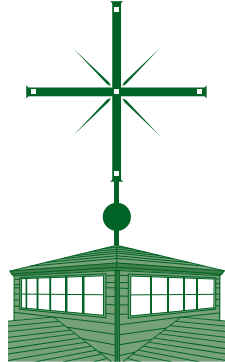
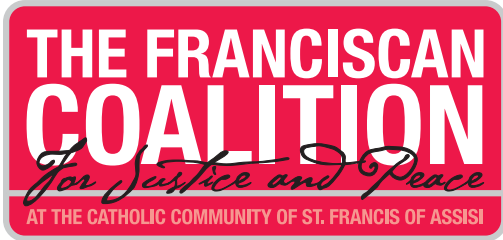


Sponsored By



ST. FRANCIS OF ASSISI



Run for Peace

May 30, 2009
Raleigh, NC

Waiver

I understand that running or walking in a road race is a strenuous activity and that I am properly trained and medically able to participate in such an event. I agree to abide by the directions and instructions of the Race Director, officials, and volunteers. I agree to abide by all vehicular traffic laws and yield right of way in all situations where I may encounter a motor vehicle during the race. By accepting these statements, I hold the Race Director; Finish Strong, LLC; The Catholic Community of St. Francis of Assisi; the City of Raleigh, and all other sponsors and suppliers harmless of any and all claims and liabilities that may arise from participation in this event. I give my permission for the free and unrestricted use of my name and picture in any broadcast or written account of the event.

Signature Date

Parent or Guardian (if under 18) Date

Saturday, May 30, 2009

8:00 AM 5K Run/Walk

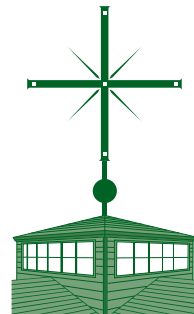
8:45 AM 1/2 Mile Fun Run

Registration & Race Start

St. Francis of Assisi

11401 Leesville Road

Raleigh, NC



All proceeds benefit:
The Father David McBriar Endowment for
The Franciscan Coalition for Justice and Peace.

About the Race

We invite you to join us for the 3rd annual "St. Francis Run for Peace", a fun and challenging event great for competitive or casual runners, walkers and families.

The course is a USAT&F certified 5K loop starting and ending at St. Francis of Assisi Catholic Church in North Raleigh. To view the course, please visit: www.stfrancisraleigh.org/runforpeace.

All runners, walkers and families are welcome! Baby joggers are permitted; however, no pets, bicycles, skates or skateboards are allowed. Additional run details:

- All runners will be issued a Winning Time timing chip.
- Race starts at 8 AM, rain or shine.
- Race results will be posted at www.fsseries.com.
- Awards will be given to the top finishers by gender and age group.
- **Packet pick-up 5 to 7 PM Friday, May 29th in Jacoba Hall at St. Francis.**

The 1/2 mile fun run will start at 8:45, rain or shine, and runs around the church grounds. This run is great for children, but parents are welcomed to run as well.

Race Fees

5K Run/Walk (*Pre-registration*)

- \$17 per person.
- Families of 3 or more are only \$40!

5K Run/Walk (*Race-day*)

- \$20 per person.
- Families of 3 or more are only \$50!

1/2 Mile Fun Run

- \$5 per person

- Fee includes t-shirt, (if registered by May 15th), post-race refreshments, and race packet.
- **T-shirt guaranteed to those who register by May 15th.**
- Children in joggers are free of charge, but will not receive a t-shirt.

Registration

Register online by visiting www.fsseries.com and click on Running Events > St. Francis of Assisi (online registration ends May 28, 2009.) Or, please make checks payable to St. Francis of Assisi and return with the registration form below. **Race day registration will also be available until 7:45 AM.**

One person per entry . Be sure to sign the waiver and mail this form and fee to:

St. Francis of Assisi
Attn: Run for Peace
11401 Leesville Road
Raleigh, NC 27613

Event (circle):: 5K Run 1/2 Mile Fun Run

Name:

Address:

City:

State:

Zip:

Phone:

E-mail address:

Date of birth:

Age on race day:

Sex: (circle): Male Female

T-shirt Size (circle): S M L XL Child (M 8-10)

Please be sure to sign waiver on the back of form.