

# The DESERT Disciple



Desert Son Community Church • November 2008

## The Hurried Lifestyle



by Pastor Tim Laycock

“Today people are souped-up, stressed-out, and over-scheduled. In this brave new world boundaries between work and family are disappearing. Everyone is mobile and every moment of the day is scheduled with daycare, school, after school activities and ten to twelve hour workdays. This pressure cooker lifestyle is so predominant that anthropologists are now studying it to see how it will affect us” – USA Today. Most of us can identify with this quote taken from USA today. In our culture today it is often difficult to slow down enough to take your next breath. Our lives are hurried. We feel rushed, under the gun and often times exhausted. The scripture is clear that a hurried lifestyle can carry with it many ill effects. Let’s take a closer look at four ill effects of a hurried lifestyle.

One, when you get more hurried you feel more stress. Now there are many reasons why this occurs, but one predominant reason is that you lack time to care for yourself. “Do not stare at me because I am dark, because I am darkened by the sun. My mother’s sons were angry with me and made me take care of the vineyards; my own vineyard I have neglected” (Song of Solomon 1:6). As your schedule fills up – you are forced to neglect yourself and your own needs. Your house is dirty, your car needs repair, and simple things become frustrations. In a sense, “your own vineyard is neglected”.

The second effect of a hurried lifestyle is that when life gets hurried you tend to lose your joy. Joy goes right out the window! “My days are swifter than a runner; they fly away without a glimpse of joy” (Job 9:25). When was the last time that you felt genuine joy in your life? Sometimes we are running so fast that joy eludes us. Sometimes we are so serious about life we never experience joy or laughter.

Third, when you get hurried in life you be-

come less productive. The faster you run the less productive you become. You can’t think straight anymore. It is the law of diminishing returns. Have you ever been in such a hurry to get to the bank that when you get there you have forgotten the deposit on the counter at home?

“Careful planning puts you ahead in the long run; hurry and scurry puts you further behind” Proverbs 21:5 (Message). Do you ever feel like that? The faster you go the further behind you get? Do you find yourself making more mistakes? It is because you are in a hurry. “Enthusiasm without knowledge is not good. If you act too quickly, you might make a mistake Proverbs 19:2 (NCV).

Fourth, when you get too busy you can’t hear God. “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth” Psalm 46:10. When was the last time you took time

to be still and hear from God? It is like a phone call at Christmas “Sorry all circuits are busy”. Sometimes God is trying to send us a message but all of our circuits are busy.

In light of the four negative effects that busyness has on our lives, the question now becomes. “How does one start slowing down?” Listed below you will discover four basic principles for slowing down your pace.

The first principle to slowing down is to stop the constant push for more. If you are serious about bringing balance and health to your lifestyle you’re going to have to deal honestly with your motivations and values. You are going to have to take an internal look at what drives you. Everything else is superficial until you deal with your motives and values. What is it that drives you toward wanting more, more achievement in your career, more money in the bank, more activities in your schedule, and/or more experiences of pleasure? You need to answer this question. What we are talking about here is ambition. There is nothing wrong with ambition. God gives you ambition. But not all ambition is good. Am-

Continued on page 2

## Financial Freedom Starting NOW!

When I’m in better financial condition, then I’ll start saving and investing for my retirement. When my kids grow up and leave home or complete college, then I’ll start saving and investing for my retirement. Perhaps you’re telling yourself, “Next year I’ll start to save for retirement.” But, somehow “next year” never seems to arrive. Proverbs 21:20 says, “The wise man saves for the future, but the foolish man spends whatever he gets.”

I remember when I started my career working for a major aerospace company how it happened to me. After about a year on the job, I applied for my company’s 401(k) retirement plan. I was turned down since I was an hourly employee and the plan was only open to salaried employees. When I was finally promoted to a salaried position several years later, I had completely forgotten about the 401(k) plan. So unfortunately I did nothing for many more years. Then my company was bought out by another aerospace firm. Now my future employment was very uncertain. When things settled down a couple of years later, I finally enrolled in the 401(k) retirement plan at 43 years of age. I thought I still had plenty of time to prepare myself financially for retirement if I wanted to retire at age 65. Little did I know

Continued on page 2

### November at a Glance

- 8 — Men’s Breakfast
- 15 — Garage Sale for Pat Watson
- 16 — Peyton’s Tribute Celebration
- 21 — Women’s Retreat Reunion
- 23 — CLASS 501

■ Check out the full calendar on page 4 for other events.

# Small Groups

## Get Plugged in!

### Northwest Tucson

Bruce & Tawnya Groen.....	4437 W. Hiddenwood Pl.	743-7457 Tue. 7:30pm	<i>College</i>
Linda Vargo.....	6621 N. Broomtail Dr.	744-7599	<i>Women of Influence</i>
Ryan & Melissa Thiessen.....	4433 W. Desert Zinnia Pl.	903-9165 Tuesday 6:30pm	

### Continental Ranch/Reserve

Kathy Fry.....	8153 Circulo de los Morteros	579-9265 Thursday	<i>Singles</i>
Nan Kotke.....	Call for location	572-0568 TBA	<i>Women</i>
John & Lisa Patterson.....	8296 N. Rocky Brook Dr.	293-7485 Wednesday 6:00pm	
Hank & Rebecca LaVoo.....	7774 W. Torngat Ct.	744-3833 Wednesday 6:30pm	
Cory & Marie Fuca.....	6965 W. Amarante Dr.	579-8098 Tuesday 7:00pm	
Chris & Debbie Ward.....	8825 N. Acacia Grove Pl.	730-9402 Tuesday	
Scott Doty.....	8993 N. Willeta Dr.	744-6371	<i>Joshua's Men</i>
Mike & Vicky Aldrich.....	7411 W. Tyler Pl.	744-8599 Thursday 7:00pm	
James & Debbie Pattengale.....	7642 N. Hemmingway Pl.	744-4977 Wednesday	

### Central Tucson

Cliff & Dolores Laycock.....	2305 W. Ruthrauff Rd. Sp. J5	407-8349 Alt. Mondays 9:00am	
Tim & Ruth Hodges.....	4143 E. Stone River Dr.	207-0515 Wednesday 6:30pm	

### North Central Tucson, Oro Valley

Jean Boyko.....	8023 Cottonwood Wash Way	572-2349 Thu. 11:00am	<i>Prayer</i>
Rich & Tina Solomon.....	1110 W. Antelope Creek Way	888-5051 Sunday 6:00pm	<i>Young Married Couples</i>

### Small Groups for Youth: 7th-12th Grades (for more info call Josh Penrod at 248-3278)

7 Groups meeting Wed. or Thu., 7-9pm, locations vary

**Note: Call for small group times if not listed.**

bition without control, without boundaries and based on bad motives and values can and will be destructive. Ambition without control will destroy lives, families, marriages and even countries. Ambition can be driven by guilt, anger, resentment, fear, revenge, ego and even pride. Oftentimes, the primary motivation behind high achievers is insecurity. They want to prove themselves. They want people to look up to them. They try to prove their worth by what they do. As long as you confuse your worth with your work you're going to be stressed out. You are worthwhile because God made You, Jesus loves you and He died for you. But when you confuse worth with work you will always be trying to do more, to prove more, always be frantic, in a hurry and unsatisfied. You see the starting point to bringing balance to your life is not to clear your schedule. That is a superficial band-aid and you will always find activities to replace the abandoned ones. Why, because you haven't dealt with the root issue. Why do you take on more in life? Why do you take on more clients, more business and more activities? Why do you do that when it is harming you emotionally, physically, and spiritually? The starting point is not to clear the decks but becoming content with who you are and what you have. "Better one handful with tranquility than two handfuls with toil and chasing after the wind" Ecclesiastes 4:6. You need to ask yourself a very frank question. Will having more and doing more make me happy? The answer is no! Face it, what you have today is what you were striving for yesterday and you are still not happy. You see it is better to have less with peace of mind than to be busy all the time.

*(To be continued next month)*

### *Financial Freedom continued*

that my plans would be turned upside down when I ended up on long term disability, thus, ending my career before age 60. Fortunately, even though I was late in doing so, I had been earnestly saving and investing for retirement. So I had some retirement savings to rely on. (I had also taken out a long term disability policy which soon became my primary source of income).

Proverbs 21:5 advises us that, "Steady plodding brings prosperity; hasty speculation brings poverty." Proverbs 13:11 says, "He who gathers money little by little makes it grow." The most important part of investing is TIME, not the dollar amount. You cannot even come close to making up for waiting twice as long to begin investing by simply doubling the amount invested. Waiting for just ten years to begin investing can have an incredible impact on your future total savings.

If a young adult, age 20, saved and invested

only \$25.00 per week until age 70 (probable future retirement age), he/she would have amassed \$4,273,633 (assuming a 12% rate of return - the historical stock market rate of return). However, if this same person waited until age 30 (reducing the investment time by only ten years or 20%) his/her total worth would be reduced by approximately \$3.0 million. That's right. Reducing the investment time only 20% would cause 70% reduction in total worth. Even doubling the \$25.00 per week investment to \$50.00 (a 100% increase) he/she would still have 40% LESS in total savings. (Note: these numbers are used only for illustration. There is good reason to expect that future stock market performance may not continue to provide the historical 12% rate of return).

Scripture makes it clear that none of us are guaranteed tomorrow. So when we tell ourselves that we will start "tomorrow" to begin saving

and investing for retirement we are ignoring this scriptural reminder. My retirement years would be quite different had I been wise enough to save and invest only \$10.00 per week starting at twenty years of age. While you may be well past age 20, it is not too late for your children or grandchildren. And even for those of us later in our years, it is NEVER TOO LATE TO START!

Regardless of your age, the time to start planning and saving is TODAY!! Not tomorrow. Remember the reward for the good stewards in Jesus' Parable of the Talents. "Well done, good and faithful steward," the Master said, "you were faithful with a few talents, I will put you in charge of many things; enter into the joy of your master."

TOMORROW IS TODAY!! START NOW!! Become the good and faithful steward that the Lord asks of each of us and begin experiencing the joy and peace promised by the Master.

## Volunteer of the Month

### Debbie Pattengale

Desert Son's November volunteer is **Debbie Pattengale**. Debbie's love for our babies is very obvious. She makes sure they are safe and secure and well taken care. Her nursery is always cheerful and so is the staff she carefully selects. Debbie is a very warm hearted and caring person. She's always looking for something new to decorate her room. Debbie gives many hours and days for our children by helping with different functions here at the church.

She loves doing the crafts for VBS and has already been asking for them for next year. Debbie and her husband James have also graciously opened their home to lead a small group. Desert Son Community Church is richly blessed with having Debbie as our nursery teacher. We love you for rocking our babies and providing a safe room for the toddlers. Thank you for all you do.

To learn how you can volunteer at Desert Son, visit [www.desertson.org](http://www.desertson.org)

### Attention college-age young adults!

At 10:45 am every Sunday there is a service just for you!

Join us for this great time of worship and Bible study geared toward this specific phase of life. We are very excited about this new opportunity!

Call Bruce & Tawnya Groen at 743-7457 with any questions.

## Daesha Center Update

The Daesha Youth Center has been occupied by the Jr. High and High School Youth! We are so excited for them! Currently they are meeting in the North room of the Daesha Youth Center as Jay Strickling and others prepare the sound and video infrastructure in the South room. Fusion (The college-age and young adult ministry) is also having regular worship services in the Daesha Youth Center each Sunday morning at 10:45 am. If you have not yet had the opportunity to explore the Daesha Youth Center I would strongly encourage you to do so. It is a great building allowing us many opportunities for different ministries. The Daesha Youth Center includes:

2 large meeting rooms, each capable of hosting 200+ seats, a full kitchen, a server room, indoor storage, 2 multi-stall bathrooms and 3 offices. Beginning in January, Marie will be on Campus in our new church office. As well, beginning in January a few of the pastoral staff will occupy the offices on campus.

Thank you again for all of your sacrifice towards the Daesha Youth Center. We are truly excited about all the opportunities that this wonderful center will provide in carrying out our vision for DSCC and reaching the surrounding community. Thanks again, now is the time to celebrate!

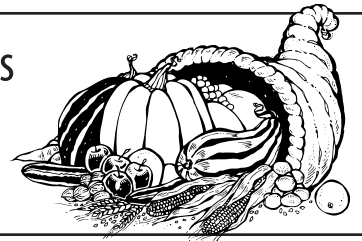
## Sharing Life in the Children's Ministry



*The Children's Ministry Team of Desert Son would like to wish you and your loved ones a Blessed and Happy Thanksgiving! We count you as one of our most cherished Blessings!*

"Give thanks to the LORD, for he is good; his love endures forever."

1 Chronicles 16:34



*Lost and Found*

## Youth Update

What an awesome October we have had. This month alone the Lost and Found Youth have worked the concessions at 3 U of A home football games, celebrated along with the rest of the church at the wedding of Mr. and Mrs. Neil and Courtney Hays, held a Fall Ball, a Choco-Mania event, launched our new and improved "Message Board," brought our worship service to "big church" to worship with the adults, and celebrated our first Sunday morning service in the new Daesha Youth Center. All of this is in addition to our normal weekly small groups and Sunday morning services! What a month it has been. Thank you to everyone who has put in countless hours of work behind the scenes to make all of these events possible!

If you are a Junior High or High School student and you have not been involved in all the fun and excitement, you are missing out! If you know one of these students, please direct them to our new message board (easily accessible from the church homepage), the weekly bulletin, or any of the Youth Team to find out about our upcoming Winter Formal. It is our goal to have all of the youth at Desert Son enjoying these activities together, and comfortable enough to bring their friends.

If you have any questions or would like to get more involved with the amazing youth at DSCC, please contact Josh Penrod at [josh.penrod@desertson.org](mailto:josh.penrod@desertson.org) or (520) 248-3278.

# What's Happening at DSCC?

## NOVEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> 8am W2W ♥2♥ 8:00am CR Women's ED Step Study 6:00pm Church Service
<b>2</b> 9:00am & 10:45am Church Service 10:45am College-age Young Adult Service <b>10:45am Rocky            Point Meeting</b>	<b>3</b> 7:00pm Celebrate Recovery	<b>4</b> Election Day <b>5:00am-8:30pm</b> <b>Daesha Center will</b> <b>be used as polling</b> <b>place</b> 9:00am Stay Fit	<b>5</b>	<b>6</b> 9:00am Stay Fit 7:00pm Choir Practice	<b>7</b> <b>Rocky Point</b> <b>Mission Trip</b> <b>(8th-11th)</b>	<b>8</b> <b>Chad's Golf for Autism</b> <b>in Green Valley</b> <b>8am Men's Bkfst</b> <b>8:00am Quilt Mtg.</b> 8am W2W ♥2♥ 8:00am CR Wmn 6:00pm Church Service
<b>9</b> 9:00am & 10:45am Church Service 10:45am College-age Young Adult Service	<b>10</b> 7:00pm Celebrate Recovery	<b>11</b> Veterans' Day 9:00am Stay Fit	<b>12</b>	<b>13</b> 9:00am Stay Fit 7:00pm Choir Practice	<b>14</b> <b>7:00pm Women of</b> <b>Influence Meeting</b>	<b>15</b> 8am W2W ♥2♥ 8:00am CR Wmn <b>9:30a Angel Tree</b> <b>Meeting (off campus)</b> <b>10am-6pm Garage</b> <b>Sale for Pat Watson</b> 6:00pm Church Service
<b>16</b> 9:00am & 10:45am Church Service 10:45am College-age Young Adult Service <b>Peyton Rudd's</b> <b>Tribute Celebration</b> <b>at Marana M.S.</b>	<b>17</b> 7:00pm Celebrate Recovery	<b>18</b> 9:00am Stay Fit	<b>19</b>	<b>20</b> 9:00am Stay Fit 7:00pm Choir Practice	<b>21</b> <b>7:00pm</b> <b>Women's Retreat</b> <b>Camp Reunion</b> <b>Women of Faith</b> <b>in Glendale, AZ</b> <b>(21st-22nd)</b>	<b>22</b> 8am W2W ♥2♥ 8:00am CR Women's ED Step Study 6:00pm Church Service
<b>23/30</b> 9:00am & 10:45am Church Service 10:45am College-age Young Adult Service <b>23rd: 12:30pm</b> <b>CLASS 501</b>	<b>24</b> 7:00pm Celebrate Recovery	<b>25</b> 9:00am Stay Fit <b>College Group</b> <b>Feeding Homeless</b>	<b>26</b> <b>No Youth</b> <b>Small Groups</b>	<b>27</b> Thanksgiving 	<b>28</b>	<b>29</b> 8am W2W ♥2♥ 8:00am CR Women's ED Step Study 6:00pm Church Service

*The Desert Disciple* is a publication of

**Desert Son Community Church**

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Service Times: Sat. 6:00pm • Sun. 9:00am & 10:45am