

**Our Purpose** is to provide a program of support, healing and hope for persons following the trauma of divorce, separation, or the loss of a primary relationship.

*“When I discovered the stages of emotion in divorce taught at the worship, I realized that divorce is much like a disease process one naturally goes through. I felt for the first time I was a ‘normal’ person going through a ‘normal’—though traumatic—experience.”*

— Dr. J. M.

*“I was separated for over two years and not even close to being divorced, and I was really unsure about going to a seminar called ‘Divorce Recovery.’ But it has been the most positive thing that’s happened to me since my separation! If anyone is hurting from divorce or separation, this can really make a difference!”* — Dr. M.B.

*“The caring and support given me by the group leaders and group members uplifted me and enabled me to start the healing process.”* — J.H.D.

## **Help for Family Members**

A support group opportunity may be available for children of divorce and loss, depending upon interest level. For more information, call First Church at 529-1575, ext. 212.

## **Ongoing Programs**

### **Small Group Sessions**

*An eight-week follow-up (through April 22) for those who attended the Seminar.*

**Wednesday evenings**, 7:00–9:00 p.m.

### **Divorce Recovery Support Group**

*Open small groups for those going through separation or divorce.*

**Friday evenings**, 6:30 p.m.

*“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future...”*

— Jeremiah 29:11

## **Directions**

**First Church of Christ in Wethersfield**, at 250 Main Street, is located in the heart of Old Wethersfield — it’s the large brick church with the tall white spire. Conveniently accessible from I-91, take exit 26 and follow Marsh Street ¼ mile, passing cemetery on right. Turn right at stop sign (Main Street) and right again into the parking lot.

## ***Divorce Recovery***

**NEW HOPE  
NEW BEGINNINGS**

## **SEMI-ANNUAL DIVORCE RECOVERY PROGRAM**

*Seminar Weekend:  
**February 27 & 28, 2009**  
Plus eight weekly  
follow-up sessions on  
Wednesday evenings*

**FIRST CHURCH OF CHRIST**  
250 Main Street  
Wethersfield, CT 06109  
(860) 529-1575  
[www.firstchurch.org](http://www.firstchurch.org)

**Rebuilding a life**, following relationship loss, requires courage, hope, faith and skill.

*New Hope, New Beginnings* offers you a life-changing opportunity through:

- ❖ Informative lectures by professionals
- ❖ Facilitated small-group discussions of lectures
- ❖ Opportunities for sharing with others
- ❖ Ongoing support groups
- ❖ Available counseling services

During the past decade, hundreds have found the tools they have needed to either restore a broken marriage or begin to rebuild their lives following divorce. We hope you will become one of our successful alumni!

*Lisa Bukowski, Ministry Leader  
and the Divorce Recovery Team*

## Seminar Schedule

### Friday, February 27

- 6:30 PM.....Registration  
7:00 PM.....Welcome  
7:30 PM    **Session 1: *The Stages of Divorce and Recovery***  
8:30 PM    Small-Group Discussion  
9:30 PM    Closing

### Saturday, February 28

- 8:30 AM    Continental Breakfast  
9:00 AM    **Session 2: *Embracing My Feelings***  
10:00 AM   Small-Group Discussion  
11:00 AM   **Session 3: *Forgiveness***  
12:00 PM   Luncheon  
1:00 PM    **Session 4: *Healing: A Process***  
2:00 PM    Small-Group Discussion  
3:00 PM    **Session 5: *Divorce  
A Biblical Perspective***  
4:00 PM.....Closing

## Registration Form

DATE \_\_\_\_\_  M  F  
NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
HOME PHONE \_\_\_\_\_  
WORK PHONE \_\_\_\_\_  
CELL PHONE \_\_\_\_\_  
REFERRED BY \_\_\_\_\_

- Separated — How long? \_\_\_\_\_
- Divorced — How long? \_\_\_\_\_
- Widowed — How long? \_\_\_\_\_
- Need childcare (ages 10 & under)  
List ages \_\_\_\_\_
- I have attended Friday Night  
Divorce Support meetings.

*Seminar fee of \$110 includes the program,  
workbook, continental breakfast, lunch, snacks  
and the 8-week follow-up series.*

***Please complete and return this panel with fee  
by Friday, February 20 to:***

**First Church of Christ  
Attention: Betty  
250 Main Street  
Wethersfield, CT 06109**

*For further information concerning the  
program, fee or scholarship availability,  
please call 529-1575, ext. 212.*

### Wednesday Evening Follow-Up Series - 7:00 PM

|          |                            |          |                                    |
|----------|----------------------------|----------|------------------------------------|
| March 4  | <i>Loneliness</i>          | April 1  | <i>Rebuilding Your Self-Esteem</i> |
| March 11 | <i>Angers</i>              | April 8  | <i>Boundaries</i>                  |
| March 18 | <i>Kids in the Middle</i>  | April 15 | <i>Forgiveness and Letting Go</i>  |
| March 25 | <i>Conflict Resolution</i> | April 22 | <i>Moving On: Who Am I Now?</i>    |