

*Let us stop just saying we
love each other: let us really
show it by our actions. It is
by our actions that we
know we are living in the
truth so we will be
confident when we stand
before the Lord.*

1 John 3: 18 & 19

*Thank you for your interest
in Love and Action.*

Love & Action, Fox Valley, Inc. is a non-profit, tax-exempt organization, depending on the prayers and contributions of concerned individuals and churches. All gifts are tax deductible.

Annual garage and perennial plant sale the first weekend after Mother's Day in May.

*Love & Action
Fox Valley, Inc.*

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**A Christian Ministry
offering a helping hand
and heart to families
touched by AIDS**



What we do...

The ministry of Love and Action is many-faceted. Our goal is to lend support—physical, emotional and spiritual—to individuals with HIV-AIDS and their families, and more importantly tell the Good News that God loves them no matter what their condition or circumstance.

We have provided hospital and nursing home visits to people in their last stages of AIDS. There are opportunities to get together for fellowship and encouragement at a men's Bible study, holiday dinners and ladies luncheons. Food, clothing and household items can be provided when the need arises.

Love & Action has a working relationship with the Open Door Clinic in Elgin and Aurora.

How we do it...

Love and Action operates with a host of volunteers and with monetary donations from individuals and churches. Families, churches, Sunday School classes, youth groups and care groups are encouraged to “adopt” a family with HIV-AIDS.

Ways you can help:

- Pray for the ministry.
- Provide transportation to appointments.
- Prepare and deliver holiday meals.
- Lead a monthly Bible Study.
- Provide food for the Ladies Luncheon.
- Hospital and nursing home visits.
- Provide gift cards for gas and food.
- Make an Easter basket for a family.

To be a volunteer or for more information contact Bill and Marilyn Berg (630)584-5380.

How to be a friend to someone you know with AIDS.

1. Try not to avoid your friend. Be there—it instills hope.
2. Call and ask if it is okay to come for a visit. Let your friend make the decision. He may not feel up to a visitor that day.
3. Respond to your friend's emotions. Weep and laugh with your friend.
4. Don't be afraid to share the joy of Jesus but don't be overbearing.
5. Celebrate holidays and life with your friend by offering to decorate the home or hospital room. Include your friend in your holiday festivities.
6. Call and say you would like to bring a favorite meal to their home.
7. Offer to do household chores such as laundry or yard work.
8. Don't allow your friend to be isolated. Let them know about support groups and Bible studies.
9. It's okay to ask about the illness, but be sensitive to whether your friend wants to discuss it.
10. Bring a positive attitude to your visits. It's contagious!