

CHRIST OF CHURCH & COSMOS

Paul's Letter to the Ephesians

THE UNIFIED LIFE

WE ARE ON A JOURNEY

ALL OF US

**LET'S JOURNEY
TOGETHER**

**That's what this guide is about,
and if you're serious about
journeying well, then please,**

by all means, read on...

This guide is designed for groups of people to:

- 1. Journey together**
- 2. Abide in God's Word**
- 3. Draw closer to God**

You could use this guide to:

- 1. Discuss with friends in a home**
- 2. Discuss over a zoom call**
- 3. Discuss as a family devotional**
- 4. The options are endless**

Here's how it works:



Watch the video



Reflect



Learn



Dream



Pray

BREAK THE ICE

WHAT WILL YOUR GROWVEMBER LOOK LIKE?

During the month of November, we're challenging people to grow in three areas. The goal is to set goals! And then follow through on them.

What is your physical goal?

What is your spiritual discipline goal?

What is your fast?

REFLECT

DOES YOUR SIN GRIEVE YOU LIKE IT GRIEVES THE HOLY SPIRIT?

(Read Ephesians 4:17-32)

This can be a hard question.

On one level, of course God's perspective of sin will always be more accurate than ours on this side of heaven.

Even so, ask the question.

Let it bring to your mind whether or not your heart has become calloused to any of your own shortcomings.

LEARN

HOW DO WE “PUT ON” THE NEW SELF?

The image is like that of new clothes.

The first thing you must do is to take off the old self. That is the only way to make room for the new self, and it is accomplished by repentance.

We repent by turning away from that which we want to take off, and by turning toward that which we want to put on.

The old habits of sin and self must be replaced by new habits of grace and God, like reading, praying, and meditating on God’s Word.

DREAM

**HOW CAN YOU
UNITE YOUR
THOUGHTS,
WORDS, AND
DEEDS TO THE
GOSPEL?**

The answer is easier said than done.

The only way is to continue seeking God's will for
your life and for the world around you as you
journey together with others doing the same thing.

PRAY

PRAY THAT WE WOULD FIND MUCH JOY IN THE NEW LIFE OF CHRIST.

Pray that our sin would grieve us like it grieves
the Holy Spirit. Pray that our thoughts, words,
and deeds would all be unified by our belief in
Jesus.

Pray big prayers. Pray humble prayers. Pray
desperate prayers for unity in our community
and in our church.