

**“To Have and to Hold”**  
*The myth, mystery and miracle of Christian marriage*

Part 4: **“He Said, She Said”**  
*The problem and power of communication*

**Ephesians 5:21-32 (selected) NIV**

*Submit to one another out of reverence for Christ.  
 Wives, submit to your husbands as to the Lord. For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. Now as the church submits to Christ, so also wives should submit to their husbands in everything.  
 Husbands, love your wives just as Christ loved the church and gave himself up for her...In this same way husbands ought to love their wives as their own bodies. He who loves his wife loves himself. After all, no one ever hated his own body, but he feeds and cares for it, just as Christ does the church...  
 ...each one of you must love his wife as he loves himself, and the wife must respect her husband.*

**1 Peter 3:7**

*Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you in the gracious gift of life, so that nothing will hinder your prayers.*

I. Communicate \_\_\_\_\_

- Understand \_\_\_\_\_
- Understand \_\_\_\_\_

II. Communicate \_\_\_\_\_

**Colossians 3:12-14**

*Therefore as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other*

*and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.*

- Love through \_\_\_\_\_
- Love through \_\_\_\_\_
- Love through \_\_\_\_\_
- Love through \_\_\_\_\_
- Love through \_\_\_\_\_

III. Communicate \_\_\_\_\_

**Ephesians 4:15**

*Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ.*

- The \_\_\_\_\_ level
- The \_\_\_\_\_ level
- The \_\_\_\_\_ level