

Goodness Challenge

Personal Moral Inventory

The following questions are adapted from a list which the members of Jonathan Wesley's followers asked themselves each day in their private devotions. The original list was developed in the mid 1700s, yet the questions are remarkably relevant for us today.

Warning: If asked prayerfully and thoughtfully, some of these questions may lead to significant changes in your lifestyle!

- 1 Am I consciously or unconsciously creating the impression that I am better than I really am?
- 2 Am I honest in all of my actions & words, or do I exaggerate?
- 3 Can I be trusted?
- 4 Have I passed on to another what I was told in confidence?
- 5 Am I a slave to friends, work, appearances, or habits?
- 6 Am I self-conscious, self-pitying, or self-justifying?
- 7 When did I last spend extended time (more than a few minutes) in prayer?
- 8 Do I pray about the money I spend?
- 9 How do I spend my spare time?
- 10 When did I last spend extended time (more than a few minutes) reading God's Word?
- 11 When did I last speak to someone else about my faith?
- 12 Do I easily grumble or complain inwardly or to others?
- 13 Do I insist on doing something about which my conscience is uneasy?
- 14 Am I proud?
- 15 Is there anyone who I dislike, fear, resent, disown, intentionally ignore, or overly criticize?
- 16 Is there any person or object that has taken the place of god in my heart?
- 17 Do I have secrets that I am unwilling to share with those closest to me?
- 18 Am I quick to seek and to extend forgiveness?
- 19 Is Jesus Christ Real to me?
- 20 Am I jealous or resentful of another's success?

Note: These questions are not meant to make you feel guilty, but to bring you to a deeper realization of how much you need the grace of God!

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. – 1 John 1:8-9

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions — it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. For it is by grace you have been saved, through faith — and this not from yourselves, it is the gift of God — not by works, so that no one can boast. For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do. – Ephesians 2:4-10

Further Reading & Study:

1 Peter 2:11-12, Matthew 5:13-16, 7:15-20, Matthew 19:16-17, Romans 3:9-12, 7:18-19, Psalm 14:1-2, 2 Corinthians 9:8, Hebrews 13:20-21