

An awesome opportunity for EVERY Fifth and Sixth Grade Girl, Boy and Parent!

Please Join Us for a Special Health Education Presentation

- Date:** Friday, April 25, 2008 - 6:30 p.m. to 8:30 p.m.
Place: St. John's Lutheran Church
R.S.V.P.: April 18th to Jen Stoehr in Children's Ministries at
jstoehr@stjohnsorange.org or (714) 288-4419
Cost: \$5 per person

Games and Food at 6:30 p.m. Presentation begins at 7:00 p.m.

"Mother Daughter Tea"

— Moms, would you like some special time to bond with your daughter and share the "joys" of adolescence? Come to an evening for 5th and 6th grade girls and their Moms (or adult female friend) that honors maturing into womanhood. Our presenter, Martha Green, speaks for the Irvine School District, various women's groups and MOPS. She also teaches Bible studies and disciples younger Christians. Ladies meet in the Dining Room for a great time of learning, fellowship, dinner, dessert, tea and Sparkling Cider! Girls...please bring a baby photo of yourself!

"Guy's Stuff"

— Dads, need some assistance in discussing the complexity of puberty with your son? Come to an evening for 5th and 6th grade boys and their Dads (or adult male friend) that honors maturing into manhood. Our speaker is Matt Imus, Athletic Director at Mariners Christian School. Matt brings a strong Christian perspective as a father, teacher and coach. Guys meet in the Cornerstone for some pool, pizza, root beer floats, and important learning.

This program began in the Irvine Unified School District in the spring of 1989 and has been revised to fit into a Christian education format that our St. John's Families will appreciate. The objective of this program is to help our 5th and 6th grade boys and girls learn about the physical and emotional changes and aspects of maturing into young woman and men of God.

Program Overview:

- The excitement of growing into manhood and womanhood
- Definition of puberty, emotional and physical developmental process of puberty
- The reproductive system and it's purpose in the development of human life
- The importance of good hygiene and physical fitness
- The importance of sharing with mom and dad

PARENTS: This is a great opportunity to give our kids the tools they need to make good decisions and live a successful, God-honoring life.