

New!! WindCradle Comes to you!!

Longing for the refreshment of a retreat but finding it hard to get away? Mary Ellen Ashcroft will work with you or a small group to and facilitate a retreat—a morning, an evening, a day or some combination—at your church or other site.

Some Retreat Topics:

- **Environment and Spirituality**—What can nature teach us about our lives in our evolving world?
- **Creativity and Spirituality**—Kindling and encouraging our inner core through the creative process.
- **Managing Change**—How do we invite God’s presence into our changing lives?
- **Exploring Meditation**—Learning/practicing ancient ways to meet and thrive in the challenges of today.
- **The Plot Thickens**—As we give up the old “success” stories, what new, more meaningful narratives can we tell?
- **Learning from Generation Y**—Examining our old ways of doing faith to deepen our practice.
- **Imaging God**—Renewing our God images to deepen and freshen our faith.
- **Finding Vocation after...**—We still need or want to work; how can we follow the next steps in God’s plan?
- **Dogspell**—What would it be like if we believed God loved us as much as our dogs?
- **Walking with Mary Magdalene**—Learning about and from some amazing women from scripture.
- **Build your own prayer book**—Collecting poems and prayers to make our own personal, inspiring prayer books.