

WHERE ARE WE GOING?

www.silvercliff ranch.com

(719) 395-6228

81236

Nathrop, CO

16565 CRI62

Silver Cliff Ranch

www.noahsark.com

(719) 395-2158

Noah's Ark Whitewater Rafting Co.

"Elevate 2008"



High School Summer Camp

PARENT INFORMATION

Packing List

- \$\$\$\$\$ for 6 travel meals, snack-bar meals at the camp pool, souvenirs, etc...~\$60
- Water bottle!!!!
- Modest, casual clothing
Bring extra socks and undergarments
Think layers—temperature ranges between 30-80 degrees
- Hat and sunglasses
- Sunscreen—a must!
- Modest, 1 piece swimsuit; tankini tops must be long enough so NO skin is showing
- Beach towel and flip flops
- Warm evening clothes
Jeans, sweatshirt, jacket, fleece, etc.
- Nylon shorts and top for whitewater rafting—NO cotton
- Water shoes or old tennis shoes for whitewater rafting
- Sturdy shoes or boots for hiking
- Towel for showers
- Toiletries
Soap and toilet paper for the bathroom
- Bedding—sleeping bag or sheets, blanket and pillow
- Bible, pen & notebook



Elevate 2008—High School Summer Camp

Cost and Sign-up

Register at www.efree.org

Full payment is due at time of registration

ALL paperwork is due by June 11

Early Bird

\$425 (April 20—May 18)

Regular Rate

\$450 (May 19—June 9)

Limited scholarships funds available. Contact Don Erhart to apply for a scholarship at 636-779-2146 or derehart@efree.org

Most Commonly Asked Questions

- **Who do I call if I have trouble signing up online?**
Call Kate Smith if you have questions regarding registering your student for camp, online registration or paperwork at 636-779-2142 or ksmith@efree.org
- **What if I need help paying for camp?**
Scholarships applications will be taken starting April 20th. Please contact Don Erehart regarding any financial needs at 636-779-2146 or derehart@efree.org
- **Will my student be in a cabin with his/her friends?**
We will make cabin lists according to student requests and small groups
- **How long is the bus ride?**
15 hours + 3 meal stops + potty stops = A LONG TIME!
- **Can I contact my student while they are at camp?**
Absolutely. Send them a letter to the given camp address.
Cell phone service is patchy at Camp, so call the camp number in case of emergency.
- **What is the most important thing to pack for camp?**
Lots of layers (cool and warm clothes), good shoes and sunscreen!
- **What should my student avoid packing?**
We can't guarantee expensive items won't be lost. So avoid packing digital cameras, iPods, jewelry, etc.
- **What if my student takes medication?**
High school students are in charge of their own medication, we will help if needed.
- **Do ALL students have to participate in the rafting and hiking?**
We hope so! These are team building activities that we would like all teens to participate in. Please talk to Don Erehart if you highly recommend that your student NOT participate.
- **How safe is the whitewater rafting?**
Noah's Ark has been in business for over 30 years; their guides are experts and well equipped to work with large groups such as ours. Their track record is stellar.
- **What if my student doesn't own a wet suit?**
Most people don't. Make sure to wear "dry-fit" clothing or rent clothing at Noah's Ark
- **What if my student has physical limitations?**
We will work together as a team to make sure that everyone is safe and comfortable during all of our activities.

Questions???

Contact Kate Smith at 636-779-2142 or ksmith@efree.org

Indicate the date of this child's last tetanus shot _____

Are there any activities, such as strenuous activities, to be restricted for this child? _____ If so, describe:

Is this child on any medications? _____ If so, please state the medication : _____

If so, will this child be bringing to the Activity the medications that he/she should be taking? _____

Describe any dietary restrictions that this child is required to observe _____

Other comments or suggestions from the parent or guardian concerning this child _____

I give my son/daughter:

Permission to White Water Raft with Group _____yes _____no

Permission to Swim at Camp Pool _____yes _____no

Permission to participate in Group Hike _____yes _____no

Permission to participate in High Ropes Course _____yes _____no

I understand that First Evangelical Free Church (ministry) carries medical and hospitalization insurance coverage which, consistent with the exclusions, limitations and terms thereof, may provide benefits over and above any personal medical and hospitalization coverages available to my family. I understand that any personal medical and hospitalization insurance available to my family will provide primary coverage and the ministry's medical and hospitalization coverage (subject to the exclusions, limitations and provisions in the ministry's policy) may provide secondary or excess coverage. I agree to apply first for benefits from the personal hospitalization and medical coverages available to my family, if any, before applying for benefits that may be available from the ministry's medical and hospitalization coverage.

I further understand that, in the event my child requires medical or dental treatment while engaged in the Activity, reasonable efforts will be made to contact me; however, if I cannot be reached, I hereby consent and give permission to the ministry's sponsor or any adult counsellor acting on behalf of the ministry with respect to the Activity, as agent for me, to consent to any X-ray examination; injections; anesthesia; medical, dental or surgical diagnosis and treatment; and hospital care and treatment advised and supervised by a physician, surgeon, or dentist (as appropriate) licensed to practice under the laws of the state where the services are rendered, either as an outpatient or in any hospital. To the best of my knowledge, I have listed above all of my child's medical allergies, medications being taken, medical problems and other pertinent information. My child has permission to participate in all prescribed activities except as noted by me.

Signature _____ Date _____
(Parent or Guardian)

Print Full Name _____ Date _____

COLORADO SUMMER CAMP CONTRACT

I understand that this trip is a wonderful privilege and that the purpose of this trip is to help me grow in my relationship with God and with others. I also recognize that my actions and attitude will have an effect on those around me. With these in mind, I will come to this trip with a positive attitude, a desire to grow, and a respectful demeanor.

Every day we will be participating in a morning service, group activities, an afternoon adventure, an evening service, night activities, and three meals. I understand and agree to participate fully, be timely, and cooperate enthusiastically with the adult leadership and camp staff. I understand my parents may be contacted if I choose to not participate, be timely, or cooperate enthusiastically, and I understand my camp disruptions could lead to camp expulsion at the cost of my parent.

I also agree to the following Codes of Conduct:

1. Guys will stay in guys rooms, girls will stay in girls rooms. Guys will not go into girls rooms and girls will not go into guys rooms.
2. I will stay in my room after curfew.
3. I will not bring, purchase, or use alcohol, drugs, tobacco or tobacco products, guns, knives, fireworks or firearms.
4. I will attend all of the meetings/services/activities/meals.
5. I will show respect toward the adult leaders.
6. I will not participate in inappropriate public displays of affection.
7. I will respect the personal property of others and of the camp and will act accordingly.
8. I understand that at high altitudes my body will need regular and balanced meals, as well as a high consumption of water in order to function properly.
9. I also understand that at high altitudes the sun's strength will enhance my need to cover myself with sunscreen, hat, etc.

**I have carefully read the above guidelines for Summer Camp and my parents
and I fully understand the consequences if I should break these guidelines.**

Student Signature

Date

Parent(s)/Guardian Signature

Date

Parent Contact Phone: _____



Noah's Ark Whitewater Rafting Co. - Release

PO Box 850 • Buena Vista, Colorado 81211 • (719) 395-2158

Acknowledgement of Risks and Release of Liability Form 2008

WHITewater RAFTING CO. & ADVENTURE PROGRAM LTD.

IMPORTANT: THIS IS A LEGAL DOCUMENT: Please read and understand before signing. If you have any questions please ask us or consult an attorney. Please understand that you or your dependent(s) will not be allowed to raft or canoe if changes are made to this document. You are giving up specific legal rights by signing this contract.

Participant name		Reservation name (group leader name under which trip is registered)	
Address	City	State	Zip
Phone	E-mail	Date of trip	

Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. (Noah's Ark) has done everything possible to see that our guests have an enjoyable whitewater rafting experience. We wish to inform our guests that a whitewater rafting trip is not risk free. The same elements that contribute to the unique character and fun of whitewater rafting, such as the physical exertion or the risk, can cause loss or damage to equipment, injury, illness or in extreme cases, permanent trauma or death. We don't want to heighten or reduce your enthusiasm for the experience, but we do want you to know in advance what to expect and to be informed of some of the possible risks. We ask that you read this form, sign it, and return it to our office.

EXPRESS ASSUMPTION OF THE RISK

There are risks that accompany all aspects of life, as well as whitewater rafting and canoeing. Some of these risks are inherent in the activity; some are changed, increased or decreased due to the operations of Noah's Ark. You must read this to better understand and accept all of the risk of the activity, inherent and otherwise. By understanding these risks, you will have a better and more enjoyable trip. (1) There are numerous rapids to be encountered on the trip. Passengers can be jolted, jarred, bounced, thrown about, or otherwise shaken about during rides through some of these rapids. It is possible that passengers could be injured if they come in contact with food boxes, storage containers, other passengers or other fixed equipment necessary to the operation of the expedition and the outfitting of the raft. (2) Boats may turn over in the rapids, which may result in any or all of the following events: (a) prolonged exposure to cold water leading to hypothermia and/or to impaired health or death; (b) injuries sustained from the raft and its supplies and/or equipment during the turn over or after the passenger is in the water, or from items floating in the river or in the river bed, such as rocks or floating debris; (c) death by drowning. (3) Participants can be "washed" overboard in the rapids, which can result in any of the above events occurring. (4) Accidents can occur during off-river excursions, and travel to and from the rafting put-in and take-out is incidental to the raft trip. Accidents can occur during travel to and from the activity site: (a) trails are often steep, rocky and/or slippery; (b) some hikes involve crossing streams, where footing can be awkward; (c) participants can slip or fall during a hike, resulting in injury or death; (d) poisonous or dangerous plants, insects or animals can be encountered, with detrimental effects to some participants, such as illness, shock, or death; (5) Accidents can occur getting on and off the boat: (a) Boats are sometimes slippery when wet. You might slip and fall, in which case you might damage or lose equipment you are carrying (such as cameras, glasses, a canteen or day pack) or you might injure yourself by falling against some object in the boat or on the shore. (b) Boats get hot in the sun; you might burn yourself when you climb aboard or sit on the side of the boat. (c) Boats may drift a distance from the shoreline when you are trying to climb on or off; you might fall in the river or drop equipment in the river. (d) You may be asked to help push a boat from the shore into deeper water. You could injure your back, over-stress your heart or otherwise injure yourself in doing so. (e) You may be asked to help with tying the boat when you pull into shore. Sometimes the current is swift and the rope could pull through your hands causing "rope burns" or abrasions. (f) You might trip over rocks, stumps or other debris on shore while trying to hold the boat or tie it to a suitable object on shore. (6) Exposure to the natural elements can be uncomfortable or harmful. Heat-sunburn, dehydration, heat exhaustion, heat stroke, heat cramps, wind, rain, using portable toilet facilities, eating meals out-of-doors, being in the open for the extended length of the trip can be uncomfortable or cause injury. (7) Medical treatment and evacuation will be rudimentary at best. You will be treated by your guides initially and by any medical personnel who are able to arrive on the scene. Evacuation will be long and difficult. You may not arrive at a hospital for several hours or days based on the injuries and your location. (8) Decisions are made by the guides and participants in a wilderness setting based on a variety of perceptions and evaluations which by their nature are imprecise and subject to errors in judgment.

It is also possible that some participants would suffer mental anguish or trauma from the experience or their injuries. This is not an exclusive or exhaustive list of possible injuries, trauma, or accidents that may occur. Most of these injuries are rare and you are not likely to encounter them. However, they have occurred and you need to know about them and other possible injuries not mentioned above. These injuries occur more often when participants are using drugs or alcohol or are not physically able to undertake the activity.

I certify that my family, including minor children, and I are fully capable of participation in the activities described above. I state that I have read the above statement of some of the possible risks in this activity. Therefore, I assume full responsibility for myself, my family, including minor children, for bodily injury, death, and loss of personal property and any expenses as a result of my negligence, negligence of another participant, negligence of my family or the negligence of Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. **I hereby expressly consent and assume all risks of the activity for myself and my family, including the risks associated with traveling to and from the activity.** I further understand that Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. reserves the right to refuse any person it judges to be incapable of meeting the rigors and requirements of participating in any of the above activities. My family and I are in good physical condition and are able to undertake this activity. I understand and agree that Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. is not a Common Carrier, but is in the business of providing recreational activities. Whitewater rafting is for the purpose of recreation and not for transportation purposes.

CONTRACT, WAIVER, RELEASE, AND INDEMNIFICATION

I agree to indemnify and hold harmless Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd., their agents and employees from any and all claims, damages, losses, injuries and expenses arising out of or resulting from my family's or my participation in these activities. I further agree to release, acquit and covenant not to sue Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd., their agents and employees for any and all actions, causes of action, claims and damages, damages in law or remedies in equity of whatever kind, including the negligence of Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd., negligence of another participant or my family, myself or my heirs, against Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. arising out of participation in this program. This release covers any negligence including negligent acts that may have predated the signing of the release and this release shall continue in force and effect after the activity has ended. This agreement covers the incidental transportation to and from the recreation location. In short, I cannot sue Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd. for any injury I or my child may receive and if I do, I cannot collect any money.

Please read both sides of this document

I agree to indemnify and reimburse *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd* for any damages, costs, fees or expenses they expend on my or my family's behalf including the cost of any Search and Rescue or for any damages I may do to third parties. I understand this means I am the insurer for *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd* for any actions or damages I or my family may incur. I agree that the site of any lawsuit and the law governing any such lawsuit shall be Chaffee County Colorado and governed by Colorado law. The terms of this agreement shall continue to be in effect after the trip has ended. All changes or alterations to this document must be in writing and approved by both parties. No changes to the face of this document are valid. Any copy, electronic or otherwise, is as good as the original. As liquidated damages, I hereby agree that if *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd.* is forced to defend any action, lawsuit or litigation, or for breach of contract not to sue, by myself, my executors or my heirs, on my family's or my behalf, my heirs or executors and I agree to pay *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd.*'s costs and attorney fees if they successfully defend such action, lawsuit or litigation. Should any sentence, clause, paragraph, or part of this agreement be declared unenforceable by a court of competent jurisdiction, the remaining parts or paragraphs shall remain in full force and effect. This release is intended to be interpreted as broadly as possible to effect the intent and purpose of the release. I have adequate health, disability and life insurance for my family and me and acknowledge that *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd.* does not provide accident or medical insurance. I hereby give permission for transportation to any medical facility or hospital and I authorize any guide or medical personnel to render emergency medical care for my family or myself. I hereby authorize the release of any medical information, including information concerning my HIV or AIDS status, in the possession of *Noah's Ark Whitewater Rafting Co. and Adventure Program Ltd.* to any medical facility, hospital, ambulance, first aid provider, first aid service, doctor, nurse or other such person rendering care on my behalf. I hereby waive any action or claim against *Noah's Ark Whitewater Rafting Co. and Adventure Program Ltd.* or any health care provider, hospital, doctor, nurse or first aid provider for the release of this medical information.

Please READ and FILL OUT all appropriate information on both sides of this form and SIGN BELOW.

I, _____, of my own free will, for myself, my family, my minor children and my heirs and executors have read, understand and acknowledge the risks and liability for myself and my family this _____ day of _____ 2008. I have read and understood this agreement. I am voluntarily signing this agreement. I understand I am giving up certain legal rights.

In consideration of the promises and agreements of *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd.* to provide a rewarding river trip, I, for myself, my family, my heirs and executors, promise not to sue *Noah's Ark Whitewater Rafting Co. and Adventure Program, Ltd.* if my family or I are injured or die. I understand that pursuant to Colorado Revised Statutes §13-22-107, this release is effective in preventing claims or litigation for injuries my child may receive.

PARENT OR GUARDIAN:

NAME (please print, parent or guardian required for all participants under age of 18)

Second Parent or Guardian NAME (please print)

SIGNATURE (Parent or guardian signature required for all participants under age of 18)

Second Parent or Guardian SIGNATURE

Every participant must fill out a box below, including the above individual(s), if applicable. Participants on one form must be in the same family residing at the same address.

<p>Participant NAME (please print) _____ AGE _____</p> <p>Participant SIGNATURE _____</p> <p><input type="checkbox"/> By checking this box, I indicate that I have previous whitewater rafting experience.</p>	<p>Do you have any medical condition of which we should be aware, or any medical or physical condition that would affect your ability to meet the physical demands of rafting or canoeing?</p> <p>CIRCLE ONE YES NO</p> <p>If YES, specify condition: _____</p>
<p>Participant NAME (please print) _____ AGE _____</p> <p>Participant SIGNATURE _____</p> <p><input type="checkbox"/> By checking this box, I indicate that I have previous whitewater rafting experience.</p>	<p>Do you have any medical condition of which we should be aware, or any medical or physical condition that would affect your ability to meet the physical demands of rafting or canoeing?</p> <p>CIRCLE ONE YES NO</p> <p>If YES, specify condition: _____</p>
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Please fill out the following information:

Contact Person in case of emergency: _____
Name Phone

Do you carry medical insurance? Yes No _____
Name of insurance provider Group number