



Week 1 –Strong Families Know Each Other

God Designed the family as a way for us to understand His love for us and demonstrate that love to others. What would it be like to truly know the members of your family? How would you feel if your family really understood your feelings and your dreams? What might that do to improve your relationships?

Rate how well you think you know your parents:

1 2 3 4 5 6 7 8 9 10 N/A

Rate how well you think you know your spouse:

1 2 3 4 5 6 7 8 9 10 N/A

Rate how well you think you know your siblings:

1 2 3 4 5 6 7 8 9 10 N/A

Rate how well you think you know your children:

1 2 3 4 5 6 7 8 9 10 N/A

Read James 1:19

Rate how well you think you listen to your family members:

1 2 3 4 5 6 7 8 9 10 N/A

Explain your rating:

Read Proverbs 24:3-4 - According to this passage, what are the foundations of a strong home and family?



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Share some specific ways in which knowing your family and understanding their needs will help you to better love them. If you did these things, how do you think it might change your family relationships?

What do you think it costs to “pay” attention to someone?

Share some specific ways you can pay more attention to your family members.

For further review:

Which of the ratings above was the lowest? Why did you answer that way?

Practice this week:

“Pay” more attention to one or more members of your family.

Plan on how you can improve a low rating from above.