



THE EPISCOPAL CHURCH  
ON SANIBEL ISLAND

Wednesday  
Worship  
6 pm

Pot Luck Supper  
April 2<sup>nd</sup>  
6:30 p.m.

Forum with  
Interim Rector

Lunch & Learn  
"Heart Health"

# The Red Door

April 1, 2008

News of the people and ministries of Saint Michael and All Angels Church, Sanibel, Florida

## *Thoughts from our Interim Rector*

I am very pleased to be a part of the Saint Michael's community. I am looking forward to the work we will be doing during this interim period as we discern and claim the new future into which God is leading us.

One of the important purposes of the interim period is for a parish to discover who it is as a committed community of Christ. This discovery enables the recognition of the parish's specific individual personality and those gifts which make it unique.

Every parish has its own unique personality. The persona of the sitting priest is an essential part of this aspect of parish life. The personality of the parish changes decisively when the Rector retires or leaves for a new position.

It is important, during the interim period, to recognize the various changes that take place in a parish at this juncture in its history. The exploration and inquiry this entails takes time and prayer. It is not something that can be done overnight. Patience and listening are essential characteristics that are needed during this time.

Recognition of the parish's unique personality and gifts creates a new field of discovery that ultimately enhances the search process. It enables the exercise of listening for God's will and the direction He would have the parish take, and the type of person who would best lead as priest and pastor.

I am looking forward to participating with you, the parish of Saint Michael's, in this exciting interim time of exploration and discovery. I know we will all benefit extraordinarily from this process as God leads us into His future of unlimited design.

*Peace,*

*Frx. John*

## *Worship is at the heart of all we do*

We invite you to worship with us:

- **Saturday at 5** – A “Come as you are Eucharist” and a Reception following.
- **Sunday at 8** – A traditional Eucharist with hymns, followed by Coffee Hour.
- **Sunday at 10:30** – Choral Eucharist, followed by Coffee Hour.\*

(\*With Sunday Overseas Shuttle pickup at Woodlands and then at SPV Island)

Wednesdays 9 a.m. Eucharist with prayers for healing  
Wednesdays 6 p.m. Evening Worship

## April Pot Luck Supper to Welcome Interim Rector

The Pot Luck supper on April 2<sup>nd</sup> will be an occasion to welcome our Interim Rector, The Rev. John Corbiere (Fr. John). The theme for the evening will be Italian Night. Appropriate dishes include baked pastas, various antipasti (Italian cheeses and sausages, roasted peppers), salads and desserts (tiramisu, ricotta cheese cake). Please sign up in the parish hall to bring your Italian favorite.

Parish Life Commission

## Join us for a Forum Meeting with our New Interim Rector

On Sunday, April 13<sup>th</sup>, from 9:15 a.m. - 10:15 a.m. in the Parish Hall, we will have an opportunity to hear some brief remarks from our new Interim Rector, John Corbiere, followed by a Q & A session. This special **congregation** meeting is designed to give **all** parishioners an opportunity to meet and exchange ideas with Father John in a forum setting.

At this meeting he will share his ideas on how we could spend our interim time with him to the best advantage of ourselves and Saint Michael's. Following his comments he will entertain any and all questions. If you would like to share something with him from your "Wish list for Saint Michael's" this would be a good time to do it.

## ECW Monthly Luncheon

**Monday, April 14, 2008, 12:30 PM, Parish Hall**

The April monthly luncheon and meeting will include the election of ECW Officers for 2008-09. Everyone is welcome! Please join us for this last monthly luncheon of the season and to welcome our new Officers. Sign-up on the clip-board in the Parish Hall to attend.

## Wednesday Night Worship

Please join us at 6:00 p.m. for Wednesday Night Worship. This Easter Season our theme will be “Listening to Jesus”. Our main focus will be on “The Great *I Am*”.

The schedule will be as follows.

April 2	<i>I Am the Light of the World</i>	John 8:12, 9:5
April 9	<i>I Am the Good Shepherd</i>	John 10:14
April 16	<i>I Am the Resurrection and the Life</i>	John 11:25
April 23	<i>I Am the Way the Truth and the Life</i>	John 14:16
April 30	(Eucharist) <i>I Am the True Vine</i>	John 15:1, 5
May 7	<i>I Will Give You Living Water</i>	John 4:10

## Bible and Book Study Group

The Book Study will continue throughout April, when we shall be studying a new book:

Book: *Life of the Beloved* by Henri Nouwen  
Time: Fridays, from 10 to 11:30 a.m.  
Place: The Parlor  
Dates: April 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>  
Leaders: Liz Farrow, Christine Steege, Lee Williams

Our time together begins with music and prayer, which adds to our awareness of the Lord's presence with us, guiding and inspiring us.

As always, we are delighted to welcome new members to the group.

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**Deadline for the May issue of *The Red Door* is April 20<sup>th</sup>.**

## Please Help Us Control Administrative Costs

The Vestry and staff members of Saint Michael's Church are pursuing ways to reduce costs, especially in the areas of Administration and Property. Doing so will enable us to maintain staff, grow our ministries, and improve our financial stability. Last year we mailed 20 issues of *The Red Door*, to everyone on our mailing list. Most contained color, which is costly to reproduce. Postage alone was an average of \$125 per mailing. Bulk mailings from Sanibel are slow. Add to these the cost of paper and staff time, and you can understand why we need to find less costly and more efficient methods of communication.

First, *The Red Door* will be published monthly. Second, we ask everyone with Internet access to read *The Red Door* on our website (or download and print it) instead of receiving it by mail. *The Red Door* has been available for some time on our website at [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org). Check it out!

We'll gladly notify you by e-mail as each new issue of *The Red Door* becomes available. (You'll be able to opt out of notification if you wish.) **To ensure that we have your current e-mail address, please go to the website and click on "Contact Us".** Then forward via e-mail your name and current address(es).

**Our last general mailing of *The Red Door* will be our May issue!** Of course, we won't deprive faithful parishioners of access to *The Red Door* if they cannot read it on the Internet. If you want to continue to receive *The Red Door* by U.S. mail, please contact Susan in the Church Office by phone at (239) 472-2173 or drop us a note.

Once you convert to Internet delivery, you'll have the satisfaction of receiving the issue several days before your paper copy would have arrived, and of knowing that you are helping the Earth to conserve resources and the Parish to conserve money.

Sandy Trevor, *Chair, Ad-Hoc Administration Committee*  
John Pryor, *Senior Warden*

## Going North?

As many of you prepare to leave Sanibel in the next few weeks, please remember to inform the Church Office of your departure so that we can better keep you informed of what is happening here at Saint Michael and All Angels through our monthly *Red Door* and other church mailings.

## Sing-a-long

Come out and join us for Saint Michael's Sing-a-long at ShellPoint on **Tuesday, April 29<sup>th</sup>, at 3 PM.** All are welcome to help us provide musical cheer to our friends at SPV. Join us for an hour or so of favorite tunes and hymns.



## Thank You

*A special Thank You goes to all the Adjunct Clergy: The Rev. Paul Goddard, The Rev Liz Farrow, The Rev. Anne Kimball and The Rev. Mardi Ponader, Deacon; and also to Director of Music Willis Bodine, the Choir and The Rev. Doug Lind, for their superb job preparing and delivering 10 services during Holy Week and Easter Weekend.*

*Attendance at the Easter Weekend services reached an all-time high. Saturday's Easter Vigil had 109 in attendance. Sunday at 8:00 had 195; 9:30 had 360; and the 11 o'clock had 227 in attendance.*

## Noah's Ark Schedule

Beginning May 1<sup>st</sup> Noah's Ark Thrift Store will begin their summer schedule.

**Tuesday and Friday**  
**9:30 a.m. – 12:30 p.m.**

They will continue to accept contributions during the summer. It is staffed by church volunteers, and proceeds support a wide variety of charities at the local, regional, national and international levels, including disaster relief. Phone: **472-3356.**

## A Gift to the Parish Choir

Did you notice something special about the Parish Choir vestments on Easter Day? The singers were wearing—for the very first time—beautiful pectoral crosses especially designed for Saint Michael's and given by the artist: **Don Drumm** of Akron OH, a recent visitor to the islands. Some of his Christian metal pieces now hang in the Parish Hall. Thank you, Don and Lisa!

# Stewardship Annual Giving

The Stewardship Commission is pleased to announce that as of March 27, 2008 pledges totaling \$391,340 have been received by the Church Office. This amount reflects pledges from 159 parishioners. Thanks to everyone for their response.

## Budget

The proposed budget revision below reflects our financial plans for 2008, based on our latest information regarding income and expenses. An Open Budget Meeting is planned for TUESDAY APRIL 8 at 1:30 PM in the Parish Hall. All are invited. - *The Budget Team*

<i>SMAA INCOME AND EXPENSE Proposed Budget Revision Mar 27-2008</i>				
	Year 2007 Actual	2008 Budget Apr. Feb '08	Proposed Rev. 03-27-08	Notes on Mar 27 Proposed Revision
<b>Income</b>				
<i>Contributions</i>				
Unpledged Contrib., Including Plate	\$54,034	\$61,000	\$60,500	
Pledge Pmnts. (Incl. '07 \$40K Chall.)	\$452,681	\$465,000	\$400,000	Most pledges have been received.
Pledge Payments for Prior year	\$13,255	\$13,255	\$14,000	All recieved.
ECW Contributions	\$45,000	\$50,000	\$50,000	
<b>Total Contributions</b>	<b>\$564,970</b>	<b>\$590,000</b>	<b>\$524,500</b>	
<i>Designated Gifts (Incl. ECW Gifts)</i>	\$11,931	\$9,000	\$9,000	
<i>Trust Inc. (Hicks, Housing, Maint.)</i>	\$35,716	\$38,500	\$28,500	Housing trust payout in 2008 is questionable.
<i>Other Income</i>	\$10,496	\$2,700	\$2,700	No reimbursements included in 2008 budget.
<b>Total Income</b>	<b>\$623,113</b>	<b>\$640,200</b>	<b>\$564,700</b>	
<b>Expenses</b>				
<i>Ministry Expenses</i>				
Worship	\$2,338	\$3,600	\$1,200	Altar supplies funded by Flower/candle funds
Music	\$8,083	\$2,550	\$2,750	No extraordinary piano costs
Education	\$4,134	\$7,100	\$6,600	
Training & Conventions	\$6,587	\$4,200	\$1,900	Diocesan Convention only.
Pastoral Care	\$6,390	\$4,100	\$3,900	No Parish Nurse startup costs.
Parish Life	\$4,848	\$4,000	\$4,000	Event revenues credited to this account.
Mission Outreach	\$20,000	\$38,000	\$38,000	On track for Tithe of income in 2010
Diocesan Assessment	\$48,608	\$56,261	\$56,261	
Stewardship	\$4,122	\$3,000	\$4,100	
Parish Growth & Evangelism	\$3,616	\$4,500	\$2,000	Some projects cancelled.
<b>Total Ministry Expenses</b>	<b>\$108,726</b>	<b>\$127,311</b>	<b>\$120,711</b>	
<i>Administrative Expenses</i>				
Accounting Audit, Legal & Misc. Exp.	\$8,407	\$5,000	\$4,800	
Office Equipment (Incl. paper in 07)	\$22,676	\$11,000	\$10,000	
Office Supplies, Paper, Printing	\$9,416	\$12,000	\$10,000	Cut publication frequency, use Internet more.
Postage	\$7,354	\$5,500	\$3,500	Cut publication frequency, use Internet more.
Telephone	\$5,312	\$5,500	\$5,500	
Computer Support & Internet Fees	\$4,370	\$4,850	\$3,850	Changes in services instituted & planned
<b>Total Administrative Exp.</b>	<b>\$57,536</b>	<b>\$43,850</b>	<b>\$37,650</b>	
<b>Personnel</b>				
<i>Payroll</i>				
Lay Staff Salaries	\$126,630	\$138,135	\$135,635	No Sunday Sexton over summer.
Clergy Stipends	\$89,567	\$62,085	\$56,335	Lower because Interim does not arrive until 4/1
<b>Total Payroll</b>	<b>\$216,197</b>	<b>\$200,220</b>	<b>\$191,970</b>	
<i>Benefits</i>				
Insurance, Pensions, & Annuities	\$97,637	\$65,866	\$61,242	Lower because Interim does not arrive until 4/1
Housing Allowances - Clergy	\$75,683	\$32,180	\$27,180	Lower because Interim does not arrive until 4/1
<b>Total Benefits</b>	<b>\$173,320</b>	<b>\$98,046</b>	<b>\$88,422</b>	
<i>Reimbursements</i>				
Clergy Moving Expense	\$603	\$5,000	\$500	Actual expense.
Auto Expenses - Lay & Clergy	\$3,624	\$3,300	\$2,180	
Continuing Education - Lay & Clergy	\$2,062	\$1,500	\$1,500	
Other Reimbursements	\$3,845	\$1,400	\$1,900	
<b>Total Reimbursements</b>	<b>\$10,134</b>	<b>\$11,200</b>	<b>\$6,080</b>	
<i>Search Exp. (Consultant, travel, misc.)</i>	\$0	\$17,000	\$12,000	No search travel anticipated in 2008.
<b>Total Personnel Expenses</b>	<b>\$399,651</b>	<b>\$326,466</b>	<b>\$298,472</b>	
<b>Property</b>				
<i>Regular Contracted Services</i>				
Cleaning & Furniture Setups - Parish Hall	\$27,287	\$21,500	\$22,000	Setups performed by volunteers in 2008.
A/C testing and cleaning	\$7,400	\$6,000	\$6,000	
Landscaping	\$5,160	\$5,160	\$5,160	
Irrigation, garbage, security, lift station, etc.	\$7,500	\$6,700	\$6,700	
<b>Subtotal - Regular Contracted Services</b>	<b>\$47,347</b>	<b>\$39,360</b>	<b>\$39,860</b>	
Building & Driveway Repairs	\$10,209	\$9,800	\$9,500	
Utilities - sewer, water, electricity	\$17,105	\$13,000	\$12,000	Power & sewer charges cut; less apartment use.
Taxes & Building Insurance	\$26,287	\$24,430	\$24,430	
Minor Improvements	\$0	\$1,000	\$0	
Shuttle Bus fuel, service, insurance	\$4,936	\$4,940	\$4,940	
<b>Total Property Expenses</b>	<b>\$105,885</b>	<b>\$92,530</b>	<b>\$90,730</b>	
<b>TOTAL OPERATING EXPENSES</b>	<b>\$671,798</b>	<b>\$590,157</b>	<b>\$548,563</b>	
Operating Surplus	\$0	\$50,157	\$16,137	
<b>TRANSFERS TO RESERVES</b>		<b>\$50,000</b>	<b>\$16,000</b>	Additional \$4,000 gift made to Reserves.
<b>Net Surplus</b>	<b>(\$48,685)</b>	<b>\$43</b>	<b>\$137</b>	

## From Roberta Heller, R.N., Parish Nurse

### LUNCH and LEARN

Please join us **Thursday, April 24<sup>th</sup> 12:30 to 2 p.m.** for a presentation on cardiac health, early warning signs, diagnostic tools and treatments with Marion Harris-Barter, BSN in the Parish Hall.

Each year, about 1.1 million Americans have heart attacks and 460,000 of the attacks are fatal. About half of those deaths occur within the first hour of the onset of symptoms and before the person reaches the hospital. **The importance of getting to the hospital early cannot be emphasized enough. Fast action saves lives and limits the amount of damage to the heart.**



#### KNOW THE WARNING SIGNS OF A HEART ATTACK:

- Chest discomfort – pressure, squeezing, fullness, or pain in the center of the chest
- Discomfort in one or both arms, back, neck, jaw, or stomach
- Shortness of breath, may come before or with the chest discomfort
- Sweating
- Nausea, feeling sick
- Light-headedness

#### HEART ATTACKS IN WOMEN:

Women often have an undiagnosed heart attack because their symptoms may be different, often more subtle, than in men.

- Women may feel poorly for several weeks before the actual heart attack.
- 30% of all women having heart attacks will not have chest pain.
- Women are more likely to experience shortness of breath, nausea and vomiting, back or jaw pain.
- Women tend to delay telling others for fear of causing worry or bother.

If you think a heart attack is happening, **call 911**. Never drive yourself, unless you have absolutely no other choice. People do not call 911 for a variety of reasons: denial – we don't want to believe this could be happening; embarrassment – we don't want the neighbors to see an emergency vehicle arrive at our door; and we think it is faster if we transport ourselves.

#### Advantages of calling 911:

- EMTs can start treatment immediately.
- They are linked to a hospital so they can send information to the ER before the patient arrives.
- Your heart may stop beating during a heart attack. Emergency response teams carry equipment to restart the heart.

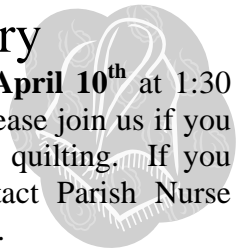
For more information on heart disease:

[www.leememorial.org/cardiac](http://www.leememorial.org/cardiac), American Heart Association (AHA) [www.americanheart.org](http://www.americanheart.org) and the National Heart, Lung and Blood Institute (NHLBI) [www.nhlbi.nih.gov/health/public/heart/index.htm](http://www.nhlbi.nih.gov/health/public/heart/index.htm).

*“The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him.” – Psalm 28:7*

## Prayer Shawl Ministry

Our next meeting is **Thursday, April 10<sup>th</sup>** at 1:30 p.m. in Meeting Room 1 & 2. Please join us if you enjoy knitting, crocheting and/or quilting. If you have any questions, please contact Parish Nurse Roberta Heller at 472-2173, ext. 3.



## CPR Training

This session is for those who missed the last two CPR classes offered. It will be held on **Monday, April 21<sup>st</sup>** from 1-4:30 p.m. at the Sanibel Fire Station on Palm Ridge Road. Cost, including materials, is \$20 for an individual and \$25 for a couple. Please sign up at the Fire Station by Monday, April 14<sup>th</sup>. If you have any questions, please contact Roberta at 472-2173.

## Lunch and Learn – looking ahead

Mark your calendars for Tuesday, May 20<sup>th</sup> when Elise Eifert, MS, Health Educator speaks at our last *Lunch and Learn* for the season about Dementia and Alzheimer.

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## April Birthdays

- 1<sup>st</sup> Lee Williams
- 3<sup>rd</sup> Ronn Downey, Earl Moorhouse
- 4<sup>th</sup> Betsy Winters
- 6<sup>th</sup> Scott Withers
- 7<sup>th</sup> April Bradley, Jane Withers, Bob Rando
- 9<sup>th</sup> Roberta Winters
- 10<sup>th</sup> Katie Ottmans, Nancy Kiddoo
- 11<sup>th</sup> Martha Ballard, Sally Lund, Bob MacNaughton, Char Mallory
- 12<sup>th</sup> Sandy Trevor
- 13<sup>th</sup> Mary Dickison
- 16<sup>th</sup> William Black
- 17<sup>th</sup> Kathryn Harris
- 18<sup>th</sup> Buck Kirkpatrick, Roberta Heller
- 19<sup>th</sup> Kevin Pierce, Bill Maruchi, Art Sherrill
- 22<sup>nd</sup> Linda Korn, Joanne Syversen
- 25<sup>th</sup> Carl Meier, Dick Smith
- 26<sup>th</sup> Nora Kreiger, Phill Urion, Barbara Maruchi, Lee Cooper
- 27<sup>th</sup> Charlie Deason, Bill Coffey
- 28<sup>th</sup> Marvell Bradley
- 29<sup>th</sup> Anne Kimball
- 30<sup>th</sup> Betsy Schuman

## April Anniversaries

- 1<sup>st</sup> Dale and Diane McGinley
- 9<sup>th</sup> Charles and Ann Simms
- 10<sup>th</sup> Warner and Nancy Bacon
- 11<sup>th</sup> Stephen and Ellen Lai
- 15<sup>th</sup> David and Carroll Connor
- 27<sup>th</sup> Lynn and Doris Rogers
- 30<sup>th</sup> Ken and Marjory Chambers

# Singing the Psalms in Worship, Part III

— Notes from the Director of Music about our worship song —

Since September 2007 we at Saint Michael's have been learning to sing the Psalms in worship, in a variety of musical ways. This most Anglican element of worship is common throughout the world, and has received special emphasis in our various liturgies here on Sanibel. In the Fall we sang several Psalms in **rhyiming translations** set to familiar tunes, and even had a learning opportunity in the Parish Hall. On the four Sundays of Advent we sang prose Psalms to a form of Gregorian Tone VIII, and experienced **chant style** together. During the Epiphany season we explored **metrical paraphrases** (a style that our liturgical forebears in Holland and the British Isles knew quite well), and we sang music from the Moravian, Reformed, and British/American folk traditions. To mark the Sundays in Lent, joining parishes throughout the United States, we once again **chanted** the Prayer Book texts to Gregorian Tone II.

So now, during the Great Fifty Days of the Easter season leading to Pentecost on May 11<sup>th</sup>, we will experience the special sound of the Psalms in the style of the **Taizé Community** in central France, as well as in related forms by **Gelineau** and **Hopson** and others. Often, our congregational part is a simple "**antiphon**" (like a refrain, but shorter) that is repeated by everyone several times in the course of the Psalm. The full text is carried by a **cantor** (an individual singer) in various patterns with the Parish Choir — sometimes **responsorial**, or else in **alternation**. (The special magic of Taizé worship also involves candles, movement, simple songs, long spaces of silence, and much musical repetition. Saint Michael's has occasionally experienced this on Wednesday evenings, encouraged by Betty and Bill Carr, but an increasing number of parishes are finding great value in regular Taizé services.)

Of course, the prose translations of the Hebrew Psalms in the *Book of Common Prayer* (1979) always repay careful study and even comparison with the versions used in our liturgies. Each "proper Psalm" of the Revised Common Lectionary is part of our response to the Old and New Testament lessons, usually linked closely with the Gospel as well. It is the timeless rhythm of these words that propels our faith song, whatever the musical style of the setting.

Willis



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**Weekend Worship:**  
**Saturdays at 5, Sundays at 8 & 10:30**

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**April 1, 2008**