



## SUGGESTIONS AND IDEAS FOR MAKING A QUILT FOR THE 2008 SOUTHWESTERN TEXAS SYNOD ASSEMBLY

A good minimum size for a quilt is 60 inches by 80 inches—roughly twin size. This is also the Lutheran World Relief standard quilt size. A larger quilt that is made or donated will be greatly appreciated too.

A quilt is composed of 3 layers: a top that is usually pieced, batting (cotton or polyester), and a backing. Quilts are made of woven cotton or cotton polyester fabric that is washed before using. An efficient and easy way to finish off the edge of a quilt is to cut the backing 2 inches wider than the batting and top layers on all sides. Then, simply fold the larger back onto the front side, pin it and stitch it down using a sewing machine. Using new or clean used material and good thread is recommended.

Tying or quilting the layers together is an excellent way to secure the three layers.

Art quilts are fascinating. In the creation of art quilts, many of the traditional rules are broken. Don't hesitate to try making a unique and creative quilt. Just be sure your quilt can withstand numerous washes.

Making a handmade quilt is a labor of love. We welcome your creativity and hard work.

The quilts will be displayed in the buildings that will be used for the Synod Assembly on May 31 and June 1, 2008. Be sure to label your quilt with your church's name and city and send it with your voting members to the Synod Assembly.

The people of Costa Rica will be the recipients of either the quilts or the money donated by assembly participants who buy the quilts.

We graciously thank you for participating in this worthwhile effort. All quilts will be a warm blessing to those who receive them.