

BE THANKFUL FOR THE HEALTHY
CHILDREN IN YOUR LIFE!



RONALD McDONALD HOUSE "DINNERS FOR THE FAMILIES"

The Ronald McDonald HouseA Beacon of Hope

Few things are more difficult for families than the heartbreak of having a critically ill child. Many of the parents do not take the time to grab adequate meals because it is additional time that they will be away from their sick child or infant. While the children undergo seemingly endless days of treatment, it is even more important to eat at least one good meal a day.

**THE FRANCISCAN
COALITION**
For Justice and Peace
AT THE CATHOLIC COMMUNITY OF ST. FRANCIS OF ASSISI

Our ministry is simple ...

Once a month, provide a home-cooked meal and friendship to the families staying at Ronald McDonald House near the Duke Hospital campus.

Ways to Help

- St. Francis of Assisi serves dinner the **3rd Wednesday of every month**.
- Sign-up to **provide a portion of the meal**. In general, we need about 10 volunteers to prepare a full meal (dinner, side-dishes, desserts, drinks) which serves 60 families staying at the house.
 - **If you are able to serve**, you may bring your prepared food to the Ronald McDonald House. We generally arrive at the house by 5:30pm and dinner is served & cleaned up from 6-7pm. Approximately 5-6 volunteers are needed for serving. Once dinner is served, we sit down and eat with the families. They appreciate a smile & someone to talk to after a difficult day....this is a very rewarding experience!
 - **If you are unable to serve** that night, you can bring your prepared food to St. Francis by 4pm that day and we will transport it to the house.
- Your **participation is solely based on YOUR schedule**. You may cook once a year, or every month. You may never serve or you may join us twice a year. As a ministry member, you will receive a sign-up sheet & only commit to what you can.

CONTACT

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Don't have time to cook or serve? Consider this....

Wish List Donations:

Because the Ronald McDonald House of Durham has been experiencing nearly 95% occupancy for years, and the RMH Family Room at Duke serves an average of 1,200 visitors monthly, that translates into a variety of

household items needed every day. Donations ranging from canned food & batteries, to laundry detergent & bed pillows are always appreciated. Grocery store or other gift cards can even be donated to the House.

To view their "wish-list",

Please visit
www.ronaldhousedurham.org/wish-list.html

Pop-Tab Donations:

You can help support the House by collecting the little tabs you pull to open soda, soup or other aluminum cans. The funds generated from recycling these aluminum gems help offset the House's expenses.

We would be glad to help deliver any of these to the House for you.

