

## **Strong Families Fight Well To Save A Family, Pt. 2**

*Each of you should look not only to your own interests, but also to the interests of others. Philippians 2:4*

### **Why It's Hard to Fight Well:**

1. When a person is mad, their I.Q. drops by \_\_20 points\_\_.
2. When I am mad, I am \_\_Stupid\_\_\_\_\_.

### **The Five Ways to Fight:**

1. I \_\_Leave\_\_\_\_\_.
2. I look out for \_\_Myself\_\_\_\_\_.
3. I let you \_win\_\_\_\_\_.
4. I give a little to get a \_\_little\_\_\_\_\_.
5. We look out for \_\_each other\_\_\_\_\_.

### **The Anatomy of a Fight:**

1. The \_\_issue\_\_\_\_\_.
2. The \_\_relationship\_\_\_\_\_.

### **The F.I.G.H.T. Method:**

- F    Figure out the issue.
- I    Identify each person's needs.
- G    Generate solutions.
- H    Have Prayer together.
- T    Take responsibility for the solutions.

### **Fighting Principles:**

1. When there is a problem \_take the initiative\_\_\_\_\_.

*...if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Matthew 5:23-24*

*If your brother sins against you, go and show him his fault... Matthew 18:15*

2. Talk to \_\_God\_\_ before you talk to the other person.

*Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6*

3. Work on \_\_Yourself\_\_ before you work on the other person.

*"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. Matthew 7:3-5*

4. Solve the problem \_\_\_\_, but don't fight while you're mad.

*In your anger do not sin. Do not let the sun go down while you are still angry. Ephesians 4:26*