



**NORTHWEST GUILFORD AREA BACKPACK MINISTRY**

Our mission is to follow Jesus' instructions to feed the Children.

**BACKPACK FOOD DONATIONS**

- BOX OF CEREAL (11-13 OZ)
- BOX OF INSTANT OATMEAL OR GRITS WITH INDIVIDUAL PACKETS
- PEANUT BUTTER (15 OZ)
- SQUEEZE JELLY IN PLASTIC CONTAINER (20 OZ)
- PORK AND BEANS (15 OZ)
- RAVIOLLI OR SPAGHETTIOS (15 OZ)
- CAN OF VEGETABLES (15 OZ) GREEN  
BEANS/PEAS/CARROTS/MIXED VEGETABLES
- MAC & CHEESE/POWDERED (7.25 OZ)
- CAN OF TUNA (5 OZ)
- POUCH OF INSTANT POTATOES (4 OZ)
- CAN OF CHICKEN (12.5 OZ)
- BAG OF DRIED KIDNEY, PINTO OR BLACK BEANS (1 LB)
- CAN OF FRUIT (15 OZ)
- BAG OF RICE (1 LB)
- CAN OF SPAGHETTI SAUCE (no glass jars please)
- BOX OF SPAGHETTI NOODLES (16 OZ)

*THANK YOU SO MUCH FOR YOUR SUPPORT IN HELPING US END  
WEEKEND HUNGER IN OUR COMMUNITY!*