

St. John's Children's Ministries presents:

Fall Kenpo Karate Classes with Mr. Salinas

Come have fun and learn!

- Students learn respect, discipline and control while mastering karate techniques and forms.



- Great for fitness!
- Great for self-defense!

- Mondays September 15th – Nov. 17th except for 11/10)=9 classes (and/or)
- Thursdays September 18th – November 13th =9 classes
- 4:00 to 5:00 pm white belt to yellow in Room 203 (at top of Middle School Stairs)
- 5:00 to 6:00 pm Mondays family night parents with your children ½ off the second, more than 3 free contact Mr. Salinas for more info, Thursdays advance group orange belt and above.
- Privates also available
Cost: \$12 per class x 9 classes = \$108.00 Sign up for both Monday And Thursday, and pay only \$6 for 2nd class = \$54 (\$162 for both)
- Uniform Fee: \$25 (if you don't have one)

For More Information: email: jessektl88@sbcglobal.net

Phone: Mr. Salinas @ 949-514-5136 or

St. John's Children's Ministries @ 714-288-4474



Open to
KINDERGARTENERS
through
4th-GRADERS!

About the Instructor:

St. John's Kenpo Karate class is taught by Mr. Salinas, a fifth degree black belt with over 34 years of experience. He is a seven-time Long Beach International Karate Tournament Champion as well as a karate tournament trainer. Mr. Salinas specializes in children's classes and also teaches the P.A.L. program. He has been instructing at St. John's since Fall 2006.

Mr. Salinas also offers private classes for those interested in one-on-one training.

TO REGISTER:

Complete the attached form and return to School Office – Attn: Children's Ministries