



ONE%TM CHALLENGE

The Evangelical Catholic, Inc.



GET TO KNOW JESUS THIS EASTER

The 1% CHALLENGE™ will help you get to know Jesus by taking 1% of your day (15 minutes) to pray with scripture.

ASK ▶ 3 MINUTES

Begin in the name of the Father, and the Son, and the Holy Spirit. Take a moment to be still, rest, and know that Jesus is here. Ask Jesus to help you get to know Him during the prayer time.

SEEK ▶ 7 MINUTES

Seek to know Jesus by reading the day's scripture passage. Reflect on what He said; what He did; how He interacted with others; and how He felt. Reread the scripture passage. Speak to Jesus about what it means for you. Ask Him what He wants you to know. Take a few minutes to listen.

KNOCK ▶ 5 MINUTES

Ask for what you need and what others need. Thank Him for being with you today. Close with an Our Father. End in the name of the Father, and the Son, and the Holy Spirit.



Holy Apostles
CATHOLIC PARISH AND SCHOOL

DAILY SCRIPTURE PASSAGES

- 4.21 ▶ **EASTER SUNDAY**
John 20:1-9
The Empty Tomb
- 4.22 ▶ **Matthew 28:8-15**
Report of the Guard
- 4.23 ▶ **John 20:11-18**
Appears to Mary Magdalene
- 4.24 ▶ **Luke 24:13-35**
The Walk to Emmaus
- 4.25 ▶ **Luke 24:35-48**
Jesus Appears to Disciples
- 4.26 ▶ **John 21:1-14**
Jesus Appears to the Seven
- 4.27 ▶ **Mark 16:9-15**
Go Into the Whole World
- 4.28 ▶ **John 20:19-31**
Jesus and Thomas
- 4.29 ▶ **John 3:1-8**
Jesus and Nicodemus
- 4.30 ▶ **John 3:7B-15**
Born of the Spirit
- 5.1 ▶ **John 3:16-21**
God Gave His Only Son
- 5.2 ▶ **John 3:31-36**
Believe and Have Eternal Life
- 5.3 ▶ **John 14:6-14**
The Way to the Father
- 5.4 ▶ **John 6:16-21**
Jesus Walks on Water
- 5.5 ▶ **John 21:1-19**
Jesus Commissions Peter
- 5.6 ▶ **John 6:22-29**
The People Seek Jesus
- 5.7 ▶ **John 6:30-35**
Jesus, the Bread of Life
- 5.8 ▶ **John 6:35-40**
The Will of My Father
- 5.9 ▶ **John 6:44-51**
Jesus, the Living Bread
- 5.10 ▶ **John 6:52-59**
Jesus, Life Within You
- 5.11 ▶ **John 6:60-69**
To Whom Shall We Go?
- 5.12 ▶ **John 10:27-30**
My Sheep Hear My Voice
- 5.13 ▶ **John 10:1-10**
The Good Shepherd
- 5.14 ▶ **John 15:9-17**
I Chose You
- 5.15 ▶ **John 12:44-50**
I Do Not Condemn
- 5.16 ▶ **John 13:16-20**
He Washed Their Feet
- 5.17 ▶ **John 14:1-6**
Prepare a Place for You
- 5.18 ▶ **John 14:7-14**
You Will Do Great Work
- 5.19 ▶ **John 13:31-33A, 34-35**
Love God, Love Others
- 5.20 ▶ **John 14:21-26**
Promise of the Holy Spirit
- 5.21 ▶ **John 14:27-31A**
Do Not Be Afraid
- 5.22 ▶ **John 15:1-8**
The Vine and the Branches
- 5.23 ▶ **John 15:9-11**
Remain in My Love
- 5.24 ▶ **John 15:12-17**
Love One Another
- 5.25 ▶ **John 15:18-21**
If the World Hates You
- 5.26 ▶ **John 14:23-29**
The Holy Spirit
- 5.27 ▶ **John 15:26 - 16:4A**
When the Advocate Comes
- 5.28 ▶ **John 16:5-11**
Sending the Spirit
- 5.29 ▶ **John 16:12-15**
The Spirit Will Guide You
- 5.30 ▶ **John 16:16-20**
Grief Will Become Joy
- 5.31 ▶ **Luke 1:39-56**
Mary Visits Elizabeth
- 6.1 ▶ **John 16:23B-28**
Ask and You Will Receive
- 6.2 ▶ **ASCENSION of the LORD**
Luke 24:46-53
Taken Up to Heaven
- 6.3 ▶ **John 16:29-33**
Do You Believe Now?
- 6.4 ▶ **John 17:1-11A**
Jesus Prays for Disciples
- 6.5 ▶ **John 17:11B-19**
May We Be One
- 6.6 ▶ **John 17:20-26**
Jesus Prays for Us
- 6.7 ▶ **John 21:15-19**
He Eats with Them
- 6.8 ▶ **John 21:20-25**
Who Testifies Today?
- 6.9 ▶ **PENTECOST**
John 20:19-23
So I Send You