

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Ash Wednesday Liturgy, 1979 Book of Common Prayer, p. 265

“Lent” comes from the Anglo-Saxon word *lencton* – the time of year when the days grow long. For Christians, the forty days of Lent are a time to prepare oneself to be a more faithful Christian. It is a time of inward reflection and outward response to God. In the early church, Lent was the time of preparation for the Easter baptism of those new to the faith. Converts were to receive the sacrament of baptism – receiving “new birth” and “death to sin.” Lent became a time of fasting and preparation.

Lent isn't an end in itself; its purpose is to make way in our hearts and our lives for the great events of Holy Week and Easter, and the full 50 days of Easter celebration afterward. This is a great story arc that begins with Ash Wednesday, peaks with the events upon which our faith rests - Jesus' passion, death, and resurrection - and eventually comes to rest at the feast of Pentecost.



FEBRUARY 5 SHROVE TUESDAY

The week before Lent begins is a time for fun and frivolity. The name Shrove Tuesday comes from the custom of ringing the ‘*shriving bell*’ to summon the people to church to be shriven, or to confess their sins at the beginning of Lent. Traditionally on Shrove Tuesday families emptied their pantries of eggs, milk, and sugar in preparation for the 40 days of Lent.

Join us in the Parish for all the Shrove Tuesday festivities. Pancakes will be served at **6pm** followed by our Primary Choir performing *Sesame Street Live!* Then, our youth group will show off their many skills in a talent show - singing, dancing, and crazy skits! Additionally, we'll have some great items to raffle off. Tickets are \$10 for adults, \$5 for children, and \$30 for a family ticket. Tickets can be purchased at the door or in advance on Sunday mornings. *All proceeds for the evening benefit the Youth Summer Mission Trips.*

STARFISH PROJECT

Starfish project was created to enrich your soul and renew your spirit during the 40 days of Lent. It is also intended to provide information about the kind of life the poor and forgotten live, focusing on the lives of those in Haiti.

Each Starfish booklet has an entry for every day in Lent. We hope that you will take some time of reflection and read the entry for the day – every day. When possible read the daily selection with others, with your family at the table or before bed time. Reading the booklet with co workers- when appropriate – is another fine way to participate. Most importantly, read the booklet reflectively and carefully.



Please remember - the Haitians have nothing – or almost nothing. Every offering – no matter how small – holds significance. The most important consideration is your participation.

Here are some suggestions: use the small tin pail that came with this booklet to collect your offerings. The three fold discipline of Lent includes fasting, almsgiving and prayer. Starfish is first a call to prayer. The daily devotions serve as a perfect entry into prayer. Fasting and almsgiving can be demonstrated in this way: A special coffee at one of the many coffee bars totals about \$3.00. That amount of money will feed a Haitian for 6 days – with food rich in nutrients and vitamins. Small monetary offerings – when given every day – will make a great difference.

\$1.00 a day per pledging family- spread across the 40 days of Lent – is almost \$16,000.

\$1.00 a day from every parishioner – spread across the 40 days of Lent – is almost \$80,000.



The devotions begin on Ash Wednesday and we participate through Easter Day. Alms and Starfish Offerings can be brought to the church at any service of Holy Week, beginning with Palm Sunday. There will be special Starfish Pails in the Narthex to receive our offerings.

FORMATION

SUNDAY MORNINGS

FEBRUARY 10 AND 24

The Seven Deadly Sins

Parish Hall

Can you name them? For this class we will use the list offered by Mohandas Karamachand Gandhi.

Wealth without Work; Pleasure without Conscience; Science without Humanity; Knowledge without Character; Politics without Principle; Commerce without Morality; Worship without Sacrifice.

Leaders: Tom Conley and John Porter

Caring for Children as Spiritual Practice

PH Rm 102

How is it possible to find spiritual depth in the midst of chaos of our lives with children? By looking at both the blessings and the difficulties of raising children we hope to raise awareness how parenting is indeed a spiritual practice.

Leader: Alison Schultz

Faith and Fiction

Conference Room

This course will continue to examine elements of faith as depicted in short fiction.

Leader: Dr Sally Parsonson

FEBRUARY 17

Open Form with Church Leadership

Parish Hall

Gather with Vestry to discuss financials, stewardship and strategic plan funding.



Wellsprings in the Desert: *an occasional series featuring people serving God & neighbor with remarkable grace & power*

We are very pleased to present to the parish over the next several months men and women who offer hope and promise in their dedication to follow God's calling.

March 2

The Rev. Dr. Walter Brueggemann – come hear the importance and opportunity of moving from anxious scarcity to hopeful abundance as we continue to be God's agents of change in the world.

March 9

In celebration of Haiti – Our 6 years of a partnership with the people of Haiti has touched so many – not only in Haiti but here as well. Come and experience these amazing stories of grace and power.



Looking ahead to Easter

April 6

The Rev. Betsy Irvine, Executive Director Louisiana Delta Service Corp. Betsy has been at the storm center of Katrina recovery in Louisiana. There is no place in the world like Louisiana and Betsy is a wonderful witness to the Gospel as she directs the efforts of thousands of volunteers from all around the country. Come and hear her fascinating story.

Also in Easter

April 13, 20, 27 and May 4

And we are excited to have with us throughout the Easter season **The Rt. Rev Frank K Allan**, Eighth Bishop of Atlanta, retired. After completing his episcopacy Bishop Allan has taught Emory seminarians Anglican history and theology as well as developing an artists' community, *The Work of our Hands*. He will introduce us to the people and ideas who formed our Anglican way.

SUNDAY EVENINGS

SPEAKER SERIES

FRIENDS OF OUR HEART

On each of the Sunday evenings in Lent we will be honored to have as our speakers, those men and women who are friends of the hearts of your clergy. Each one of our guests has influenced and strengthened the faith of your priests. They will speak about the events that have formed them and we will uncover what has made them friends of our hearts.



*Each evening begins with Eucharist at **6 pm***

*A simple meal of soup is served at **6.30 pm** in the Inglett Room.*

*Our guests begin at **7 pm** and speak for 45 minutes, then take our questions.*

Sunday Evening Speaker Series continued ...

A nursery is offered for children to 4 years old

Please make reservations by emailing reservations@holyinnocents.org

And also on Sunday evenings in Lent:

“What does the Eucharist mean to me?”



A program for children 5 -12

PH Room 102

This is an interdisciplinary approach to the Eucharist with story, art, music and drama all intended to invite children into the history, mystery and promise of the Eucharist. It is an excellent opportunity for all children to discover more about one of our principle sacraments and for those who are not yet receiving communion to receive instruction.



Our Friends of the Heart:

February 10 ***The Reverend E. Claiborne Jones***, Vicar and Director of Emmaus House. Claiborne was ordained in 1978, and called to Church of the Epiphany in Atlanta in 1985 as the first woman rector in Georgia and served there for twenty years. Her first two calls were to Holy Spirit, Cumming, Georgia (1978-1979) and to our own Holy Innocents', Atlanta, (1979-1985) where she was the Chaplain of Holy Innocents' Episcopal School and a member of the Sunday clergy team. In the larger Episcopal Church, Claiborne recently served for three years as the Province IV clergy representative to the Joint Nominating Committee for the Presiding Bishop, chaired the Diocese of Atlanta deputation to the 2006 General Convention and participated in a variety of interfaith gatherings, including a 12 day pilgrimage to Turkey with leaders from the Christian, Jewish and Muslim communities.

February 17 ***The Rev. Barry Griffin***, Rector of St. Augustine's, Morrow, Georgia. Barry has served St Augustine's since 1994. As a priest who is also a gay man Barry has a special ministry in a church struggling with issues around human sexuality. Barry has served in a long-term pastorate in a small Georgia town, and he has bloomed where he was planted. The clergy experience Barry as a calm truth teller with the gifts of integrity and faith.

Sunday Evening Speaker Series continued ...

February 24 ***The Very Rev. Harry H. Pritchett***. Harry has spent most of his career in extraordinarily creative parish ministry. He was the rector of All Saints', Atlanta, for sixteen years, and left to serve as Dean of the Cathedral of St. John the Divine in Manhattan from which he retired in 2001. He has taught at three Episcopal seminaries and is now the Pastoral Associate for the Dean of St. Philip's Cathedral. He is Martha Sterne's old boss and she says she taught him everything he knows.

March 2 ***The Rev. Dr. Walter Brueggemann***, Professor Emeritus of Old Testament, Columbia Theological Seminary, Decatur, GA. Walter is an internationally acclaimed scholar and author. He has inspired a generation of preachers including all of your clergy to avoid easy answers and to attempt to serve both the congregation and scripture with honor and imagination. We are quite pleased that Walter will also join us Sunday morning to speak on moving from anxious scarcity to hopeful abundance.

March 9 ***The Rev. Jean Berthol Phanord***, the Rector of our Haiti partnership church - Paroisse Saint Mathieu. Jean, a cradle Episcopalian, serves as Vicar of its six mission churches: Saint Jean Baptiste, Saint Marguerite, Saint Paul, Saint Thomas, Saint Jacques, and Saint Bartolome. All seven churches operate schools whose operations are overseen by Fr. Phanord. In addition, Fr. Phanord has and continues to serve other responsibilities for the Episcopal Diocese of Haiti; i.e. Commission on Youth Ministry, Commission on Ministry, and for a year and a half served as the director of Hospital St. Croix (Holy Cross Hospital) in Leogane.

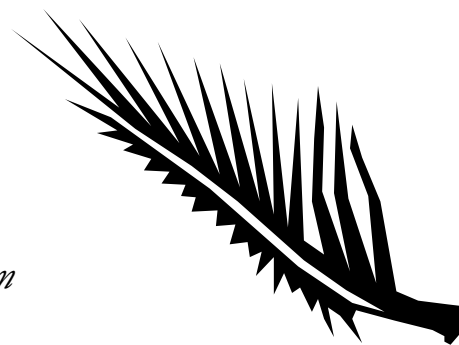


Formation continued ...

WEDNESDAYS

SCHEDULE*

Bible Study	6:38 a.m.	Conference Room	
Holy Eucharist	7:30 a.m.	Chapel	
Eucharist/Healing Service	10:00 a.m.	Chapel	
Lunch & Learn	10:30 a.m.	Inglett Room	Martha Sterne/ Alison Schultz
Choir Study Hall	3:30 p.m.		
Primary Choir	4:20 p.m.		
St. C&N Rehearsal	4:20 p.m.		
Dinner	6:00 pm	Inglett Room	
Programs	6.45 pm		
Journey through Mark		Inglett Room	John Porter
Practice of Contemplative prayer		Youth Pavilion	Tryggvi Arnason/ Alison Schultz
EFM		Conference Room	



Meals

Sign up in the narthex —or consider placing your name on a permanent list and we will count on you each week. Then if you decide you can't join us— simply cross your name off the list for that week.

Each week's menu is posted at the sign up. Meals are \$6 for adults \$5 for children.

And for Children

Childcare is available for children to age 6 from 6.45 pm until 8.45 pm in the nursery. Quiet activities and homework assistance provided for children from age 6.

**All Wednesday programs and suppers will be suspended on Ash Wednesday February 6, during Holy Week, March 20 and the Wednesday of Easter Week, March 27.*



Other Events

QUIET DAY

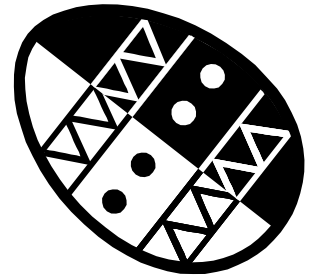
Saturday March, 1 9:00 am -1:00 pm

As part a spiritual discipline join us for a day of quiet- an opportunity to look inward to take a spiritual inventory. The labyrinth with available for walking meditation all day Saturday.

EASTER EGG HUNT

Easter Sunday, March 23rd

The fifth annual Easter Egg Hunt will be held on Easter Sunday, March 23rd. Bring your baskets and be ready to hunt right after the 9:15 service! Third through fifth graders participate in an exciting scavenger hunt while the younger children hunt for eggs in designated areas by age. The event is sponsored by St. Martha's guild of the ECW, and the 2008 chair is Liza Mooney, 770.971.0086.

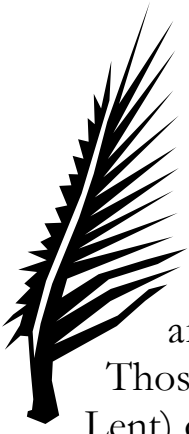


EASTER GARDEN!



Bring a plant or a flower for our garden The children of our parish are already looking forward to our Easter Garden on April 6, after the 9:00 service. Each year children bring small flowers and plants to add to our children's garden that is located in the courtyard between the Inglett Room and the Youth Pavilion. If you have any questions, please call Ashley Uber, 404.705.9305

LITURGICAL OFFERINGS FOR LENT, HOLY WEEK, AND EASTER DAY



Observ[e]...a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. - Ash Wednesday liturgy

The season of Lent is forty days long, recalling Jesus' forty days of fasting after his baptism. It begins with Ash Wednesday and ends with Easter Day.

Those forty days, however, do not include Sundays, which are still (even during Lent) celebrations of the resurrection of Christ and His promise of salvation for us. So, while we do change some elements of our spoken liturgy and service music to highlight the season, we continue to use a mix of hymns which reflect the readings for the day. In some cases, these hymns might even be quite joyful although you won't find us singing Alleluia during Lent!

In this spirit, you are invited to choose some way of using Lent as a period of reflection and growth. While some of you may strive to follow the entire list from the liturgy (see above), the point is that we choose *something* which will deepen our spirituality, make us aware of those less fortunate than we are, and remind us of the great sacrifice of Christ and, in so doing, point us to an even more joyous celebration of the resurrection on Easter.

And to begin, commit to attending one of the services on Ash Wednesday, where you will have the opportunity to gather with others of our community both to receive the visible sign of ashes and to mark the beginning of this holy time in our church year.

ASH WEDNESDAY LITURGIES



On **February 6**, several Ash Wednesday services occur to give everyone in the parish an opportunity to mark the beginning of this holy season for our community of faith. The liturgies at 7:00 a.m., 12:15 p.m., a 6:00 p.m. liturgy designed specifically for families with young children, and 7:30 p.m. all include the imposition of ashes and communion. (The Parish Choir sings for the liturgy at 7:30 p.m.)

Liturgical Offerings continued ...

LENT 1 - SUNDAY, FEBRUARY 10

The 9:00 & 11:15 a.m. services will begin with The Great Litany sung in procession, helping us to mark the first Sunday in this season.

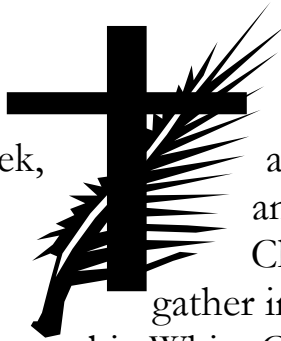
THROUGHOUT LENT

Wednesdays: 12.30 a.m. Rite I Eucharist with healing, in the Chapel

Sundays: 6:00 p.m. Eucharist in the Nave, including the Penitential Order, preceding the Lenten Series of Speakers

HOLY WEEK

As we look toward Holy Week, culminate our Lenten observance celebration of the Resurrection of Christ. On Palm Sunday, April 1st, we gather in the parking lot prior to the 9:00 & 11:15 a.m. services (or around the service with the blessing of the Palms and remember Christ's triumphal entry into Jerusalem. After processing into the nave, led by choir and brass, our celebration soon turns solemn as we participate in the narrated gospel lesson, telling of the events leading up to the Crucifixion.



a wealth of services is offered which and lead us toward the great Christ at Easter.

gather in the parking lot prior to the 9:00 & 11:15 a.m. services (or around the big White Cross at 8:00 a.m.) where we begin the service with the blessing of the Palms and remember Christ's triumphal entry into Jerusalem. After processing into the nave, led by choir and brass, our celebration soon turns solemn as we participate in the narrated gospel lesson, telling of the events leading up to the Crucifixion.

Then, during Holy Week, morning and evening services of Holy Eucharist are offered each day, Monday through Thursday, at 7:30 a.m. and Monday, Tuesday and Wednesday at 5:30 p.m.

THE TRIDUUM

The evening service on Maundy Thursday at 7.30 pm., begins the three-day period known as the Triduum: a three-part liturgical event spread over three days which commemorates Christ's last meal with his disciples, the Crucifixion story on Good Friday, and the joyous first celebration of the resurrection on Easter Eve at the Vigil. Participation in each of these three liturgies is crucial to understanding the impact of these most sacred days.

Liturgical Offerings continued ...

Good Friday services are at 12:00 noon and 7:30 p.m. The Way of the Cross, where the congregation processes around the nave to each of the wood-carved stations, is offered at 7:00 p.m. A 6:00 p.m. service is offered for families with young children, and also includes the walk around the nave to hear the Passion story. Much of the power of these services lies in the symbolism: the washing of feet and stripping of the altar on Maundy Thursday, returning Good Friday to see the aumbry empty of bread & wine, and finally returning at Easter to see the nave beautifully decorated and to join in the glory of the Resurrection feast.

The Great Vigil of Easter begins at 8:30 p.m. on Saturday, March 22nd when we gather in the courtyard outside the Inglett Room to light the New Fire, after which we process into the Nave in darkness, hear the story of God's saving deeds in history, renew our Baptismal Vows, and celebrate the first Eucharist of Easter. The Vigil is a service filled with images of light and darkness, smells and bells, and the water of our baptism. Come and experience this powerful celebration of Easter.

EASTER DAY

Services on Easter Day, March 23rd, occur at 7:30, 9:15, & 11:15 a.m. and at 6:00 p.m. All morning services have the addition of brass quartet for congregational hymns. The St. Cecilia Choir sings at 9:00, and the Parish Choir sings at 11:15. At both the 9.15 and 11.15 services Children are invited to flower the cross. All are encouraged to bring flowers from home to add to the cross.

CHRIST
is RISEN!



CALENDAR

February

5 Shrove Tuesday

Fun*Food* Frivolity* Fundraising

6 – 8 pm *Parish Hall*

6 **Ash Wednesday** - Imposition of Ashes and Eucharist

Services: 7.30 am, 12.15 pm, 6 pm children and families, 7.30 pm

Soup served in the Inglett Room 5.30 – 7 pm

No Wednesday classes will be held

10 Lent 1

Eucharist 8, 9 11.15 am, 6 pm

Formation 10.15 am for all ages

Sunday evenings in Lent

Speaker series: *Friend of Our Heart: The Rev Claiborne Jones*

6.30 pm soup supper, 7 – 7.45 speaker

13 Wednesday

Lunch and Learn 11 am

Eucharist with healing 12.30 pm

Dinner 6 pm Programs 6.45 – 8 pm

15-18 Ski Trip - Jr. and Sr. EYC travel to Valle Crucis, NC

17 Lent 2

Eucharist 8, 9 11.15 am, 6 pm

Formation 10.15 am

Adults - Open Form with Vestry *Parish Hall*

Sunday evenings in Lent

Speaker series: *Friend of Our Heart: The Rev Barry Griffin*

6.30 pm soup supper, 7 – 7.45 speaker

20 Wednesday

Lunch and Learn 11 am

Eucharist with healing 12.30 pm

Children's choir rehearsal 4.30 -5.45

Dinner 6 pm Programs 6.45 – 8 pm

24 Lent 3

Eucharist 8, 9 11.15 am, 6 pm

Formation 10.15 am for all ages

Teen Eucharist, 11.15 am - Lunch and Fellowship in the Youth Pavilion Following Service

Sunday evenings in Lent

Speaker series: *Friend of our Heart: The Rev Harry Pritchett*

6.30 pm soup supper, 7 – 7.45 speaker

February calendar continued ...

27 Wednesday

Lunch and Learn 11 am

Eucharist with healing 12.30 pm

Children's choir rehearsal 4.30 -5.45

Dinner 6 pm Programs 6.45 – 8 pm

March

2 Lent 4

Eucharist 8, 9 11.15 am, 6 pm

Formation 10.15 am – for all ages

Parish wide forum - *Wellspring in the Desert: Dr Walter Brueggemann*

VBS registration begins

Sunday evenings in Lent

Speaker series: *Friend of Our Heart Dr Walter Brueggemann*

6.30 pm soup supper, 7 – 7.45 speaker

5 Wednesday

Lunch and Learn 11 am

Eucharist with healing 12.30 pm

Children's choir rehearsal 4.30 – 5.45 pm

Dinner 6 pm Programs 6.45 – 8 pm

9 Lent 5

Eucharist 8, 9 11.15 am, 6 pm

Formation 10.15 am

Parish wide forum - *Wellspring in the Desert Celebrate our Neighbor: Haiti*

Jr. EYC - Pizza 'n' Games (2:30-4:15)

Sr. EYC - Out to Dinner (6:00-7:30)

Sunday evenings in Lent

Speaker series: *Friend of our Heart: The Rev. Jean Berthol Phanord*

6.30 pm soup supper, 7 – 7.45 speaker

12 Wednesday

Lunch and Learn 11 am

Eucharist with healing 12.30 pm

Children's choir rehearsal 4.30 -5.45 pm

Dinner 6 pm Programs 6.45 – 8 pm

16 ***Sunday of the Passion: Palm Sunday***

Eucharist 8, 9 11.15 am, 6 pm

Jr. EYC (2:30-4:15) Sr. EYC (4:30-6:30)

March calendar continued ...

17 Monday in Holy Week

Eucharist 7.30 am, 6 pm

18 Tuesday in Holy Week

Eucharist 7.30 am, 6 pm

19 Wednesday in Holy Week

Eucharist 7.30 am, 6 pm

20 ***Maundy Thursday***

Foot Washing and Stripping of the Altar 7.30 pm

Vigil of the Blessed Sacrament in the Chapel

21 ***Good Friday***

Services: 12 noon *with Reserved Sacrament* and 7.30 pm

Children and families 6 pm

Stations of the Cross 7 pm

22 Holy Saturday

8.30 pm ***Easter Vigil***

23 ***The Feast of the Resurrection of our Lord***

Eucharist: 7.30, 9.15, 11.15 am, 6 pm

Flowering of the Cross at 9.15 and 11.15

Egg Hunt 10.30 am - gather in the Inglett room

29 Saturday in Easter Week

Confirmation retreat and rehearsal 9 am – 1 pm

30 Easter 2

Eucharist 8, 9 11.15 am, 6 pm

Baptisms @ 9 am and Confirmation and 11.15 am

Reception for Confirmands and newly Baptized 10.15 am

April

2 Wednesday

Eucharist with healing 10 am

Lunch and Learn 11 am

Children's choir rehearsal 4.30 – 5.45 pm

Dinner 6 pm Programs 6.45 – 8 pm

6 Easter 3

Eucharist 8, 9 11.15 am, 6 pm

10.15 am Formation for all ages

Parish wide forum - *Wellspring in the Desert: The Rev Betsy Irvine*

April calendar continued ...

9 Wednesday

Eucharist with healing 10 am
Lunch and Learn 11 am
Children's choir rehearsal 4.30 – 5.45 pm
Dinner 6 pm Programs 6.45 – 8 pm

13 Easter 4

Eucharist 8, 9 11.15 am, 6 pm
10.15 am Formation for all ages
Adult forum – *The Rt Rev Frank K Allan Parish Hall*
Newcomer forum – *Inglett Room*

16 Wednesday

Eucharist with healing 10 am
Lunch and Learn 11 am
Children's choir rehearsal 4.30 – 5.45
Dinner 6 pm Programs 6.45 – 8 pm

20 Easter 5

Eucharist 8, 9 11.15 am, 6 pm
Formation for all ages 10.15 am
Adult forum – *The Rt Rev Frank K Allan Parish Hall*
Newcomer Forum – *Inglett Room*

23 Wednesday

Eucharist with healing 10 am
Lunch and Learn 11 am
Children's choir rehearsal 4.30 – 5.45
Dinner 6 pm Programs 6.45 – 8 pm

27 Easter 6

Eucharist 8, 9 11.15 am, 6 pm
Formation for all ages 10.15 am
Adult Forum – *The Rt Rev Frank K Allan Parish Hall*
Newcomer Forum – *Inglett Room*

30 Wednesday

Eucharist with healing 10 am
Lunch and Learn 11 am
Children's choir rehearsal 4.20 -5.30
Dinner 6 pm Programs 6.45 – 8 pm

Calendar continued ...

May

1 *Feast of the Ascension*

Eucharist 7 pm

4 Easter 7

Youth Sunday

Eucharist 8, 9 11.15 am, 6 pm

Formation for all ages 10.15 am

Adult Forum – *The Rt Rev Frank K Allan Parish Hall*

Newcomer Forum – *Inglett Room*

7 Wednesday

Eucharist with healing 10 am

Lunch and Learn 11 am

Children's choir rehearsal 4.20 -5.30

Dinner 6 pm Programs 6.45 – 8 pm

11 *Feast of Pentecost*

Eucharist 8, 9 11.15 am, 6 pm

Festival Eucharist 9 and 11.15, baptism 11.15

Recognition of New Members 11.15

Pentecost celebration between the services and following the 10.30 service

18 Trinity Sunday

Eucharist 8, 9 11.15 am, 6 pm

Teacher and leader appreciation at 9 and reception at 10.15

Parish wide forum – *discussion with Vestry*

25 Summer worship schedule begins

Eucharist 8.30 am, 10.30 am, 6 pm

Parish Picnic following the 10.30 am service

June

16 – 20 *Vacation Bible School*

Need more information? Visit our web page

www.holyinnocents.org