

Tune into WKXL 1450 AM

**January 23, 2008: Dean and Nancy Carlson:
“Stretching for Low Back Pain”**

**February 13, 2008: Becky Fuller and Antoinette McCoy:
“LEAP” and “Moms n’ Muffins”**

**February 27, 2008: Chuck Gallup and John Porter:
“Building 101”**

**March 12, 2008: Soccer /BB teachers: Outdoor Soccer
and Basketball Skills**

**March 26, 2008: Bryan Clark: “The Sportsman
Banquet”**

**April 9, 2008: Gardening teachers: “Organic and
Perennial Gardening”**

These guests may change.

For more information call 410 - 4138