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# Small Group Resource Material

## Marriage and Family

### HomeBuilders Couples Series DVD

Included on the DVD:

- How to Host a Group Training Video (38:18 minutes)
- Family Life Outreaches (3:29)
- One Home at a Time Drama (3:55)
- Ministry Overview (15:19)
- Changed Life Story (9:41)



#### Leader Guide

This practical, helpful and easy-to-use leader guide will give you all the tips you need to start and lead a dynamic HomeBuilders small group. Even if you've never led a group before, this guide will encourage, excite and equip you to start one today!

### Couples Series:



#### Building Teamwork in Your Marriage

Understand your differences are gifts from God. Learn to enjoy each other more and make your marriage more fun, healthy, and fascinating.

Sessions: 6



#### Building Your Marriage

A great place to start for those who are new to HomeBuilders or want to go deeper into the principles taught at FamilyLife's Weekend to Remember marriage conference.

Sessions: 6



#### Building Your Mate's Self-Esteem

Part of God's plan for marriage is for you to help your mate become all that God intended. While that may sound like a big job, all it takes is letting your mate know that you accept them and are committed to meeting their needs.

Sessions: 6



#### Growing Together in Christ

You will learn how Jesus provides the strongest possible foundation for your marriage. And, as you grow together in Christ, you'll find true fulfillment in your marriage--and in God's purpose for your lives.

Sessions: 6



#### Improving Communication in Your Marriage

You will recognize and understand the barriers to good communication; learn ways to make your relationship a priority; discover practical steps for resolving conflict; and increase spiritual intimacy as you seek God together.

Sessions: 6



#### Mastering Money in Your Marriage

It's no secret that money can cause conflict in marriage. Now you can learn how to work on money issues and strengthen your marriage at the same time!

Sessions: 6



### **Overcoming Stress in Your Marriage**

In today's fast-paced society, people are so busy. If you aren't careful, stress and time pressure can put a strain on your marriage. This study is packed with "right-where-you-live" insights and practical help to diffuse stress.

Sessions: 6



### **Resolving Conflict in Your Marriage**

The difference between any two couples is not whether there is conflict, but what they do with conflict when it surfaces. Learn to transform conflicts into opportunities to energize your marriage and increase your love for your mate.

Sessions: 6



### **Making Your Remarriage Last**

Remarriage holds a variety of challenges: undue pressure to be everything the previous marriage was not, learning to trust again, making the marriage a priority despite unique distractions, and more. In these six sessions, you'll discover grace and healing are found in God's Word, as well as positive principles for building a strong, healthy, lasting marriage relationship.

Sessions: 6



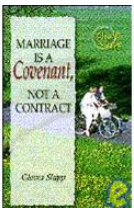
### **Family at Work**

Building Strong Relationships at Home - James R. Kok

Sessions: 16

Keep peace on the home front. These reflections on family life and marriage will make you laugh, groan, and think. Each chapter includes questions for discussion. Topics include:

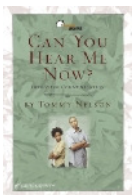
- Improve the closeness of your family
- Communicate with or spouse
- Learn how to share the workload
- Nurture your children from birth to adolescence
- Keep a happy home



### **Marriage is a Covenant, Not a Contract**

Glover Shipp

The lessons in this group study lead on an exciting journey of discovery and enrichment that will transform marriages into blessings beyond description. The reader will learn what it truly means to love, honor and become one for life.



### **Can You Hear Me Now?**

Improving Communications – Tommy Nelson

Sessions: 6

This is the fourth small-group study in Serendipity's HomeWorks marriage and family series.

Communication is highlighted as the number one problem in marriages. As couples learn to communicate and resolve conflict according to God's instruction manual, every aspect of marriage will be enhanced.



### **Some Assembly Required**

Instructions for an Amazing Marriage – Tommy Nelson

Sessions: 6

Today's world competes for nearly every minute of your time and energy while offering so many choices.

Your home, kids, career, and even church life, all have the potential to take you out of balance. Helping to establish a wise and Godly foundation, upon which families and legacies are built, is the focus.



### **Song of Solomon with Tommy Nelson**

Used and loved throughout the world, the Song of Solomon video series teaches the Biblical design for relationships. For both singles and married couples, this exegetical study follows Solomon's relationship from attraction to dating and courtship, marriage and intimacy to resolving conflict, keeping romance alive, and committing to the end.



### **Marriage Built to Last**

Chip Ingram

Sessions: 6

We all want a healthy, loving marriage, but there are so many real issues that can stand in the way.

Sessions include:

- Adjusting to Expectations
- Learning to Communicate Clearly
- Breaking Down Walls
- Resolving Conflict
- Restoring Sex and Intimacy
- Striving for a Christ-centered Marriage