

Adult Education 2010-2011 Session V

Sundays
9:45 a.m. - 10:45 a.m.

**January 30,
February 6, 13, 20**

and
**a special evening
event on
Wednesday,
February 16**

**Ladue Chapel
Presbyterian Church (USA)**

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The Apostles' Creed Fireside Room

For many contemporary sensibilities, the *Apostles' Creed* is a hurdle that is difficult to clear. Our post-Enlightenment and post-modern world view which is dominated by a thoroughly scientific understanding of the universe stands often in stark contrast to this ancient document of faith and its challenging language.

In this course, we attempt to meet the *Apostles' Creed* again for the first time. We will take a critical look at this universal creed (the other being the *Nicene Creed*, both of which can be found on p. 14 in our hymnal) and discuss both its strengths as well as its challenges. The topics for each of our four weeks together are as follows:

January 30: God
February 6: Jesus Christ
February 13: The Holy Spirit
February 20: The Church

Leader: Dieter Heinzl, Associate Pastor for Adult Programs and Education at Ladue Chapel.

Family Matters **Strengthening Your Marriage, Family & Friendships** Mellow Library

We discuss issues that matter to families. Join us and enjoy free Deer Creek coffee!

This will be a four-step interactive presentation:

1. A look at how we connect emotionally;
2. Check out your bids for connection;
3. Your brain's emotional command system;
4. Sharpening your emotional connection skills and finding shared meaning.

Leader: Karen Adderton, a Licensed Professional Counselor, a Licensed Marriage and Family Therapist, and Clinical Member of the American Association for Marriage and Family Therapy.

Lectionary Learners
Yellow Room on Upper Level

This class focuses on weekly scripture reading from the Lectionary Guide with discussion and reflection to stimulate the heart and mind. The class will have various discussion leaders and we will study one week ahead of the Lectionary Guide. Lectionary Learners will provide an opportunity for scripture reading/study/discussion and may add to the worship experience for the following week. We meet in the first room at the top of the stairs on the Youth Level. Come join us!

Various Discussion Leaders; Facilitator: Greta Talen, member of Ladue Chapel.

**Lessons from the People
of Bellefontaine Cemetery**
Fellowship Hall

January 30: Laying the Foundation for a Great City
February 6: Comparing 19th Century and 20th Century Attitudes toward Death
February 13: The Spirit of Philanthropy and the Dedication to Medical Mission
February 20: The Struggle for Women's Rights and Social Justice

Leader: Carol Ferring Shepley, a lifelong member of Ladue Chapel, is an art history professor at Maryville University and author of Movers and Shakers, Scalawags and Suffragettes: Tales from Bellefontaine Cemetery.

Special Evening Event

Girl Talk!
An Exclusive Event for Moms and Their Tween and Teen Daughters
Wednesday, February 16
6:30 p.m.
Fellowship Hall

Do you ever wonder how to keep communication lines open with your teen? Do you ever wish your mom just understood the way you feel? Do you worry about the issues both of you will face in middle and high school? In a quickly changing world where technology is shaping the way we all communicate with each other, and more teens are dealing with peer pressure and stress, parents find it difficult to keep up and want to know how to help.

In this interactive workshop, our presenter will share tips every mom and daughter can use:

- Key issues tweens and teens face and how to talk about it with each other;
- How to talk so you can both hear each other;
- How to create a foundation of trust in your relationship;
- How to stay safe with technology online and offline;
- How to deal with cyber bullying, texting, and the internet;
- How to deal with the secrets girls keep.

*Leader: Carrie Silver-Stock, is a social worker and the founder of www.girlswithdreams.com, a social networking site that provides support, advice, and tips on the issues girls struggle with most. She has appeared on NBC, FOX, CBS, and numerous radio programs in addition to contributing articles to many media outlets. She is passionate about hearing and inspiring teens to help them find their own way. Carrie is an award winning author and has written two books, *The Powder Box Secrets* and *Secrets Girls Keep* (HCI).*