her doll collection. Please mark your calendars for this special event.

## **LUTHERAN SOCIAL SERVICES OF THE SOUTHWEST**

In 2018, LSSSW provided an impressive amount of help to refugees, the elderly, and the disabled.

- 11,165 nights of safe lodging
- 396,021 hours of home care for seniors and the disabled
- 257 refugees welcomed
- 123 children into foster homes
- 17 children adopted into forever families

We again have the chance to donate to Lutheran Social Services of the Southwest to help with their needs for asylum seekers and refugees. We will gather donations in the Fellowship Hall from the beginning of Lent until we culminate in a trip to visit the LSSSW campus in Phoenix on March 27. We will take our donations with us to the campus.

Please call Jackie Huget—623-398-8982; John and Vicki Tate—623-224-1750.

Needed now are

Diapers, size 2-5

All kinds of yarns

Dual duty thread in black or white

Toiletries (toothpaste/brushes, deodorant, shampoo, soap, lotion, conditioner)

Crochet hooks—all sizes

Seam rippers

Fabric (not stretch or knit)

Bed sheets

Towels

Used sewing machines

## BENEVOLENCE COMMITTEE

Thank you so very much.....



Wow!

Great!

Super!

Huzzah!

Dazzling!

Fantastic!

Way to go!

Stupendous!

Magnificent!

The Walk for Navajo Water was a huge success not only going beyond our goal of \$30,000 (now over \$45,000 and still counting); it again recognizes the tremendous philanthropic efforts of our congregation. When ALC accepts a challenge, so many step forward willing to donate, sponsor, or take the action step.

The “Walk” has once again shown our commitment to those non-profit missions that need assistance in closing their financial “GAP.”  
WHAT ELSE IS POSSIBLE?



## **A STEPHEN MINISTRY INVITATION**

### **Home Instead**

What are your plans for the time when you or a loved one needs a higher level of care? Is assisted living or a nursing home a consideration? Is a memory care facility on the horizon. Or would you prefer to receive care in your own home? These are questions most of us have, or soon will, think about. Stephen Ministers will learn about one of these options when Kara Jensen speaks to our continuing education class about Home Instead and ALL MEMBERS OF ALC ARE INVITED TO JOIN US.

Kara Jensen is the owner of Home Instead Senior Care in Glendale which provides services to residents of Sun City in addition to the surrounding communities. Services such as companionship and home helper, personal services, Alzheimer's or other dementias, transitional care services, and hospice support are just some of the services that are available from Home Instead. All of these services will be fully explained and we will learn about costs involved as well as the training and background of the personnel providing the various services.

MARK YOUR CALENDAR, Kara Jensen's presentation will be at 9:00 am in the Fellowship Hall on Thursday, February 13<sup>th</sup>; at 10:00 am we will have a refreshment break and at 10:15 our Stephen Ministers will meet in our Peer Support Groups. THIS IS A REQUIRED MEETING FOR ALL ACTIVE STEPHEN MINISTERS WHETHER OR NOT YOU CURRENTLY HAVE A CARE RECEIVER; please remember to contact your Facilitator if you cannot attend

### **ALC CAMPUS BIBLE STUDIES**

**Pastor's Bible Study ~ Tuesdays, 10 am, in the Fellowship Hall.**

**Men's Bible Study ~ Thursdays, 8 am, Edu A/B (see calendar)**  
Lectionary study.

**Bible Study with Diane ~ Fridays, 9 am, Ed. Rm. A/B**

# American Lutheran Church of Sun City

New Members Received January 26, 2020

We cannot publish personal information about the new members on the website. Please visit the Church Office if you would like information about our new members.

## WEDNESDAY NIGHT ALIVE!



Wednesday Night Alive has begun 2020 with a bang! Outstanding programs have been presented and the meals are delicious!

We talk to more and more people who attend who do not belong to ALC. They love WNA and come every week. It is a wonderful way to meet each other across the dinner table at WNA. Hopefully, that may lead to new members.

Our committee strives to provide well-rounded programs and have worked very hard to make them happen. As you've heard me say many times, it's a good way to introduce new people who will hopefully enjoy Wednesday night with us and want to continue in that fellowship by becoming members. Guests who attend our church say it's one of the friendliest churches they've ever attended. So thank you, members, for your faithful attendance each week.

We are still looking for members who are willing to serve on the WNA Task Force (that is separate from the WNA committee) to re-evaluate the program and make it even better than it has been for 27 years. If you are interested, please call Deb Hjortland at 612/790-9217.

Looking forward to seeing you at WNA  
Maryanne Winters, Chair

## STORIES IN OUR STAINED GLASS WINDOWS—PART 4

This month we will feature 3 stained glass windows. The first 2 are known as “**Our Heritage**” and the third window is the “**Great Commissioning**”. You can see these first 2 windows, “Our Heritage”, on the **outside front** wall of the sanctuary. The “Great Commissioning” window is found on the wall as you leave the sanctuary.

“**Our Heritage**” windows: Behind the pipes on the choir side, outside front wall, is the first window celebrating the distant lands of our ancestors. They crossed the ocean in ships with crosses on their sails and hope for a new world. The windmill represents the quiet villages where they came from and the wind was their greatest source of power. The solitary rider on horseback and the wagon drawn by oxen represent the lonely and often dangerous way. The chain represents the fear, oppression, bondage and superstition that they broke away from. Because of their sacrifice and faith we can worship in thanksgiving and freedom. Behind the pipes on the pulpit side of the outside wall you can see the second window where urban life is represented. The church steeple is blended with air, sea, rail and automobile travel and also bridges, power lines and a sailboat.

You see the “**Great Commissioning**” represented as you leave the church sanctuary—down the center aisle above the hand-carved doors. God’s simple instructions “Go ye into all the world” beckons us as His followers, to make disciples of all people. The unfurling circles indicate to us we should spread all that we have been taught by our Lord Jesus Christ to the entire people—to evangelize.

Next month we will feature the beautiful windows in the chapel, designed and constructed by Maureen McGuire Designs Studio in Phoenix. The above information was taken from the booklet “**The Gifts of God as Portrayed in the Stained Glass Windows of American Lutheran Church.**”

God’s Blessing to All,  
Terri Polk

## **GIFTS AND MEMORIALS**

Gifts given to American Lutheran Church in memory of:

### **David Danielsen**

Angy Felcyn, Bev and Irv Aal

### **Jim Blair**

Bev and Irv Aal

### **Loving parents - Carl & Hjordis Petersen**

Connie Carey and family

### **Pastor Bud Roufs**

Bev and Irv Aal

### **Ralph Rogness**

Charles and Helen Rogness

### **Wayne Frank Ashmore**

Ann Wood

Gifts were given to Music Ministry by Connie Carey: to the coach fund in celebration of her birthday by Kay Kerst: and an undesignated gift by John Kelly.

## **3<sup>RD</sup> TUESDAY BOOK CLUB**

### **“Bad Girls of the Bible and What We Can Learn from Them”**

This group is an extension of the Friday Bible Study with Dianne Garvey. The group meets on the third Tuesday of each month, through April at 6:30 p.m.. If you are interested, call Dianne at 575-551-4207 for more information.

## **ALC GOOD BOOK GROUP:**

On Monday, February 10, we will be gathering in Room C at 10:30 for a discussion and review of the book ‘THE DUTCH HOUSE’ by Ann Patchett. MaryLou Carlson will be the leader. We had excellent participation in January, and we hope you will join us this month for our February meeting.

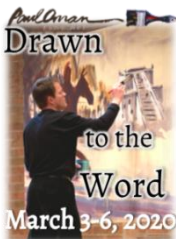
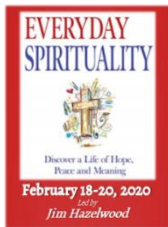
## **ALC GRIEF SUPPORT GROUP**

A NEW DAY - ALC grief support group meets on **Tuesdays at 10 am** in the Lounge.  
It's not necessary to sign up...just show up. We welcome you



**Spirit in the Desert Retreat Center welcomes you to a**  
**Desert Sojourn Retreat in 2020!**

A “Sojourn” is a temporary stay as a traveler or guest and we’d like you to *sojourn with us in 2020!* We have **3** incredible retreats-read the highlights below and then join us! You can lodge with us or commute – *all are welcome!* Call Cyndy at (480) 488-5218 and visit our website for all the full brochures: [www.spiritinthedesert.org](http://www.spiritinthedesert.org) *Hope to see you soon!*



**FEBRUARY 11-13, 2020...Led by the Paddle Pilgrim, Dave Ellingson...**We’ll explore various biblical journeys, pilgrimages, and adventures such as: Moses, Miriam, Ruth, Esther, Job, Noah, Mary & Joseph, Jesus, Paul ... and other "saints" such as: Francis, Claire, Martin & Katrina Luther, MLK, Sojourner Truth, both ancient and modern. We’ll make connections to journeys, pilgrimages and adventures of the retreat participants. Attendees get to choose one of the fascinating kayak adventures filmed by PBS—with Rick Steves, for nightly entertainment.

**FEBRUARY 18-20, 2020...Led by Jim Hazelwood-New England ELCA Bishop**

Using the concepts from his book, Jim will help us discover that spiritual life can be found in our everyday ordinary activities like: *Laughing-Cooking-Walking-Breathing-Tasting-Gardening, etc.* as expressions of the sacred and holy in our lives. We'll spend our time practicing this spirituality through photography & writing—neither of which you have to have any expertise! This retreat will be marked by a delightful mix of laughter, good food, exercise and connecting with new friends! We’ll wrap it all together as *Everyday Spirituality*. It is open to anyone wanting to explore what it means to practice *Everyday Spirituality*.

**MARCH 3-6, 2020...Led by Paul Oman, Pastor & Painter! ... Drawn to the Word: Bringing the Word of God to Life Before Your Eyes** is a retreat of worship and artistic experience where Artist and Pastor, Paul Oman, will paint a larger-than-life sized mural of: Bible stories, Themes, Poetry, Music—before your very eyes! This story will unfold artistically-musically-narratively & Scripturally during the retreat. Break out classes with Paul invite you into Scripture, both artistically and as a fun study and exploration. No artist experience needed! This is truly a “participatory” retreat! Watch Paul at work on his website: [www.paulomanfineart.com](http://www.paulomanfineart.com) and come to the retreat to be inspired!

## Alcoholics Anonymous

The AA Group meets at American Lutheran Church. These are referred to as “closed meetings”. Closed meetings are for AA members only or for those who have a drinking problem and desire to stop drinking. Meetings are **Mondays, 7:00 pm**, and **Wednesdays, 6:00 pm**, in Ed. Rm. C. For more information, call Judie at (623) 337-7747.



**Al-Anon** is a worldwide, 12-step fellowship which offers hope, support, and self-care information to anyone concerned about the drinking or drug use of a friend or family member. It has one purpose: To help loved ones of alcoholics by practicing the 12 steps. Meetings are **Tuesdays at 6:30 pm** in Ed. Rm. A/B. For more information, call Claire at (507) 288-6353 or Nancy at (858) 735-7456

## ALC VOLUNTEER OUTREACH MINISTRY

### ALC Outreach Ministry to Memory Care

On February 17, 2019, at the request of Mandy, the Life Enrichment Director at Royal Oaks Memory Care and with the blessing of Pastor Lowell Nelson, a newly formed Outreach Ministry Team led its first Sunday Worship. Twelve, Royal Oaks Friendship House residents attended. This 30- minute service brought a welcome opportunity for residents to participate in Sunday worship and fellowship. The Worship Service is held every Sunday at 1:00 pm, by lay volunteers who understand and appreciate the importance of worship to people with varying levels of memory loss.

The team is made up of Royal Oaks resident volunteers from both ALC and other congregations: Worship Leader: Ann Jones, Song leader: Dean Luehrs, Accompanists: Jan Meyer and Mary Kate Patterson, Gospel readings: Pastor Wally Klandrud, Ushers and substitute Worship Leaders: Ann Skidmore and Shirley Gill. The sermon you hear in the ALC sanctuary at 8:30 on Sunday, becomes the focus of the 1:00 pm worship service. On average, between 24 and 30 residents and family members attend this service. We utilize the live streaming of the ALC Sunday sermon available on YouTube.

It is a joy to be part of this ministry: Hymns, the Apostles Creed, and the Lord's Prayer are deeply imbedded in our memory and are retained well into the progression of dementia. Seeing faces light up and hearing the words and melodies being sung by our friends and neighbors who struggle with simple tasks remind us that the Worship experience is a deep part of who we are even when life brings change. This is a form of reminiscence which reassures residents as they participate in meaningful worship experience.

The Worship Team members completed the Royal Oaks Friendship House volunteer training in Alzheimer's communication. If you know of a group of residents in a care facility who might be interested in developing a Worship Team in their retirement community contact me. I'll be glad to share the outline that we use, and help you access the YouTube link for streaming the sermons. I have found this a rewarding ministry that requires minimal resources, and because we are a team, the time commitment is very manageable.

Ann Jones Volunteer Worship Leader

### **NEIGHBORHOOD GROUPS** **February 2020**

In the December 2019 issue of Outreach, I had challenged each Neighborhood Group to have members take part in the 'Walk for Navaho Water' and also to ask friends and family members to sponsor these walkers. **An award** for the NG with most walkers and sponsors is in the planning stages.

I attended the walk Saturday January 11, 2020, and noticed at least one NG (2-C Early Birds) had a placard for that group's members to walk together. What a great idea. Now I am asking each NG leader to provide me with the number of members signed up (\$25 or more) for that Walk (although actual walking is not necessary) and also the total number of each members' sponsors. Please phone, send me an email, or a note via Betty Jo Gomez for my front office folder, to help me reach a decision on the winning Neighborhood Group.

I wish you all a very Happy New Year, and please have enjoyable Group meetings. Let me know if you need any help with any Group activity.

Blessings to All,  
Bryan Cooper-Keeble,  
Phone 623 376-6666, [banddck@aol.com](mailto:banddck@aol.com)

## Neighborhood Group Special Notes

**3F Funsters**--Please mark your calendar as this will be your only notification of our get-together (If you have questions, please feel free to contact one of your co-chairs: Judy [Lueck—judy\\_lueck@msn.com](mailto:judy_lueck@msn.com) 612-616-1144 OR Debra [Hjortland—deb.hjortland@gmail.com](mailto:deb.hjortland@gmail.com) 612-790-9217.

**3J Joy, Joy, Joy**—Meets for breakfast the 2<sup>nd</sup> Saturday of each month at George's Café at Bell Rec. Center at 9 a.m. Jane Brambilla is leader for this group. Please RSVP [jane@brambilla.us](mailto:jane@brambilla.us) or 612-209-1502.

### **First Thursday**

12:00 **2L** Royal Oaks @ Royal Oaks

### **First Saturday**

8:30 **2H** Happy Hour @ Royal Café

9:00 **2D** Thunderbirds

### **Second Friday**

11:00 **2A** Birds of Pray @ 5 & Diner

### **Second Saturday**

9:00 **3C** CCC @ Educ. A/B

9:00 **3H** Jolly Comrades @ Coco's

9:00 **3J** Joy Joy Joy @ Georges (Bell Center)

4:00 **3F** Funsters Ron and Carol Prekker

Happy Hour Potluck

### **Third Thursday**

8:30 **1A** Quail Run @ Mercer's

### **Third Friday**

### **Third Saturday**

8:00 **2C** Early Birds @ JiMichael's

8:00 **5C/5E/5F** Grand West @ Memo's

9:00 **5A** Westers @ Birt's Bistro

9:30 **3A** Wanderers - in homes

### **Fourth Saturday**

9:00 **2M** El Dorado @ El Dorado

## DIRECTORY CHANGES

### FEBRUARY

*We express our deepest sympathy to those who have lost loved ones.*

#### REMOVED FROM ROLLS BY DEATH

Gary, Robert (Gene) - (12/25/2019)  
Brown, Kay R. (12/27/2019)  
Logan, John P. (01/05/2020)  
Thompson, James R. (Jim) - (01/08/2020)  
Jett, Betty (01/16/2020)

#### CENTENARIANS

Mary Graybiel (105)  
Norma Carlsson (103)  
Dorothy Noren (100)  
Dorothy Hootman (100)

#### PHONE NUMBER UPDATES

Theresa Ricks: 602-361-9083  
Debra Hjortland: Cell 612-790-9216 and David Hjortland: Cell 612-790-9217  
Bette Hart: Cell 602-810-1349

#### LOCAL ADDRESS CHANGES

Mrs. Charlotte Riebe  
10015 W. Royal Oak Rd #278  
Sun City, AZ 85351  
Phone: 763-443-2720

Marguerite Johnson  
10025 W. Royal Oak Rd., #3  
Sun City, AZ 85351  
Phone: 623-792-9430

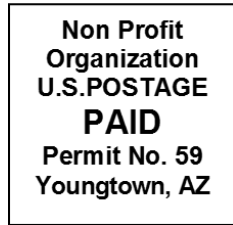
Jerry & Diane Kohler  
10330 W. Thunderbird Blvd B308  
Sun City, AZ 85351  
Phone: 623-826-6890

Eugene & Andrea Bond  
10950 W. Union Hills Dr., #2034  
Sun City, AZ 85373  
Phone: 570-237-1297

Tom & Betty Lentz  
16281 W Talara Way  
Surprise, AZ 85374-4934  
Phone: 623-975-2972

John & Edie Mattson  
13334 W. Ballard Dr.  
Sun City West, AZ 85375  
507-838-6967; cell, 507-330-2218

American Lutheran Church of Sun City  
17200 N. Del Webb Blvd  
Sun City, AZ 85373  
**CHANGE SERVICE REQUESTED**



**PASTORAL STAFF**

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**Rev. Gary R. Ulrich** Pastor of Care Ministry  
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**Rev. Judith Rainforth** Pastor  
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**Rev. Gary R. Garvey** Visitation Pastor  
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**MUSIC MINISTRY**

**Linda Shirck** Interim Organist  
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**Janet MacDonald** Interim Choir Director  
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**George Zoske** Director of Christo Bells  
[gzoske@mac.com](mailto:gzoske@mac.com)

**ADMINISTRATIVE STAFF**

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**Bettie Jo Gomez** Receptionist  
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**Dave Tigges** Property / Grounds  
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**Rolfe Blaess** Sound