

The DESERT Disciple



Desert Son Community Church • February 2010

Restoring Balance to Overloaded Lives - Part 1



by Pastor Tim Laycock

A USA Today article stated, “Today people are souped-up, stressed-out, and overscheduled. In this brave new world,

boundaries between work and family are disappearing. Everyone is mobile and every moment of the day is scheduled with daycare, school, after school activities and ten to twelve hour workdays. This pressure cooker lifestyle is so predominant that anthropologists are now studying it to see how it will affect us.”

Does this sound like you? The Bible is clear about how hurry and busyness can attack our lives. In fact, there are at least four specific ways that hurried lifestyles can affect our lives.

First, a **hurried lifestyle causes an unbelievable amount of stress** (Song of Solomon 1:6). Now there are many reasons why stress occurs, but one predominant reason is that when you are busy you lack time to care for yourself. “Do not stare at me because I am dark, because I am darkened by the sun. My mother’s sons were angry with me and made me take care of the vineyards; my own vineyard I have neglected” (Song of Solomon 1:6, NIV). The beloved’s suntanned appearance revealed that she worked in the fields. This made her feel insecure as she mingled among the city dwellers, especially the women of Jerusalem. And because of having to work in the field, she was forced to neglect her own

vineyard - that is herself and her own appearance (cf. Song of Solomon 8:12). The same is true of us today, as your schedule fills up – you are forced to neglect yourself and your own needs. Your house is dirty, your car needs repair and soon simple things become frustrations.

Second, **when life gets hurried you lose your joy** (Job 9:25). Joy goes right out the window. “My days are swifter than a runner; they fly away without a glimpse of

“When was the last time that you felt genuine joy in your life?”

joy” (Job 9:25, NIV). When was the last time that you felt genuine joy in your life? Sometimes we are running so fast joy eludes us. Sometimes we are so serious about life we never experience joy. For some, “rest” is an ugly four-letter word. Remember, God took time to rest. God took time to enjoy what He had made and so should we!

Third, **when life gets hurried you become less productive** (Proverbs 21:5). The faster you run the less productive you become. You can’t think anymore. It is the law of diminishing returns. Have you ever left the house in such a hurry, only to return

to retrieve the items you left behind? You would have been better off slowing down than repeating unneeded return trips. “Careful planning puts you ahead in the long run; hurry and scurry puts you further behind” Proverbs 21:5 (The Message). Have you noticed that the faster you go the further behind you get? Have you noticed that when you hurry you find yourself making more mistakes? It is because you are in a hurry! “A person in a hurry makes mistakes” Proverbs 19:2b (GWT) – God’s Word translation.

Fourth, **when life gets hurried you can’t hear God** (Psalm 46:10). “Attention, all! See the marvels of GOD! He plants flowers and trees all over the earth, Bans war from pole to pole, breaks all the weapons across his knee. “Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything”, (Psalm 46:8-10). When was the last time you took time just to be still? It is like God is trying to call you at Christmas time and He receives the answer, “I am sorry but all circuits are busy. Please hang up and try your call at a later time.” Sometimes God is trying to send us a message but all of our circuits are busy.

So truly the question of the hour is; how do you start slowing down your pace? Well next month we will be looking at four specific principles that must be applied to our lives if we are truly going to step out of the rat race and slow down.

To be continued next month.

Small Groups

Get Plugged in!



Northwest Tucson

Bruce & Tawnya Groen..... 4437 W. Hiddenwood Pl. 743-7457 Tue. 7:30pm *College*
 Ryan & Melissa Thiessen..... 4433 W. Desert Zinnia Pl. 909-9165 Sunday 6:30pm

Continental Ranch/Reserve

John & Lisa Patterson 7679 W. Innution Ct. 407-6920 Wednesday 7:00pm
 Hank & Rebecca LaVoo..... 7774 W. Tornгат Ct. Wednesday
 Chris & Debbie Ward..... 8825 N. Acacia Grove Pl. 730-9402 Tuesday
 Mike & Vicky Aldrich..... 7411 W. Tyler Pl. 744-8599 Thursday
 Dusty Alexander & Nancy Owczdarski (call for details) 955-0374 Mon 6pm *Couples*
 Bo & Betty Bolin 8891 N. Safflower Ln. 744-9511 1st Wed of month
 Les & Jeanne Robertson..... (call for details) 297-4436 TBA

Central Tucson

Cliff & Dolores Laycock 2305 W. Ruthrauff Rd. Sp. J5 407-8349 Monday
 Joyce Tindell 2519 E. Parkside Dr. 203-6211 Friday

North Central Tucson, Oro Valley

Jean Boyko & Gloria Tepp 8023 Cottonwood Wash Way 572-2349 *Prayer*
 Every other Tuesday 2:00 pm

**Jr. High & High School Small Groups meet on Wed/Thurs nights in various locations.
 Call Josh Penrod at 248-3278 for more information.**

Note: Call for small group times if not listed.

**If you are interested in the 13-week Financial Peace small group study,
 which begins on Sunday, February 28th, fill out a flyer located in the church foyer.**

“Shout for joy to the LORD,
 all the earth.
 Worship the LORD with gladness;
 come before him with joyful songs.
 Know that the LORD is God. It is
 he who made us, and we are his
 people, the sheep of his pasture.
 Enter his gates with thanksgiving
 and his courts with praise; give
 thanks to him and praise his name.
 For the LORD is good and his love
 endures forever; his faithfulness
 continues through all generations.”

Psalm 100

**Join us
 Sunday, February 28th
 at 6 pm for
 Just Worship!**

**If you are interested in
 joining a ministry or have
 a care or concern, e-mail
whatsup@desertson.org**

***Leadership
 Summit***
**Saturday, February 20th,
 9:00 -10:30 am
 For All Ministry Leaders
 and Aspiring Leaders**

*“Love is patient, love is kind. It does not envy,
 it does not boast, it is not proud. It is not rude, it is not
 self-seeking, it is not easily angered, it keeps no record of wrongs.
 Love does not delight in evil but rejoices with the truth.
 It always protects, always trusts, always hopes,
 always perseveres.”*

1 CORINTHIANS 13:4-7



Children's Ministries

There's a lot going on in our Children's Department!

Saturday night - 6pm

- 2's - 5's - **Saturday Bible Club** - this fun-filled class teaches children of Jesus' love through exciting adventures.
- **Elementary - Saturday Bible Club** - kids learn how to connect to God in a real, day-to-day way with Bible verses, worship, activities and much more.

Sunday morning - 9am

- 2's - 3's - **Sunday School** - children learn of Jesus' love and learn to share that love with others.
- 4's - 5's - **Sunday School** - this energetic group learn about God's love and power through activities, games, and song.
- **Elementary - Sunday School** - kids enjoy a time of worship before breaking into grade-specific classes focusing on the attributes of God through unique, fun theme and age-appropriate Bible lessons.

Sunday morning - 10:45am

- 2's - 5's - **Bible Exploration** - Kids dive in and get involved, learning as they explore the Bible.
- **Elementary - Kid's Worship** - When kids worship God, amazing things happen.

NEW – Thursday Evenings 6pm – 8pm

Children are invited to be a part of a special children's Bible Study hosted by Focus Ministry. Parents are welcome to bring their children to this special program while they attend a small group, or enjoy a date night. A meal is provided at 6pm. If you are interested in bringing your children to this program, please RSVP with Todd Parish at prayforme@live.com.

Ministry Opportunities

We are looking for a few volunteers in Children's Ministry. Please see or call

Pam Freeman if God is leading you to work with our amazing kids. You will be amazed at what God can do through you with our children!

Upcoming Events

- **Spring Fling** – TBD – Bring your family for a fun night with nationally recognized puppet team, No Strings Attached. Your whole family will enjoy the fun and your heart will enjoy the message.
- **VBS – July 12 – 17** – This summer, bring your kids to Egypt VBS – an experience of they'll never forget! Based on the life of Joseph – Egypt VBS transports young minds back in time through the sights and smells of ancient Egypt. Children will dig into the Bible and experience the Bible stories.
- **Elementary Camp** – July 23 – 25 – For 4th – 6th graders – more information to come.

Youth Update

The Lost and Found Youth bounced into 2010 with our January event at Pump it Up! With over 87 youth and staff in attendance, it was our biggest event of the school year. Whether it was by racing through the obstacle courses, trying to stay atop the pyramid, flying down the slides, pummeling each other with oversized boxing gloves, or just bouncing around fun was had by all. Thanks to so many youth bringing friends, the gospel message reached new ears and hearts!

This year the Planet Wisdom Conference will not be making its west coast swing, so we thought we would miss out on all the fun. But through modern technology, we will be able to bring the conference to our own Daesha Youth Center! Friday and Saturday February 19th and



20th we will be one of 50 churches across the country hosting the event via satellite. Although it will not be the same as traveling to California for 3 days, we will add some of our own fun, games, and music to the amazing teachings of Mark Matlock and Dawson McAllister as we look at the last 14 hours of Jesus' life and his "Walk


to the Cross". Don't worry we will still get a full serving of zany humor from the Skit Guys and amazing worship with Dutton! Hosting the event at Desert Son will also allow us to keep the cost low and gives the youth the opportunity to invite friends that would not have been able to make the trip.

For more information on this year's Planet Wisdom Conference check out www.planetwisdom.com/tour or as always contact Josh Penrod at josh.penrod@desertson.org or (520)248-3278.

For pictures from Pump it Up, our other past events, or to see the spring calendar visit us at www.lostandfound1524.com.

What's Happening at DSCC?

FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7:00-8:00pm Mens Mentoring	2 9:00am Stay Fit 7:00-8:30pm Eating Disorder Group 7:00-8:15pm Lord's Table	3 7:00-8:00pm Mens Mentoring	4 9:00am Stay Fit 6:00pm Focus Ministry Group 6:45pm Fusion Service	5 5:30-10:30pm Scrapbooking Mania 7:00-8:00pm In the Wind Service 8:00-10:00pm Line Dancing	6 8:00-10:00am H2H Women's Mentoring 8:00am Archery 6:00pm Church Service
7 8am Family of Grace Service & 9:00am Sunday School 9:00am & 10:45am Church Service 10:30am-12pm Youth Sponsor Mtg 12:30pm Children's Ministry Meeting	8 7:00-8:00pm Mens Mentoring	9 9:00am Stay Fit 7:00-8:30pm Eating Disorder Group 7:00-8:15pm Lord's Table	10 7:00-8:00pm Mens Mentoring	11 9:00am Stay Fit 6:00pm Focus Ministry Group	12 7:00-8:00pm In the Wind Service 8:00-10:00pm Line Dancing 6:00-9:00pm Foster Family Day Care	13 8:00am Men's Breakfast 8:00-10:00am H2H Women's Mentoring 9:00am Quilting 6:00pm Church Service
14 Valentine's Day 8am Family of Grace Service & 9:00am Sunday School 9:00am & 10:45am Church Service 6:00 pm Malt Shop Memories 	15 Presidents Day 7:00-8:00pm Mens Mentoring	16 9:00am Stay Fit 7:00-8:30pm Eating Disorder Group 7:00-8:15pm Lord's Table	17 7:00-8:00pm Mens Mentoring	18 9:00am Stay Fit 6:00pm Focus Ministry Group Fusion Fun Night (off campus)	19 7:00-8:00pm In the Wind Service 8:00-10:00pm Line Dancing Planet Wisdom (6:00pm 19th & 6:00pm 20th)	20 8:00am Archery 8:00-10:00am H2H Women's Mentoring 9:00-10:30am Leadership Summit 6:00pm Church Service
21 8am Family of Grace Service & 9:00am Sunday School 9:00am & 10:45am Church Service	22 7:00-8:00pm Mens Mentoring	23 9:00am Stay Fit 7:00-8:30pm Eating Disorder Group 7:00-8:15pm Lord's Table	24 7:00-8:00pm Mens Mentoring	25 9:00am Stay Fit 6:00pm Focus Ministry Group	26 4:30-7:30pm BBQ Fundraiser 7:00-8:00pm In the Wind Service 8:00-10:00pm Line Dancing	27 8:00-10:00am H2H Women's Mentoring 6:00pm Church Service
28 8am Family of Grace Service & 9:00am Sunday School 9:00am & 10:45am Church Service 12:30-2:30pm Lunch with Pastors 12:30pm CLASS 301 6pm Just Worship!	1 MARCH 7:00-8:00pm Mens Mentoring	2 9:00am Stay Fit 7:00-8:30pm Eating Disorder Group 7:00-8:15pm Lord's Table	3 7:00-8:00pm Mens Mentoring	4 9:00am Stay Fit 6:00pm Focus Ministry Group	5 7:00-8:00pm In the Wind Service 8:00-10:00pm Line Dancing	6 8:00-10:00am H2H Women's Mentoring 6:00pm Church Service

The Desert Disciple is a publication of

Desert Son Community Church

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Service Times: Fri. 7:00pm • Sat. 6:00pm • Sun. 8:00, 9:00 & 10:45am