

## **Book Review by the Committee for Racial Healing**

Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do, Jennifer L. Eberhardt, PhD, (2019), 368pp.

A professor and researcher at Stanford University, Jennifer Eberhardt shares stories, science and suggestions for understanding and overcoming unconscious racial bias. We learn how all human brains have developed mechanisms of bias which affect everything.

No one, not even the most kind and compassionate among us, is free of bias. This information is at once liberating and oppressive

Dr. Eberhardt shows how bias affects society; everything from housing, to education, to law enforcement, and the workplace. She concludes that our heightened interest, awareness, and desire to overcome implicit bias offers us hope. This was a truly fascinating book.