

## QUESTIONS

If you were to be interviewed about your thoughts on religion, spirituality, reason for being, goals in life and where you stand, the following are some of the questions you might be asked. Read all the questions but do not try to answer them. You will be asked to answer them later.

1. Do you believe God has a life plan for you?
2. Define who or what is God.
3. What does God require of you? Any of us?
4. Do you believe in Heaven and Hell?
5. What is wrong with the admission that something exists beyond our understanding?
6. What do you do when you are not sure about your religion?
7. What are you searching for? Your purpose in Life?
8. What do you struggle with spirituality?
9. What does it mean to live by the Spirit? Live by the Body?
10. Can you have doubts and be faithful at the same time?
11. What activities do you participate in at Church? Parish?
12. Do you believe that God has a plan for you? A vocation?
13. Do you build yourself around religion or material things?
14. How can you better serve the less fortunate? Do you?
15. When do you feel closest to the Spiritual part of you?
16. Do you trust your instincts or rely on facts alone?
17. How do you describe yourself spiritually?
18. How is it possible to lead a Holy life?
19. Does religion have the answers? Any answers?
20. What is your mission in life?
21. What is meant by community?
22. Who do you go to for guidance in time of great sorrow or great joy?
23. What is meant by the spirit in you?
24. What is the difference between religion and spirituality?
25. What is the meaning of Life? Why are we here?

Now go to the web page on answers and sayings.

After you have a good understanding of the questions and an idea on how to answer them, you will return to the list of questions and prepare to answer them. The list of questions is too broad to answer in one setting, so select 5 questions (1-5, 6-10, etc.) and concentrate on answering them in your own words. After several settings, you should have a fairly good idea of who you are, why you are here and what is your purpose in life. This is not a test but a self evaluation.

Now ask yourself: What is the one thing I would STOP doing today and/or what is the one thing I would START doing today to better myself. .