

**West Africa**  
**Immunization & Preventive Medication Information**  
From the  
**Polk County Health Department**

[http://www.polkcountyiowa.gov/Health/pages/travel\\_immunizations.aspx](http://www.polkcountyiowa.gov/Health/pages/travel_immunizations.aspx)

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- **Call to schedule your appointment early** to make sure you get an appointment within the timeframe required, depending on the immunizations you plan to get.
- Cost is \$35 Office visit plus the cost of the vaccines per person due at the time of service. (See attached price list – obtain latest prices at the website address provided above.)
- Office Hours: Tuesdays 2 - 6 pm and Wednesdays 9 am - 4 pm **by appointment only** at 286-3798. Address is 1907 Carpenter Avenue in Des Moines.
- Recommended vaccinations and preventive medications for West Africa (taken from [www.cdc.gov/travel/vaccinat.htm](http://www.cdc.gov/travel/vaccinat.htm))
  - Yellow fever (required)
  - Hepatitis A
  - Hepatitis B
  - Rabies
  - Typhoid
  - Meningitis
  - Preventive medication for Malaria
  - Booster dose as needed for tetanus-diphtheria, measles and a one-time dose of polio vaccine for adults