

Sunday Discipleship Groups for Adults

Classes meet on Sunday mornings at 10:05am.

Faith and Family

Room F217, 6-8 week short-term studies

Contact: Adam Jackson, adamjacksonunc@yahoo.com

Faith and Wholeness

Meets in the Parlor

Contact: Phoebe Patterson, phoebe@triad.rr.com

Friends and Followers

Room F220, 6-8 week short-term studies

Contact: Jill Shelton, sheltonjill@aol.com

New Beginnings

Room F202, 6-8 week short-term studies

Contact: Alison, Alison.huber@sprint.com

Raising Our Legacy

Room F218, 6-8 week short-term studies

Contact: Dee Dee Cox, deedeecox@gmail.com

Shepherd's Servants

Room D213- D214, Quarterly Bible Studies

Contact: John Turner, johnturnerclu@att.net

Stepping Stones

Room F206-F204, Quarterly Bible Studies

Contact: Spencer Sullivan,
sullivan.spencer7@gmail.com

Women of Faith

Room F219, 6-8 week short-term studies

Contact: Diane Lomax, diane.lomax@gmail.com

Classes meet later in the day on Sunday.

Sunday Evening Bible Study

4:30 - 6:00pm, Room F220

Contact: Beckie Berlin, bekie.berlin@gmail.com

Women's Sunday Night Study

6:00 - 8:00pm, Room D214

Contact: Beth Browning;
bethbrowning12@bellsouth.net

Weekday Discipleship Groups for Adults

Mary Martha Circle

2nd Monday, 3:00pm, Group for Women, Off-Site

Contact: Cassandra Thacker,
thackerg@bellsouth.net

Empty Chair

1st & 3rd Monday, 6:45pm, F219

Contact: Beckie Berlin, bekie.berlin@gmail.com

Faith Walkers

2nd & 4th Monday, Off-Site

Contact: KC & Cathy Satchell, cathsatch@aol.com

Kinetic Christians

Monday, 6:30pm, Gym (Mondays vary)

Basketball & Bible Study

Contact: Ted Shelton, tshelton2@tarheelpaper.com

Monday Evening Bible Study

Monday, 7:00pm, D214

Contact: Regina Englishman,
regina.englishman@gmail.com

Reflections

2nd & 4th Monday, 7:00pm, Off-Site

Contact: Patrick Sullivan, psulli724@gmail.com

God's Garage

1st Monday, 6:30pm, Group for Men, Off-site

Contact: Jay Golding, jaygolding@hotmail.com

Faith in Art Bible Journaling

Tuesday, F206

Contact: Kelly Paul, kellyapaul@aol.com

Tuesday Morning Bible Study

Tuesday, 10:00 - 11:00am, D213

Contact: Jessica Vaughan, jessicarrot@gmail.com

Faith Friends

Tuesday, 11:00am, walking track

Contact: Kelly Paul, kellyapaul@aol.com

Uplift

Tuesday, 8:30am, F202 (Tuesdays vary)

Contact: Marian Hogan, marianhogan5@gmail.com

Tea For Thee

3rd Tuesday, 4:00pm, D214

Contact: Diane Lomax, diane.lomax@gmail.com

Tuesday Loose Cannons

4th Tuesday, 7:00 - 9:00pm, Off-Site

Contact: LeeAnn Browning, labrowning@culp.com

Circle of Joy

1st Tuesday, 7:00pm, Off-Site

Group for Women

Contact: Mary Ellen Florence,
mary_ellen_florence@vfc.com

Disciple III

Wednesday, 5:30 - 7:30pm, F202

Contact: George Stone, gwstone@ncat.edu

Fellowship Circle

2nd Wednesday, 9:30am, Off-Site

Contact: Regina Englishman,
regina.englishman@gmail.com

Marvelous Moms

2nd & 4th Thursday, 10:00 - 12:00pm, Off-Site

Contact: Christy Secraw, secraw3@northstate.com

Cohorts for Christ

3rd Thursday, 6:30pm, F219

Contact: Bill & Lynne Toth, lrtoth@triad.rr.com

Copper Coins

Last Friday, 1:00pm, Off-Site

Group for Widows

Contact: Lois Leslie, pappal1050@gmail.com



Activity Groups for Adults

Threads of Love

2nd Monday, 6:30pm, Room D212

Knitting prayer shawls

Contact: Jean Neal; jneal4602@triad.rr.com

Intermediate Line Dancing

Tuesday, 9:30 - 11:00am, Gym

Contact: Tina Crain; crain.tina@gmail.com

Chrismon Ministry

2nd & 4th Wednesdays, 7:00pm, Room D212

Contact: Pam Jordan;

pam.jordan@oakridgeumc.org

Zumba

Monday & Thursday, 9:05am, Gym

Contact: Teresa Sullivan, tsullivan3@triad.rr.com

Yoga

Monday, 7:00pm, Café; Wednesday, 9:00am,

F219; Thursday, 7:00pm, Fellowship Hall

Contact: Teresa Sullivan, tsullivan3@triad.rr.com

CONNECTING

EQUIPPING

TRANSFORMING

CHILDREN

2 YEARS - 5TH GRADE

2 Years Old

Our 2-year olds meet in the pre-school wing, room 106 at 10:00am. The children learn through Bible stories, pictures, and music. We ask that parents sign in/out their children in person.

Age 3 - 5th Grade

Parents are asked to sign their children in downstairs in the education building by 10:00am and pick them up at 11:05.

Age 3 - 3rd Grade

This group begin by meeting at 10:00am, in room 110 for Bible Study, music, and connection activities. At 10:30am, children are grouped by age and go with their teachers to their classroom where they are engaged in age appropriate activities.

4th - 5th Grade

This group begins by checking in at 10:00am, as well. After check-in, they gather in room 124 where they are involved in a “tween” Bible Study. Children are exposed to many different learning styles through video clips, art, journaling and critical thinking.

Club 45 for 4th & 5th Graders

1st Sunday of each month, 12:30 - 2:00pm, in the Café.

YOUTH

6TH - 12TH GRADE

6th - 8th Grade

Middle School students meet 10:00 - 11:00am in room F216 year round.

9th - 12th Grade

High School students meet 10:00 - 11:00am in the youth lounge year round.

The following groups meet during the school year:

Sunday Evenings

6:00 - 8:00pm in the Family Life Center

Wednesday Discipleship Groups

7:00 - 8:00pm in the Youth Lounge

Prayer Breakfast

7:45 - 8:20am, Off-Site

Contact: Erin Betlej at erin.betlej@oakridgeumc.org for all youth activities and classes.



Connect!

Discipleship at Oak Ridge UMC shares the goal of “WELCOME. GROW. LOVE”. This is done through purposeful Bible study, prayer and discussion of the message. Experienced Sunday School teachers work with children using creative and fun lessons to give them a foundation in God’s Word. Classes for youth are focused to equip them to be followers of Jesus in their school, home and in the world. Adult classes provide fellowship, teaching and study in God’s Word. Our hope is that you find a place to CONNECT with others in Christ.

Contacts

Children 5th grade and younger:
Larissa Brown,
larissa.brown@oakridgeumc.org

Youth 6th - 12th grade:
Erin Betlej,
erin.betlej@oakridgeumc.org

Adults:
Susan Mitchell,
susan.mitchell@oakridgeumc.org



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OPPORTUNITIES

WELCOME. GROW. LOVE.