



Peace & Joy
Romans 5: 1-5

2010 Lenten Meditations

Written by Parishioners of Trinity Episcopal Cathedral / Compiled by The Daughters of the Holy Cross

Masthead courtesy of Susan Craig

Wednesday, March 3 **Mark 4:1-20**

I look out the window at my back yard and see signs of spring: trees are starting to bud, and birds are building new nests. I know it will soon be time to plant, but I also know that first I must get things ready. How well a plant does will depend on how well the soil it goes into has been prepared.

Jesus talks here about four different kinds of soil. The first is hard, like a well-trodden path. The seed that falls here doesn't take root and is easily taken away. The second is rocky, and the seeds here sprout, but their roots are weak, so they are not able to survive. The third soil is full of thorns, and although the seeds survive, they are hindered by the thorns and never blossom. The fourth soil, however, provides what the seeds need, and so they grow and produce a crop.

The seeds in the parable are the Word of God, and the soil is us, our hearts and minds. How do we receive God's Word when we hear or read it? Are we so busy that we miss it altogether? Do we pause briefly, think "how true", but then get busy again and forget it? Maybe we have good intentions, but what we know doesn't fit with what we want.

Imagine the blessings of a life lived daily looking to God for direction, knowing that He will bless us and those around us when we do. That is our work: to seek to know God and His will for us, and then to walk in obedience with Him. Then our hearts and minds will be healthy and strong, and God's Word will take root and produce a crop.

Beth Yon

Beth Yon teaches 5th grade Sunday School and is married to David Yon. They and their family have been members of Trinity for 20 years.