

Fire in the Belly

Session 21: The Corruption of Trivia

Proverbs 15:14

The discerning heart seeks knowledge, but the mouth of a fool feeds on folly.

I. The attraction of folly (trivia)

Proverbs 9:13-16

The woman Folly is loud; she is undisciplined and without knowledge. She sits at the door of her house, on a seat at the highest point of the city, Calling out to those who pass by, who go straight on their way.

“Let all who are simple come in here!” she says to those who lack judgment.

“Stolen water is sweet; food eaten in secret is delicious!”

But little do they know that the dead are there, that her guests are in the depths of the grave.

- Trivia is easy
- Trivia is safe
- Trivia is useless

II. The danger of folly (trivia)

- Folly robs us of time
- Folly robs us of truth
- Folly can rob us of God

III. Restoring the Passion for Learning

Philippians 4:8-9

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you.

- Fill your mind with good things
- Put into practice what you learn

Discussion Questions:

1. This is a table group competition: Looking back over the course of your life, what are some of the more trivial (dumb and useless) ways you have spent your time and mental energy (useless hobbies, dumb T.V. shows; interests that now seem goofy or embarrassing. etc.)?
2. In your mind, when do rest, relaxation and fun become “folly?”
3. In your experience, what are the greatest barriers to learning and spiritual growth? What steps of personal/mental discipline have you tried or found helpful?

